

SESSION 1 | SCHEDULE AT-A-GLANCE | FALL 2022

MONDAY, AUGUST 29 – MONDAY, OCTOBER 10, 2022

● Indicates an in-person course. All other courses take place online.

(Classes Tuesday – Friday end on Sept. 30. Monday classes will not meet on Sept. 5 and Sept. 26 and will end on Oct. 10.)

MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10–11:30 a.m.	10–11:30 a.m.	9–10 a.m.	10–11:30 a.m.	9–9:50 a.m.
Art History of the Ancient Mediterranean MARCIE PERSYN	American Home Front, 1941–1945 JOHN BURT	Gentle Yoga JILL CLARY	Creating in the Style of the Masters ELAINE BERGSTROM	Dance and Be Fit ROLAND FORD
Making Good Nutrition Choices JUDY DODD	Beginning Level French: Communication Strategies CATHLEEN SENDEK-SAPP	9:30–11:30 a.m.	Intermediate Spanish MARÍA ÁNGELES FRANCO DE GÓMEZ	10–11:30 a.m.
Oil, American Power and Global Order SCOTT MCKNIGHT	Five 20th Century Houses MATTHEW SCHLUEB	Abstract Art: Periods, Personalities, and Practices ANN ROSENTHAL	My Task Above All Is to Make You See: Contemporary Novel ABBY MENDELSON	Great Conductors of the 20th Century, Part I JEFFREY SWOGER
10–11:50 a.m.	Introduction to Shakespeare's Comedies ALAN IRVINE	10–11:30 a.m.	Vision: A Window Into the Brain SHAWN WILLETT	Intermediate French Exploration: Speaking in the Present Tense CATHLEEN SENDEK-SAPP
Who is Ayn Rand? ● JOSEPH GIVVIN		Russia's Road to Kyiv: A Modern History of Russia and Ukraine JARED DAY	10–11:50 a.m.	Votes for Women: The Long Struggle for Women's Suffrage JOAN GUNDERSEN
11 a.m.–12:30 p.m.		10–11:50 a.m.	Gettysburg Campaign ● DAVID ALBERT	
Far, Far From The Trenches: The First World War in East Africa ● JON GROGAN		10:15–11:15 a.m.	Wild Edibles of the Fall ● MELISSA SOKULSKI	
		Chakra Yoga All Levels JILL CLARY		
		11 a.m.–12:30 p.m.		
		Origins of Christian Anti-Semitism ● REBECCA DENOVA		

THIS IS JUST THE GENERAL OUTLINE. THE COMPLETE CATALOG WILL BE POSTED WITH COURSE DESCRIPTIONS WITHIN THE WEEK.

AFTERNOON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Noon–1 p.m.	1–2:30 p.m.	1–2:30 p.m.	1–2:30 p.m.	1–2:30 p.m.
Chair Yoga SUSAN GILLIS KRUMAN	Advanced Intermediate French Exploration: Miscellaneous Topics CATHLEEN SENDEK-SAPP	Don Quixote Sampler EDWARD FRIEDMAN	58th Carnegie International: An Art Field Guide ERIN O'NEILL	Medicare Essentials for Seniors and Caregivers SONDRA BROWER
1–2:30 p.m.	Benjamin Franklin: American Icon CLIFF JOHNSON	Some Post-Holocaust Issues BARBARA BURSTIN	Advanced Conversational Spanish MARÍA ÁNGELES FRANCO DE GÓMEZ	With a Song In My Heart: Great Composers of Stage and Screen SAM AND CANDY CAPONEGRO
Cancer Cell Biology: Mechanisms Causing Malignancy IAN MACFAWN	Irish Presbyterians (Scots Irish) in Western Pennsylvania PETER GILMORE	1:15–2:50 p.m.	Contemporary Short Stories, Part II DAVID WALTON	
Drawing and Painting Trees with Ink and Watercolors ELAINE BERGSTROM	The Many Faces of Trauma, Part II BRIDGET KEOWN	Conspiracies and Conspiracy Thinking ● DANIEL MCINTOSH	Financial Planning For Life and Beyond AARON LEAMAN	
Music and Culture of Brazil JACK BISHOP	1:30–3:20 p.m.	How Soviet Modernization Was Fed: Collectivism in a Russian Region ● CHUCK HIER	1:35–3:25 p.m.	
1:15–2:50 p.m.	Sipping Around the World: Tasting by Dreadnought Wines ● DEB MORTILLARO	1:30–3 p.m.	Legends of King Arthur ● ALAN IRVINE	
Online Resources for Genealogy Research ● MARILYN HOLT	3–4:30 p.m.	Opera Aural Dissection for Beginners MARILYN EGAN	Songs with a Message II ● NICHOLAS COLES	
1:15–3 p.m.	Motown, Soul, and the Mainstream ROBERT JOYCE		6–7:30 p.m.	
Manage Stress and Your Immune System ● BRUCE RABIN	3:30–5 p.m.		Dinosaurs! STEPHEN LINDBERG	
	Beginner Spanish MILDRED LÓPEZ			

SESSION 2 | SCHEDULE AT-A-GLANCE | FALL 2022

MONDAY, OCTOBER 17, – SATURDAY, NOVEMBER 19, 2022

● Indicates an in-person course. All other courses take place online.

MORNING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10–11:30 a.m.	10–11:30 a.m.	9–10 a.m.	10–11:30 a.m.	9–9:50 a.m.
Endocrinology ORIN JAMES	Beginning Level French: Communication Strategies (continued)	Gentle Yoga (continued)	Ancient Wisdom Modern Health MELISSA SOKULSKI	Dance and Be Fit (continued)
Family Values: Biblical Manhood SANDRA COLLINS	The Big Bang ELIZABETH BURNETTE	9:30–11:30 a.m.	Churches, Saints, and Art DAVID BRUMBLE	10–11:30 a.m.
Gift of Thespis ALAN STANFORD	Frida and Diego: The Lives and Times of Kahlo and Rivera JOSÉ JUVES	Abstract Art: Periods, Personalities, and Practices (continued)	Creating in the Style of the Masters (continued)	Intermediate French Exploration: Speaking in the Present Tense (continued)
Shakespeare's King Lear: "Live-Long Monument" NORMA GRECO	Tangled Books SUE SCHNEIDER	10–11:30 a.m.	Doorways to Surprise: A Poetry Writing Workshop LAURIE MCMILLAN	Mother, Daughter, Citizen: A Woman's Life Cycle in Poetry LOIS RUBIN
10–11:50 a.m.		Sleep Health EILEEN CHASENS	Intermediate Spanish (continued)	Renaissance and Enlightenment Science ADAM DAVIS
History of Disease in Human Societies ● JULIA HUDSON-RICHARDS		Study Group: How Racism Hurts All of Us RALPH BANGS	Response to War: Great Reportage ABBY MENDELSON	The Year Was 1912 JOHN BURT
11 a.m.–12:30 p.m.		10–11:50 a.m.	11 a.m.–12:30 p.m.	
Five Obscure U.S. Presidents, and Why They Matter ● JON GROGAN		Professional Ethics in Medicine: How Physicians Decide ● DOLORES GONTHIER	Faith and Reason ● JOSEPH GIVVIN	
		10:15–11:15 a.m.	From Operetta to Jukebox Musicals ● JNO HUNT	
		Chakra Yoga All Levels (continued)		
		11:00 a.m.–12:30 p.m.		
		Moses Maimonides — Scholar, Scientist, Theologian, Doctor — a Hero for Our Age ● RABBI JAMES GIBSON		

AFTERNOON

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Noon–12:50 p.m.	1–2:30 p.m.	1–2:30 pm	1–2:30 p.m.	1–2:30 p.m.
Chair Yoga (continued)	Advanced Intermediate French Exploration: Miscellaneous Topics (continued)	Elder Law: Being Prepared as One Grows Older CAROL SIKOV GROSS	Advanced Conversational Spanish (continued)	Broadway Divas SAM AND CANDY CAPONEGRO
1–2:30 p.m.	Forward to the Past: 70s Popular Music in a Radically Changing Era DAVID CRIPPEN	Great Conductors of the 20th Century, Part II JEFFREY SWOGER	Contemporary Middle Eastern Cinema LUCY FISCHER	Why Are They Banning These Books? PAMELA BERGER
Drawing and Painting Trees with Ink and Watercolors (continued)	Short Stories: Working Class Literature NICHOLAS COLES	TED Talks KATHY CALLAHAN	Emotion and Music, Part II OWEN CANTOR	
Ethics and Sports SARAH ROSENSEN	Taking and Editing Photos with Your iPhone RICHARD FITZGIBBON	1:15–2:50 p.m.	History of Photography: The Landscape CHRISTINE LORENZ	SATURDAY
Folk Singers and the Bureau AARON LEONARD	3:30–5 p.m.	JFK Seminal Presidential Speeches ● STEPHEN RUSSELL	1:35–3:25 p.m.	10–11 a.m.
Politics and Government of Germany: From Bismarck to Bundesrepublik PAUL ADAMS	Beginner Spanish (continued)	Understanding Russian History ● LOUISE MAYO	Music that Still Goes Round and Around ● MIKE PLASKETT	Zumba Gold® LISA SOBEK
1:15–2:50 p.m.	6–7:30 p.m.		Why Are There So Many Organizational Failures, and Why Aren't There More? ● CARL BENSON	
Rise of the Skyscraper in Pittsburgh: An Architectural History ● ROBERT JUCHA	Explorations in Earth Science STEPHEN LINDBERG		3–4:30 p.m.	
1:15–4 p.m.			Urban Planning: Lessons Learned from the East Liberty Pittsburgh Experience SABINA DEITRICK	
Movies of Dustin Hoffman ● DAVID SHIFREN				