Learning programs for adults age 50 and better at the University of Pittsburgh

Fall 2022
In-person and Online Course Catalog
No college experience needed – everyone welcome

It’s Time for YOU!

ONLINE REGISTRATION OPENS JULY 25, 2022 • PHONE REGISTRATION OPENS AUGUST 1, 2022
About OLLI
The Osher Lifelong Learning Institute (OLLI) is a program in the College of General Studies at the University of Pittsburgh. Established in 2005, it is supported by the Bernard Osher Foundation and is one of 123 OLLIs located on college campuses throughout the United States. The National Resource Center for Osher Lifelong Learning Institutes, located at the Northwestern University, provides technical assistance to the OLLI programs across the country.

Mission/Purpose
The Osher Lifelong Learning Institute seeks to create a dedicated intellectual environment for older adult students, nurturing a lifelong passion for learning. The Osher Lifelong Learning Institute fosters lifelong learning through courses and programs that engage the learner, provide social interaction, and enrich lives. OLLI’s faculty, which includes University of Pittsburgh professors, retired faculty, and community experts, challenge participants to understand the cultural forces of today, to interact socially and intellectually with one another, and to live empowered lives.
Welcome to OLLI at Pitt!

If you are 50 or better and have a curious mind, join us!

The Osher Lifelong Learning Institute (OLLI) at the University of Pittsburgh offers learning opportunities designed specifically for older adult learners. Reasonable membership fees and generous financial assistance make OLLI membership possible for anyone who would like to join us. Upon becoming a member, you have immediate access to courses, special classes, lectures, and events.

In the Fall 2022 term we have an exciting group of in-person and online courses, lectures, and events. More events and lectures will be added in the days to come. You can read about them in the updates. Our excellent teachers are from the University of Pittsburgh and from the diverse and talent-filled Pittsburgh area and beyond.

OLLI at Pitt members want you to know that they are a welcoming and friendly group. No previous affiliation with the University of Pittsburgh and no college experience is needed to become a member. We look forward to seeing you soon!

It’s Time for YOU!
Membership and Registration

An active OLLI Membership is required to register for courses

Choose your membership

Last day to purchase membership is Friday, October 28, 2022.

Annual Membership — $250
(Covers Fall 2022, Spring 2023, and Summer 2023 terms)

Term Membership — $150
(Covers Fall 2022 term)

2nd Installment Membership — $100
(For those who purchased a term membership for Summer 2022 term, this option adds two additional terms to your membership — Fall 2022 and Spring 2023)

There will be no refunds issued for membership payments after August 28, 2022, unless OLLI cancels the term.

Membership includes access to unlimited in-person and online OLLI courses, lectures, special events, and groups. Waiting lists for courses may apply depending on popularity and subject matter, or, if the course is in-person, the physical size of the classroom assigned. Additionally, membership includes two undergraduate courses pre-approved for auditing.

How to Buy Memberships and Register

The easiest and fastest way to register is to do so online at https://www.campusce.net/ollipitt/

1. SIGN IN to the OLLI Registration website using your username and password—OR—create an account if you do not already have one. Click on the “Sign In” link in the upper right-hand side of the page. (After putting in your username and password, you will know you are signed in if “Welcome, <your first name>” appears after signing in, at the upper left corner of the page under the OLLI logo.)

2. If you have been a member, go to “My Account” and then “My Membership”. If your membership expires in July 2022, then you will need to purchase a new membership. Active memberships have an expiration date that is in a gray color.

3. Proceed to Home Page and the Renew/Become a Member area. ADD a membership to your cart if you need to purchase a membership.

4. Next, proceed to review courses of interest (From Homepage, click on OLLI Session #1, Session #2, OLLI Courses by Topic, Audit Courses, or Lectures and Events. Locate a desired course and click on “ADD TO CART.” (NOTE: you can review courses by day of week and/or topic on the registration website.) If you do NOT see the blue ADD TO CART button, you are either not signed into your account, or need to add a membership type to your cart prior to selecting courses or registration has not yet begun.

5. If more courses are desired after you add a course to your shopping cart, click: “CONTINUE SHOPPING” to locate additional courses and add to your shopping cart.

6. After all courses have been selected, go to your shopping cart to complete the check-out process, and pay for your membership, if necessary. Be sure to click through ALL Screens until completion of the process and the payment page, if necessary.

7. If you have to purchase a membership and you have added it to your cart and the system allows you to check out without paying, please contact the office.

NOTE: If you do not see an “Add to Cart” button under a course, there are three possible reasons. 1) Registration has not begun yet. 2) You are a paid, current member and have not signed in. (Check for “Welcome YourFirstName” in the top left-hand corner of the screen.) 3) You are not a current member, or your membership is expired, and you have not added a membership selection to your cart FIRST, before adding a course.

Difficulties?

If there are any difficulties with registrations, please leave a message on our main phone line: 412-624-7308 or email us at osher@pitt.edu.

In the Fall 2022 term we have planned an exciting group of both in-person and online courses, lectures, and events.

REGISTER AT:
HTTPS://WWW.CAMPUSCE.NET/OLLIPITT/
COVID-19 Policy
While OLLI is set to have some in-person activities for fall term, University guidelines are in place to prevent the spread of COVID-19 and create a safe and healthy environment for everyone. Additionally, other facilities where OLLI courses are held may have their own COVID-19 policies. All in-person courses are offered with the understanding that they may be transitioned to an online course at any time due to the status of coronavirus. If this should occur, we will prepare to move the course online. There will be no refunds if this occurs as members can continue a course online if the need presents. All OLLI members who attend any OLLI course or event, on or off campus, or are on campus for any reason must follow the University’s or other facilities’ COVID-19 policies, including vaccination and masking policies. Those who choose not to will face immediate suspension from the program.

Add Us to Your List of Email Contacts
Make sure you add osher@pitt.edu and osher@olli.pitt.edu to your list of email contacts! By adding our email addresses to your list of contacts, you will ensure that you receive the weekly, member exclusive, OLLI at Pitt Updates eNewsletter in your inbox. If you don't, our newsletter and possibly your online course access emails may land in your junk/spam emails.

Email is the primary way we have of informing you of special events and courses that come up after the catalog has been published. It is also the way you receive course access information for online courses. Every email provider has a different way of adding contacts.

Remember to contact the OLLI office if you have a change in your email address.

Choose your favorite courses based on the topics, days, and times that interest you!
Courses are offered for your exploration, enjoyment, or academic interests.

Academic — these courses are like undergraduate college courses with the instructor lecturing most of the time.

Exploration — more “hands on” oriented courses: OR may be an academic topic primarily taught through interactive group discussion and practice.

Enjoyment — most of class is spent with the students discussing the topic, practicing a skill, or the primary purpose is for group sharing and discussion.

Scholarships
We believe everyone should have the opportunity to enjoy and participate in stimulating lifelong learning. Scholarships for the Osher Lifelong Learning Institute (OLLI) are based on financial need and are awarded to people age 50 and older who are interested in attending our program. The scholarships from the Bobenage/Szczezepanski Membership Fund partially offset the cost of OLLI membership. All OLLI members pay something toward a membership, but our awards can make OLLI possible for those who might not otherwise be able to join.

Financial assistance is for one term and must be applied for each term. A simple application form is used and must be entirely completed to receive consideration. All scholarship applications for Fall Term 2022 must be received by Friday, October 14, 2022.

Awards
Scholarship awards range from $25 to $125 per term. Notification of your award and the amount of the award will be sent within one week of receipt of your application. Please contact the office to receive a scholarship application and for more information by emailing osher@pitt.edu.
SESSION 1 | SCHEDULE AT-A-GLANCE | FALL 2022
MONDAY, AUGUST 29 – MONDAY, OCTOBER 10, 2022
(Clases Tuesday – Friday end on Sept. 30. Monday classes will not meet on Sept. 5 and Sept. 26 and will end on Oct. 10.)

MORNING

**MONDAY**

**10–11:30 a.m.**
Art History of the Ancient Mediterranean
MARCIE PERSYN

Making Good Nutrition Choices
JUDY DODD

Oil, American Power and Global Order
SCOTT MCKNIGHT

**10–11:50 a.m.**
Who is Ayn Rand?
JOSEPH GIVVIN

**11 a.m.–12:30 p.m.**
Far, Far From The Trenches: The First World War in East Africa
JON GROGAN

**TUESDAY**

**10–11:30 a.m.**
American Home Front, 1941–1945
JOHN BURT

Beginning Level French: Communication Strategies
CATHLEEN SENDEK-SAPP

Five 20th Century Houses
MATTHEW SCHLUEB

**10–11:50 a.m.**
Introduction to Shakespeare’s Comedies
ALAN IRVINE

**11 a.m.–12:30 p.m.**
Chakra Yoga All Levels
JILL CLARY

**WEDNESDAY**

**9–10 a.m.**
Gentle Yoga
JILL CLARY

**9:30–11:30 a.m.**
Abstract Art: Periods, Personalities, and Practices
ANN ROSENTHAL

**10–11:30 a.m.**
Russia’s Road to Kyiv: A Modern History of Russia and Ukraine
JARED DAY

**10–11:50 a.m.**
Young, Gifted, Black: The Theater of Lorraine Hansberry
ANNE FAIGEN

**10:15–11:15 a.m.**
Chakra Yoga All Levels
JILL CLARY

**11 a.m.–12:30 p.m.**
Origins of Christian Anti-Semitism
REBECCA DENOVA

**THURSDAY**

**10–11:30 a.m.**
Creating in the Style of the Masters
ELAINE BERGSTROM

Intermediate Spanish
MARÍA ÁNGELES FRANCO DE GÓMEZ

My Task Above All Is to Make You See: Contemporary Novel
ABBY MENDELSON

**10–11:50 a.m.**
Gettysburg Campaign
DAVID ALBERT

**10:15–11:15 a.m.**
Drawings and Painting Trees with Ink and Watercolors
ELAINE BERGSTROM

**11 a.m.–12:30 p.m.**
Origins of Christian Anti-Semitism
REBECCA DENOVA

**FRIDAY**

**9–9:50 a.m.**
Dance and Be Fit
ROLAND FORD

**10–11:30 a.m.**
Great Conductors of the 20th Century, Part I
JEFFREY SWOGER

Intermediate French Exploration: Speaking in the Present Tense
CATHLEEN SENDEK-SAPP

**11 a.m.–12:30 p.m.**
Votes for Women: The Long Struggle for Women’s Suffrage
JOAN GUNDERSEN

**AFTERNOON**

**MONDAY**

**Noon–1 p.m.**
Chair Yoga
SUSAN GILLIS KRUMAN

**1–2:30 p.m.**
Cancer Cell Biology: Mechanisms Causing Malignancy
IAN MACFAWN

Drawing and Painting Trees with Ink and Watercolors
ELAINE BERGSTROM

Music and Culture of Brazil
JACK BISHOP

**1:15–2:50 p.m.**
Online Resources for Genealogy Research
MARTHA JORDAN

**1:15–3 p.m.**
Manage Stress and Your Immune System
BRUCE RABIN

**TUESDAY**

**1–2:30 p.m.**
Advanced Intermediate French Exploration: Miscellaneous Topics
CATHLEEN SENDEK-SAPP

Benjamin Franklin: American Icon
CLIFF JOHNSON

Irish Presbyterian (Scots Irish) in Western Pennsylvania
PETER GILMORE

The Many Faces of Trauma, Part II
BRIDGET KEOWN

**1:30–3:20 p.m.**
Sipping Around the World: Tasting by Dreadnought Wines
DEB MORTILLARO

Motown, Soul, and the Mainstream
ROBERT JOYCE

**3–4:30 p.m.**
Beginner Spanish
MILDRED LOPEZ

**WEDNESDAY**

**1–2:30 p.m.**
Don Quixote Sampler
EDWARD FRIEDMAN

Some Post-Holocaust Issues
BARBARA BURSTIN

Conspiracies and Conspiracy Thinking
DANIEL MCINTOSH

**1:30–3:20 p.m.**
How Soviet Modernization Was Fed: Collectivism in a Russian Region
CHUCK HIER

**1:30–3 p.m.**
Opera Aural Dissection for Beginners
MARILYN EGAN

**THURSDAY**

**1–2:30 p.m.**
58th Carnegie International: An Art Field Guide
ERIN O'NEILL

Advanced Conversational Spanish
MARÍA ÁNGELES FRANCO DE GÓMEZ

Contemporary Short Stories, Part II
DAVID WALTON

**1:35–3:25 p.m.**
Legends of King Arthur
ALAN IRVINE

**Songs with a Message II**
NICHOLAS COLES

**FRIDAY**

**1–2:30 p.m.**
Medicare Essentials for Seniors and Caregivers
SONDRA BROWER

With a Song In My Heart: Great Composers of Stage and Screen
SAM AND CANDY CAPONEGRO

Financial Planning For Life and Beyond
AARON LEAMAN

Dinosaurs!
STEPHEN LINDBERG

**1:35–3:25 p.m.**
Legends of King Arthur
ALAN IRVINE

**Songs with a Message II**
NICHOLAS COLES

**6–7:30 p.m.**
Dinosaurs!
STEPHEN LINDBERG

Indicates an in-person course.
All other courses take place online.
## Morning

### Monday

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
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<tbody>
<tr>
<td>10–11:30 a.m.</td>
<td>Endocrinology</td>
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<td>ORIN JAMES</td>
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<td>Family Values: Biblical Manhood</td>
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<td>SANDRA COLLINS</td>
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<td>Gift of Thespis</td>
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<td>ALAN STANFORD</td>
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<td>Shakespeare’s King Lear: “Live-Long Monument”</td>
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<td></td>
<td>NORMA GRECO</td>
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<tr>
<td>10–11:50 a.m.</td>
<td>History of Disease in Human Societies</td>
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<td></td>
<td>JULIA HUDSON-RICHARDS</td>
</tr>
<tr>
<td>11 a.m.–12:30 p.m.</td>
<td>Five Obscure U.S. Presidents, and Why They Matter</td>
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<tr>
<td></td>
<td>JON GROGAN</td>
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<tr>
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<tr>
<td>10–11:30 a.m.</td>
<td>Professional Ethics in Medicine: How Physicians Decide</td>
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<td>DOLORES GONTHIER</td>
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<tr>
<td>10:15–11:15 a.m.</td>
<td>Sleep Health</td>
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<td></td>
<td>EILEEN CHASENS</td>
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<tbody>
<tr>
<td>10–11:30 a.m.</td>
<td>Beginner Level French: Communication Strategies (continued)</td>
</tr>
<tr>
<td></td>
<td>The Big Bang</td>
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<tr>
<td></td>
<td>ELIZABETH BURNETTE</td>
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<tr>
<td>10–11:30 a.m.</td>
<td>Frida and Diego: The Lives and Times of Kahlo and Rivera</td>
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<tr>
<td></td>
<td>JOSÉ JUVES</td>
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<tr>
<td>11:00 a.m.–12:30 p.m.</td>
<td>Chakra Yoga All Levels (continued)</td>
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<tr>
<td></td>
<td>MORGAN DAVIS</td>
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### Thursday

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>9–10 a.m.</td>
<td>Ancient Wisdom, Modern Health</td>
</tr>
<tr>
<td></td>
<td>MELISSA SOKULSKI</td>
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<tr>
<td>9:30–11:30 a.m.</td>
<td>Abstract Art: Periods, Personalities, and Practices (continued)</td>
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<tr>
<td></td>
<td>LAURIE McMillan</td>
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<tbody>
<tr>
<td>9–9:50 a.m.</td>
<td>Dance and Be Fit (continued)</td>
</tr>
<tr>
<td>10–11:30 a.m.</td>
<td>Historical Thinking: Speaking in the Present Tense (continued)</td>
</tr>
<tr>
<td></td>
<td>CAROL SIKOV GROSS</td>
</tr>
<tr>
<td>10–11:30 a.m.</td>
<td>Intermediate French Exploration: Speaking in the Present Tense (continued)</td>
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<tr>
<td></td>
<td>CAROL SIKOV GROSS</td>
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<tr>
<td>10–11:30 a.m.</td>
<td>Intermediate French Exploration: Speaking in the Present Tense (continued)</td>
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<td>CAROL SIKOV GROSS</td>
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### Saturday

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>10–11 a.m.</td>
<td>Zumba Gold®</td>
</tr>
<tr>
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<td>LISA SOBEK</td>
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## Afternoon

### Monday

<table>
<thead>
<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Noon–12:50 p.m.</td>
<td>Chair Yoga (continued)</td>
</tr>
<tr>
<td>1–2:30 p.m.</td>
<td>Advanced Intermediate French Exploration: Miscellaneous Topics (continued)</td>
</tr>
<tr>
<td></td>
<td>DAVID Crippen</td>
</tr>
<tr>
<td>1–2:30 p.m.</td>
<td>Forward to the Past: 70s Popular Music as a Radically Changing Era</td>
</tr>
<tr>
<td></td>
<td>DAVID Crippen</td>
</tr>
<tr>
<td>1:15–2:50 p.m.</td>
<td>English and German: From Bismarck to Bundesrepublik</td>
</tr>
<tr>
<td></td>
<td>PAUL ADAMS</td>
</tr>
<tr>
<td>1:15–2:50 p.m.</td>
<td>Rise of the Skyscraper in Pittsburgh: An Architectural History</td>
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<tr>
<td></td>
<td>ROBERT JUCHA</td>
</tr>
<tr>
<td>1:15–4 p.m.</td>
<td>Movies of Dustin Hoffman</td>
</tr>
<tr>
<td></td>
<td>DAVID SHIFREN</td>
</tr>
</tbody>
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### Tuesday

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<tr>
<td>1–2:30 p.m.</td>
<td>Elder Law: Being Prepared as One Grows Older</td>
</tr>
<tr>
<td></td>
<td>CAROL SIKOV GROSS</td>
</tr>
<tr>
<td>1–2:30 p.m.</td>
<td>Great Conductors of the 20th Century, Part II</td>
</tr>
<tr>
<td></td>
<td>JEFFREY SWOGER</td>
</tr>
<tr>
<td>1–2:30 p.m.</td>
<td>TED Talks</td>
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<td>KATHY CALLAHAN</td>
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<tr>
<td>1:15–2:50 p.m.</td>
<td>JKF Seminal Presidential Speeches</td>
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<td></td>
<td>STEPHEN RUSSELL</td>
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<tr>
<td>1:30–5 p.m.</td>
<td>Understanding Russian History</td>
</tr>
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<td>LOUISE MAYO</td>
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### Wednesday

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<tbody>
<tr>
<td>1–2:30 p.m.</td>
<td>Advanced Conversational Spanish (continued)</td>
</tr>
<tr>
<td></td>
<td>SAM AND CANDY CAPONEGRO</td>
</tr>
<tr>
<td>1–2:30 p.m.</td>
<td>Contemporary Middle Eastern Cinema</td>
</tr>
<tr>
<td></td>
<td>LUCY FISCHER</td>
</tr>
<tr>
<td>1–2:30 p.m.</td>
<td>Music that Still Goes Round and Around</td>
</tr>
<tr>
<td></td>
<td>MIKE PLASKET</td>
</tr>
</tbody>
</table>
| 1–2:30 p.m.       | Why Are There So Many Organizational Failures, and Why Aren’t There More?
|                   | CARL BENSON                                                            |

### Thursday

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<tr>
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<tbody>
<tr>
<td>1–2:30 p.m.</td>
<td>The Landscape</td>
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<tr>
<td></td>
<td>CHRISTINE LORENZ</td>
</tr>
<tr>
<td>1:35–3:25 p.m.</td>
<td>History of Photography: The Landscape</td>
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<tr>
<td></td>
<td>CHRISTINE LORENZ</td>
</tr>
<tr>
<td>3–4:30 p.m.</td>
<td>Urban Planning: Lessons Learned from the East Liberty</td>
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<td>SABINA DEITRICK</td>
</tr>
</tbody>
</table>
## COURSES BY TOPIC | FALL 2022

Clicking on each course title will take you to its course description in the catalog.

### Art History and Architecture

<table>
<thead>
<tr>
<th>Course</th>
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<tbody>
<tr>
<td>58th Carnegie International: An Art Field Guide</td>
<td>17</td>
</tr>
<tr>
<td>Art History of the Ancient Mediterranean</td>
<td>10</td>
</tr>
<tr>
<td>Churches, Saints, and Art</td>
<td>24</td>
</tr>
<tr>
<td>Five 20th Century Houses</td>
<td>12</td>
</tr>
<tr>
<td>Frida and Diego: The Lives and Times of Kahlo and Rivera</td>
<td>21</td>
</tr>
<tr>
<td>History of Photography: The Landscape</td>
<td>25</td>
</tr>
<tr>
<td>Rise of the Skyscraper in Pittsburgh: An Architectural History</td>
<td>20</td>
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### Economics and Mathematics

<table>
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<tbody>
<tr>
<td>Financial Planning for Life and Beyond</td>
<td>17</td>
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### Film, Music, and Theater

<table>
<thead>
<tr>
<th>Course</th>
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</thead>
<tbody>
<tr>
<td>Broadway Divas</td>
<td>27</td>
</tr>
<tr>
<td>Contemporary Middle Eastern Cinema</td>
<td>25</td>
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<tr>
<td>Emotion and Music, Part II</td>
<td>25</td>
</tr>
<tr>
<td>Forward to the Past: 70s Popular Music in a Radically Changing Era</td>
<td>21</td>
</tr>
<tr>
<td>From Operetta to Jukebox Musicals: The Evolution of American Musical Theater</td>
<td>25</td>
</tr>
<tr>
<td>Great Conductors of the 20th Century, Part I</td>
<td>18</td>
</tr>
<tr>
<td>Great Conductors of the 20th Century, Part II</td>
<td>23</td>
</tr>
<tr>
<td>Motown, Soul, and the Mainstream</td>
<td>13</td>
</tr>
<tr>
<td>Movies of Dustin Hoffman</td>
<td>21</td>
</tr>
<tr>
<td>Music and Culture of Brazil</td>
<td>11</td>
</tr>
<tr>
<td>Music that Still Goes Round and Around</td>
<td>25</td>
</tr>
<tr>
<td>Opera Aural Dissection for Beginners</td>
<td>15</td>
</tr>
<tr>
<td>Songs with a Message II</td>
<td>17</td>
</tr>
<tr>
<td>With a Song in My Heart: Great Composers of Stage and Screen</td>
<td>18</td>
</tr>
</tbody>
</table>

### Fitness, Health, and Self Interest

<table>
<thead>
<tr>
<th>Course</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair Yoga</td>
<td>11</td>
</tr>
<tr>
<td>Chakra Yoga (All Levels)</td>
<td>14</td>
</tr>
<tr>
<td>Dance and Be Fit</td>
<td>18</td>
</tr>
<tr>
<td>Gentle Yoga</td>
<td>14</td>
</tr>
<tr>
<td>Making Good Nutrition Choices</td>
<td>10</td>
</tr>
<tr>
<td>Online Resources for Genealogy Research</td>
<td>11</td>
</tr>
<tr>
<td>Sipping Around the World: Tasting by Dreadnought Wines</td>
<td>13</td>
</tr>
<tr>
<td>TED Talks</td>
<td>23</td>
</tr>
<tr>
<td>Wild Edibles of the Fall</td>
<td>16</td>
</tr>
<tr>
<td>Zumba Gold®</td>
<td>27</td>
</tr>
</tbody>
</table>

### History, Classics, and Philosophy

<table>
<thead>
<tr>
<th>Course</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Home Front, 1941–1945</td>
<td>12</td>
</tr>
<tr>
<td>Benjamin Franklin: American Icon</td>
<td>12</td>
</tr>
<tr>
<td>Faith and Reason</td>
<td>24</td>
</tr>
<tr>
<td>Far, Far from The Trenches: The First World War in East Africa</td>
<td>10</td>
</tr>
<tr>
<td>Five Obscure U.S. Presidents, and Why They Matter</td>
<td>20</td>
</tr>
<tr>
<td>Folk Singers and the Bureau</td>
<td>20</td>
</tr>
<tr>
<td>Gettysburg Campaign</td>
<td>16</td>
</tr>
<tr>
<td>Gift of Thespis</td>
<td>19</td>
</tr>
<tr>
<td>History of Disease in Human Societies</td>
<td>19</td>
</tr>
<tr>
<td>How Soviet Modernization Was Fed: Collectivism in a Russian Region</td>
<td>15</td>
</tr>
<tr>
<td>Irish Presbyterian Scots Irish in Western Pennsylvania</td>
<td>12</td>
</tr>
<tr>
<td>Moses Maimonides — Scholar, Scientist, Theologian, Doctor — A Hero for Our Age</td>
<td>23</td>
</tr>
<tr>
<td>Renaissance and Enlightenment Science</td>
<td>26</td>
</tr>
<tr>
<td>Russia's Road to Kyiv: A Modern History of Russia and Ukraine</td>
<td>14</td>
</tr>
<tr>
<td>Some Post-Holocaust Issues</td>
<td>15</td>
</tr>
<tr>
<td>Tudor England</td>
<td>22</td>
</tr>
<tr>
<td>Understanding Russian History</td>
<td>24</td>
</tr>
<tr>
<td>Votes for Women: The Long Struggle for Women's Suffrage</td>
<td>18</td>
</tr>
<tr>
<td>Who is Ayn Rand?</td>
<td>10</td>
</tr>
<tr>
<td>The Year Was 1912</td>
<td>26</td>
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</table>
## Language Studies

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Advanced Conversational Spanish</td>
<td>17</td>
</tr>
<tr>
<td>Advanced Intermediate French Exploration: Miscellaneous Topics</td>
<td>12</td>
</tr>
<tr>
<td>Beginner Spanish</td>
<td>13</td>
</tr>
<tr>
<td>Beginning Level French: Communication Strategies</td>
<td>12</td>
</tr>
<tr>
<td>Intermediate French Exploration: Speaking in the Present Tense</td>
<td>18</td>
</tr>
<tr>
<td>Intermediate Spanish</td>
<td>16</td>
</tr>
</tbody>
</table>

## Literature and Creative Writing

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Don Quixote Sampler</td>
<td>15</td>
</tr>
<tr>
<td>Contemporary Short Stories, Part II</td>
<td>17</td>
</tr>
<tr>
<td>Doorways to Surprise: A Poetry Writing Workshop</td>
<td>24</td>
</tr>
<tr>
<td>Introduction to Shakespeare's Comedies</td>
<td>12</td>
</tr>
<tr>
<td>Legends of King Arthur</td>
<td>17</td>
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<tr>
<td>Mother, Daughter, Citizen: A Woman's Life Cycle in Poetry</td>
<td>26</td>
</tr>
<tr>
<td>My Task Above All Is to Make You See: Contemporary Novel</td>
<td>16</td>
</tr>
<tr>
<td>Response to War: Great Reportage</td>
<td>24</td>
</tr>
<tr>
<td>Shakespeare's King Lear: &quot;Live-Long Monument&quot;</td>
<td>19</td>
</tr>
<tr>
<td>Short Stories: Working Class Literature</td>
<td>21</td>
</tr>
<tr>
<td>Young, Gifted, Black: The Theater of Lorraine Hansberry</td>
<td>14</td>
</tr>
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## Political/Social Sciences and Society

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<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Study Group: How Racism Hurts All of Us and What We Can Do</td>
<td>22</td>
</tr>
<tr>
<td>Urban Planning: Lessons Learned from the East Liberty Pittsburgh Experience</td>
<td>26</td>
</tr>
<tr>
<td>Why Are There So Many Organizational Failures, and Why Aren't There More?</td>
<td>25</td>
</tr>
<tr>
<td>Why Are They Banning These Books?</td>
<td>27</td>
</tr>
</tbody>
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## Religious Studies

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<tr>
<th>Course</th>
<th>Credits</th>
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<tr>
<td>Family Values: Biblical Manhood</td>
<td>19</td>
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<tr>
<td>Origins of Christian Anti-Semitism</td>
<td>14</td>
</tr>
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</table>

## Science, Technology, and Medicine

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>Ancient Wisdom, Modern Health</td>
<td>24</td>
</tr>
<tr>
<td>The Big Bang</td>
<td>21</td>
</tr>
<tr>
<td>Cancer Cell Biology: Mechanisms Causing Malignancy</td>
<td>11</td>
</tr>
<tr>
<td>Dinosaurs!</td>
<td>18</td>
</tr>
<tr>
<td>Endocrinology</td>
<td>19</td>
</tr>
<tr>
<td>Explorations in Earth Science</td>
<td>22</td>
</tr>
<tr>
<td>Manage Stress and Your Immune System</td>
<td>11</td>
</tr>
<tr>
<td>Medicare Essentials for Seniors and Caregivers</td>
<td>18</td>
</tr>
<tr>
<td>Professional Ethics in Medicine: How Physicians Decide</td>
<td>23</td>
</tr>
<tr>
<td>Sleep Health</td>
<td>22</td>
</tr>
<tr>
<td>Taking and Editing Photos with Your iPhone</td>
<td>22</td>
</tr>
<tr>
<td>Vision: A Window into the Brain</td>
<td>16</td>
</tr>
</tbody>
</table>

## Visual and Performing Arts

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Abstract Art: Periods, Personalities, and Practices</td>
<td>14</td>
</tr>
<tr>
<td>Creating in the Style of the Masters</td>
<td>16</td>
</tr>
<tr>
<td>Drawing and Painting Trees with Ink and Watercolors</td>
<td>11</td>
</tr>
<tr>
<td>Tangled Books</td>
<td>21</td>
</tr>
</tbody>
</table>
OLLI Course Descriptions

Session 1: Monday, August 29 – Monday, October 10, 2022
(Classes Tuesday – Friday end on Sept. 30. Monday classes will not meet on Sept. 5 and Sept. 26 and will end on Oct. 10.)

MONDAY

10–11:30 a.m.

Art History of the Ancient Mediterranean
Marcie Persyn • Academic

Greek statues, Roman wall paintings, Cycladic vases, Egyptian encaustic masks, Etruscan terracotta. The diverse melting pot that was the ancient Mediterranean was the site of many key developments and innovations in art history, many of which continue to shape the creation and conception of art to this day. In this course, participants will explore the art styles, trajectory of development, and cultural exchanges of the Mediterranean from the years 2000 BCE to 500 CE (Mycenaean, Greek, Roman, Egyptian, Etruscan, Carthaginian, Byzantine, and others).

Making Good Nutrition Choices
Judy Dodd • Academic

This course meets for 3 weeks.

We are living in an age of changes — some good, some bad, and some still to be determined! When it comes to choices for food and nutrition, “evidence-based” continues to come into focus. Our nutrition needs are personal; and our choices are determined by our resources, health status, and our environment, which includes who is making decisions for us! The idea that “one-size” does not fit all is being validated. This class will provide resources for making food and nutrition decisions and attempt to separate “evidence-based” from emerging thoughts, choices, and misinformation. Ideas for adapting the food choices you still want to enjoy will be an emphasis. Bring your questions!

Oil, American Power and Global Order
Scott McKnight • Academic

This course explores how oil became central to the functioning of economies, markets and industries, and a key factor in the interactions of many states. We will explore the rise of oil-dependent industries like automotive, aerospace, and plastics in the making of American power and our current liberal international order. We’ll also ask how the complex interactions between oil companies and countries have shaped this global order. This course will touch on crucial geopolitical issues like the role of oil in China’s comprehensive “rise,” efforts to wean the West off Russia’s energy, and the possibility of less carbon-intensive development path.

10–11:50 a.m.

Who is Ayn Rand?
Joseph Givvin • Academic

IN-PERSON COURSE

“Who is John Galt?” was the question Ayn Rand challenged us to think about in “Atlas Shrugged.” We will ask this question about Ayn Rand herself. Was she the creator of a cult of selfishness? Is she the unabashed prophet of capitalism? Was she an immoral scoundrel? Why has she been so influential? Does her thought have any value for us? We will examine some of her most important works and her critics, so that each of us can decide for ourselves, “Who is Ayn Rand?” and is her way of thinking important?

11 a.m.–12:30 p.m.

Far, Far from the Trenches: The First World War in East Africa
Jon Grogan • Academic

IN-PERSON COURSE

By the end of 1914, the First World War had become a stalemate, prompting leaders to look elsewhere for military success. One place was East Africa, where Paul von Lettow-Vorbeck commanded German forces, including the Schutztruppe, colonial troops in German’s African empire. Von Lettow-Vorbeck and his Schutztruppe evaded the British and their colonial troops until the war’s end. In addition to making von Lettow-Vorbeck a German national hero and depriving Britain of resources needed for the war in Europe, the East African theater also planted the seeds of independence that erupted in Africa after the Second World War. The course will examine the strategy and tactics used in the East African theater and discuss how the conflict had the unintended consequence of being the African colonies’ initial step toward national independence.

**Signifies courses with limited enrollment.**


**Noon–1 p.m.**

**Chair Yoga**  
*Susan Gillis Kruman • Enjoyment*

_This course meets for 10 weeks._

This gentle form of yoga is practiced using a chair as a prop/stabilizer for support during standing poses or adapted for sitting on a chair. It is especially beneficial for people concerned with balance or coordination issues or those who have felt they are unable to participate in other yoga experiences. The class includes poses for strength training, mobility in the joints, and more relaxing poses to help steady the mind. Opportunities to intensify, with modifications to make the poses more accessible, will be offered throughout the course so that participants learn to adapt to their personal situations and comfort as well as challenge themselves. The course is appropriate for all levels.

1–2:30 p.m.

**Cancer Cell Biology: Mechanisms Causing Malignancy**  
*Ian MacFawn • Academic*

The scourge of cancer is a unique disease because it exploits the stunning complexity of the inner workings and programs of the cell — not to kill the cell, but to make it stronger. This course will provide a basic introduction to fundamental aspects of cellular biology, and then will outline various strategies employed by cancer cells to evade, alter, or hijack these normal mechanisms — ultimately providing a selectable advantage and unlimited cell division. Members will be guided through concepts including the genetic component of cancer, mutations and why they matter, everyday workings of the cell, the hallmarks of cancer, evolution and selection of cell populations, immune system evasion, and immunotherapies. We will approach the topic of cancer from the most fundamental and basic perspective — the cell.

**Drawing and Painting Trees with Ink and Watercolors**  
*Elaine Bergstrom • Exploration*

_This course meets for 10 weeks._

A big part of nature is trees. Learn how to portray trees artistically in ink and watercolors. Observe the overall shapes, measure for scale and size, and depict the color of the leaves and texture of the bark. Zoom in for details or zoom out for the landscape. Incorporate a fine-tip fountain pen for the lines and energy of the trees and then paint with your six tubes of watercolors.

1:15–2:50 p.m.

**Online Resources for Genealogy Research**  
*Marilyn Holt • Exploration*

_IN-PERSON COURSE_

Doing family history research online can offer a large number of possibilities. Which websites can offer the most help to you? We will explore the many websites available, both free and subscription sites, and discuss research strategies to help you get the most out of each one.

1:15–3:00 p.m.

**Manage Stress and Your Immune System**  
*Bruce Rabin • Academic*

_IN-PERSON COURSE_

This course will integrate two areas of importance to the quality of health (and life) of all individuals: (1) the effect of stress on mental and physical health, and (2) the importance of maintaining the function of your immune system as you age. This course will examine what stress is and how stress alters many aspects of mental and physical health; how the immune system functions to keep you healthy and cause disease; and how stress and the immune system interact. This course will also cover the behaviors and techniques that will increase the likelihood of staying healthy as you continue through life. At the conclusion of the course, you will have the understanding and motivation to engage in a lifestyle that will help to keep you mentally and physically healthy as you continue to age.
American Home Front, 1941–1945

John Burt • Academic

While American armed forces fought overseas, people at home lived, worked, and worried. This course considers American society and culture during World War II as well as the experience of minority groups, the roles of women, and domestic politics.

Introduction to Shakespeare’s Comedies

Alan Irvine • Academic

This course is an introductory look at some of Shakespeare’s most beloved plays: the comedies. We will touch on the basic plot and characters of all the comedies and go into more depth with the most famous ones. We will also look at what makes a play a comedy, what expectations Shakespeare’s audiences had, and what makes these plays different from tragedy or history. No prior knowledge of any of the plays is needed. Students are not expected to read any of the plays.

Beginning Level French: Communication Strategies**

Cathleen Sendek-Sapp • Exploration

This course meets for 10 weeks.

This course is designed for students with little or no prior knowledge of French. The focus will be on mastering phrases and set structures that may be useful for communicating across a variety of situations. Students will be encouraged to develop strategies to try to make themselves understood in instances where language proficiency may be lacking.

Advanced Intermediate French Exploration: Miscellaneous Topics

Cathleen Sendek-Sapp • Exploration

This course meets for 10 weeks.

This course is designed for those who have taken several French courses and are interested in strengthening their comprehension skills. Each week’s lesson centers on a selected topic with the goal of building and recalling useful vocabulary. The class is conducted for the most part in French. No text is required.

Benjamin Franklin: American Icon

Cliff Johnson • Academic

From being a poor printer's devil, he rose to be the most famous man of his century. “He snatched the lightning from heaven and the scepter from tyrants.” Of all the Founders, he has the distinction that everything he wrote was witty. Marxists inadvertently quote from “Poor Richard's Almanac” without knowing that they are doing so. He lived in an age of religious intolerance; but at the head of his funeral procession marched the clergy of Philadelphia, all of them, of every faith.

Five 20th Century Houses

Matthew Schlueb • Academic

This course will examine five residential masterworks of the 20th century, with each lecture focusing on one house and the architect behind it, examining the schematic designs and material executions. Houses explored will be the Behrens house by Peter Behrens (1901), the Casa Batlló by Antoni Gaudí (1906), the Gamble house by Charles and Henry Greene (1909), the Robie house by Frank Lloyd Wright (1910), and the Steiner house by Adolf Loos (1910). This course is primarily lecture with time for question and answer. Weekly bibliographies and online links provided for optional further reading, however, no required text.

Irish Presbyterians (Scots Irish) in Western Pennsylvania

Peter Gilmore • Academic

No ethnoreligious group is more associated with early Western Pennsylvania, or as little understood than the people known as the Scots Irish. This course, based in part on the first major study of this group in decades, will explore their fascinating background in the old countries and colonial Pennsylvania; examine the lives and communities they built in this region in the late 18th and early 19th centuries; and consider their legacy.
The Many Faces of Trauma: Personal and Intergenerational, Communal and National, Part II
Bridget Keown • Academic

Please feel free to join even if you did not take part I. During the pandemic, Pitt’s Center for Bioethics and Health Law mounted a virtual exhibition “Experience, Integration, Expression: The Work of Norman Klenicki” (http://nkexhibit.com/) that presents a range of themes drawing from the artist's life and work. This seminar will explore, from multiple disciplinary perspectives, the theme of trauma. It will consider multiple sources of trauma and the multiple levels at which we experience it. While examining trauma's lingering and sometimes pervasive effects, the seminar will also focus on ways of meaning making that arise in the wake of “traumatic events” and in reckoning with “traumatic epochs” as trauma is integrated into the lives of individuals and communities. Led by Bridget Keown—curator of the exhibit and professor for the popular Pitt course Gender, Trauma, and Disability—the seminar will include talks by guests with expertise and experience related to traumas we have collectively experienced in recent years. This course will feature similar topics as the Summer 2022 course, but it will feature different speakers and frames of analysis for the topics.

1:30–3:20 p.m.
Sipping Around the World: Tasting by Dreadnought Wines**
Deb Mortillaro/
Dreadnought Wines • Enjoyment

IN-PERSON COURSE
This course meets for 3 weeks.
There is an additional cost of $45 to take this class.
This course meets at Dreadnought Wines at 3401 Liberty Avenue, Pittsburgh, PA 15201.

With the heat of summer giving way to fall, what better time to explore a selection of craft beverages made around the world and delicious to drink in all seasons. Dreadnought Wines and Palate Partners School of Wine & Spirits, Pittsburgh's premier providers of boutique wine and spirits and consumer education courses, will present three classes showcasing various styles of wine and Sake. The first week, you'll discover still white and red wines. You'll taste common grape varietals along with lesser-known types, as well as learn how climate and geography influence grape growing and winemaking styles. The second week, we're off to Japan, where you'll discover the beautiful flavors and centuries-old brewing techniques of Sake. The final week, you'll taste different styles of sparkling wine (not all is Champagne!) and fortified wines like Port and Sherry. All three weeks will focus on beverage-making techniques and how they influence the final product in the bottle. Tasting samples will be showcased each week.

3–4:30 p.m.
Motown, Soul, and the Mainstream
Robert Joyce • Enjoyment

As the popularity of rock and roll hits its stride in the 1960s, artists from the rhythm and blues (R&B) styles merge into the mainstream. Rock and roll becomes full of sounds of R&B, gospel, soul, and blues-filled arrangements. Ray Charles, James Brown, and Aretha Franklin, as well as Smokey Robinson, Diana Ross, Stevie Wonder, and a torrent of stars from Barry Gordy's Motown (a.k.a “Hitsville U.S.A.”) will be shared through an exciting PowerPoint® presentation full of audio and video files.

3:30–5 p.m.
Beginner Spanish**
Mildred López • Exploration

This course meets for 10 weeks.
Members may take only one level of Spanish per term.

This course is appropriate for beginners who have no or very little experience with Spanish language. The course will focus on basic vocabulary and themes (greeting others, numbers, days of the week, etc.), useful expressions for travel (making reservations, asking for directions, expressing likes and dislikes, etc.), and some grammar, primarily present-tense verbs. Communication strategies will be emphasized. Students can expect to study words, phrases, and simple sentences, and practice listening/reading. Weekly class material is provided. Please note: This course is often taken several times. Participants are invited to repeat this course for additional practice and to reinforce grammar and vocabulary.

**Signifies courses with limited enrollment.
**WEDNESDAY**

**9–10 a.m.**

**Gentle Yoga**

*Jill Clary • Enjoyment*

*This course meets for 10 weeks.*

This course is geared for those new to yoga or those who are interested in a gentle practice. It includes a combination of meditation, breath work, and flowing movement intended for all abilities. This course offers nurturing, kindness and compassion for the body, regardless of a participant's physical abilities, age or experience. You will experiment with balance, strength, flexibility, and stillness while practicing mindfulness and meditation techniques.

**9:30–11:30 a.m.**

**Abstract Art: Periods, Personalities, and Practices**

*Ann Rosenthal • Enjoyment*

*This course meets for 10 weeks.*

In this virtual, hands-on art class, we take inspiration from the art periods, artists, and approaches of abstract art. As defined by the Tate Modern, abstract art can be “based on an object, figure, or landscape, where forms have been simplified,” or it can be based on “forms, such as geometric shapes or gestural marks, which have no source at all in an external visual reality.” We will explore both approaches using a variety of media, including mark-making, painting, printmaking, and collage. Each week, we will dip into an historical period and a few of its artists, while considering the design elements (e.g., color line, shape) and compositional strategies that comprise the visual language of abstract art. Special attention will be paid to women artists and artists of color.

**10–11:30 a.m.**

**Russia’s Road to Kyiv: A Modern History of Russia and Ukraine**

*Jared Day • Academic*

This course is designed to provide historical context for events that are happening in Ukraine today. The focus will be on Russia and Ukraine’s historical relationship dating back to the Middle Ages, how it was transformed in Czarist times, and with special focus on the Soviet and post-Soviet era from 1917 to 2000. We will discuss key events such as the Mongol invasions, the Cossack Uprising of the 1768, the purges of the kulaks in the early 1930s, and Ukrainian independence in 1991 and what came after.

**10:15–11:15 a.m.**

**Chakra Yoga All Levels**

*Jill Clary • Enjoyment*

*IN-PERSON COURSE*

This course moves through traditional yoga poses (or asanas) that align each individual chakra, moving up the spine from the root chakra to the crown chakra. Chakras are energy centers located across different points on our spinal column. When energy becomes blocked in a chakra, it triggers physical, mental, or emotional imbalances that manifest in symptoms such as anxiety, lethargy, or poor digestion. This class is for the student who likes a fluid, mindful practice that links alignment, movement, and breath. Participants should wear comfortable, loose-fitting clothing and have a yoga mat.

**10:15–11:15 a.m.**

**Young, Gifted, Black: The Theater of Lorraine Hansberry**

*Anne Faigen • Academic*

*IN-PERSON COURSE*

Among the icons of American theater, one dramatist — Lorraine Hansberry — is rarely noted. Yet, Lorraine Hansberry represents the highest order of contemporary playwrights. A brilliant writer, social activist, and satirist, her drama, “A Raisin in the Sun,” changed the course of American theater. Its themes are even more significant now than when her play first electrified Broadway in the mid-20th century.

**10–11:50 a.m.**

**Origins of Christian Anti-Semitism**

*Rebecca Denova • Academic*

*IN-PERSON COURSE*

One of the longest and continuing tragedies of Western civilization is the discrimination and violence directed by Christians against Jews and Judaism. In a movement that taught people to “love one another as I have loved you,” what conditions gave rise to the ultimate polarization and opposition of these two systems of belief? We will survey relations between Jews and Gentiles in the Roman Empire and the way in which Christians began to define themselves against both Judaism and the dominant culture.
1-2:30 p.m.

Don Quixote Sampler**
Edward Friedman • Exploration

Miguel de Cervantes’s “Don Quixote,” published in two parts (1605, 1615), is a complex narrative that speaks to its time and place as it points forward to the development of what has been called the modern novel. The course will consist of the reading and discussion of sample chapters of “Don Quixote,” with emphasis on Part I, and commentary on the text as a whole, so that participants will have a vision of the comprehensive narrative. We will use the translation by Edith Grossman, available through amazon.com in Kindle and paperback. The reading for each week will be under 50 pages. The goal of the course will be to give the participants a sense of the scope, the parameters, the artistic and conceptual brilliance, and the well-merited classic status of “Don Quixote.”

Conspiracies and Conspiracy Thinking
Daniel McIntosh • Exploration

In-person course

Conspiracies are real, and they have real consequences. Conspiracy theories, however, are often so flawed they distract us from the real conspiracies going on around us. How do we distinguish between paranoid ravings and substantive threats? What kinds of errors are we prone to, and why? And what is really going on? This class will explore the history and current examples of conspiracy mindsets in American and global politics. Participants will agree on criteria for affirming or denying the existence of a conspiracy, explore real cases of conspiracy theorizing, debate one another on the reality of those conspiracies, and explore their consequences for the world.

Some Post-Holocaust Issues
Barbara Burstin • Academic

In the aftermath of the Holocaust, there were any number of challenges that President Truman faced. Was there going to be justice after the murder of six million Jews? What was to be done with Germany? What about the traumatized Holocaust survivors themselves? What did the U.S. do about them? What did Truman and subsequent presidents do regarding the establishment and ongoing relationship with Israel? Why did the denial of the Holocaust become a real movement after the Holocaust? And how do the children and grandchildren of Holocaust victims deal with the past? We shall hear from one local child of Holocaust parents.

1:15–2:50 p.m.

How Soviet Modernization Was Fed: Collectivization in a Russian Region
Chuck Hier • Academic

In-person course

Collectivization in the Soviet Union is a subject of great mythification. Probably the majority of people in our country who are at all familiar with Soviet history believe that more people died in collectivization than died in the Holocaust. We will talk about this myth and its history, but the majority of our time will be spent examining how collectivization was actually accomplished in a particular Russian region west of Moscow. We will take a running start by examining aspects of Russian agriculture that long predate collectivization, including enserfment, emancipation and strip agriculture. Then we will concentrate on events since 1917. We will study why the Soviet state wanted to collectivize and examine the political complications of the time. After that, we will take a look at how collectivization was successfully accomplished.

1:30–3:00 p.m.

Opera Aural Dissection for Beginners
Marilyn Egan • Academic

This course meets for 4 weeks and will begin September 7, 2022.

Why are some opera arias beloved despite being from obscure works, such as “The Vixen's Aria” from Leoš Janáček’s “The Cunning Little Vixen”? Why are the most memorable opera excerpts sometimes ensembles instead of arias, such as the trio “Soave sia il vento” from Mozart’s “Così fan tutte”? What causes “La donna è mobile” from Verdi’s “Rigoletto” to become a melodic “earworm?” This course will dissect the music theory aspects of opera excerpts, using easy-to-understand terms, in order to explore opera music from the inside out. Participants will learn how the Fibonacci sequence applies to music and how composers use melody, harmony and form to grab a listener’s attention. After dissecting the music, the course will include entire operatic selections to enjoy.
THURSDAY

10–11:30 a.m.

Creating in the Style of the Masters **
Elaine Bergstrom • Exploration

This course will meet for 10 weeks.
This is an art class and art history class rolled up into one. We will study several artists such as Audubon, Emily Carr, Hokusai, and Wassil Kandinsky through videos, art presentations, and discussions and then become inspired to create a biweekly piece of art that is inspired by the four artists in this series. You may use any medium to make your masterpiece of art that can be viewed on a PowerPoint® presentation and shared biweekly in class. This is a way to get inspired to create art. You may even copy their art; all the classic artists did this. No supplies are required due to the diversity of mediums used by each artist. It will be each student’s choice. I would be happy to make suggestions. All levels are welcomed.

My Task Above All Is to Make You See: Contemporary Novel
Abby Mendelson • Academic

Change, of course, is the only constant. If nothing else, form and function continually change in creative writing — nowhere more than contemporary fiction. From England and America, we’ll read five, multiple award-winning writers who both push the aesthetic envelope and expand our personal horizons. We will read excerpts from Julian Barnes, “The Noise of Time”; George Saunders, “Lincoln in the Bardo”; Carmen Maria Machado, “In the Dream House”; Zadie Smith, “NW”; Colson Whitehead, “Underground Railroad.”

Vision: A Window into the Brain
Shawn Willett • Academic

Vision is a key aspect of human experience. In this course, we will explore how the nervous system converts light into our perceptions of the world. We will begin our discussion with light and the organ responsible for our ability to detect it, the eye. We will then briefly overview how neurons convey signals that carry information about light and how visual illusions reveal much about visual system function. We will look at the unique primate behavior of complex eye movements and their effects on vision. Next, we will answer the question: What occurs when the visual system is diseased? Finally, we conclude the class with a survey of the numerous solutions that evolution settled on to give light meaning to organisms — from the eyes of scallops to raptors.

10–11:50 a.m.

Gettysburg Campaign
David Albert • Academic

IN-PERSON COURSE

The course will examine the events leading up to the battle, the three-day battle itself, and the aftermath of what many consider the high-water mark of the Confederacy. The course will discuss many of the numerous controversies generated on both sides as well as the “who, what, where, when and why” of one of the most important and studied campaigns in military history.

Wild Edibles of the Fall**
Melissa Sokulski • Exploration

IN-PERSON COURSE

This course involves walking through parks.

In this course we will walk in the city parks and discuss the wild edible plants we find. These include fruits like Kousa dogwood, crabapple and hawthorn; nuts such as acorn, black walnut and ginkgo; root vegetables like burdock; and leafy plants and mushrooms.
1–2:30 p.m.

58th Carnegie International: An Art Field Guide
Erin O'Neill • Academic

In this course we will discuss the essentials of the Carnegie Museum of Art’s 58th Carnegie International exhibit opening this fall. We will be using an art field guide approach to best navigate one of the world’s most renowned art exhibitions. We will have a brief history of this 127-year tradition; then, insider’s insight — our curators’ approaches and backgrounds explained; and outstanding artists highlights. Learn what the critical questions of our time are and how today’s artists are responding. Find the must-see path through this year’s Carnegie International art experiences.

Advanced Conversational Spanish**
María Ángeles Franco de Gómez • Academic

This course meets for 10 weeks.

Members may take only one level of Spanish per term.

This course is appropriate for participants who are comfortable and successful at communicating in Spanish and want to further develop their reading and conversational skills. Participants are expected to be able to use present, past, and future tenses, and have significant vocabulary and understanding of syntax (or have successfully completed Intermediate Spanish). The course is taught in Spanish and focuses on analyzing and discussing reading material. Weekly class material is provided. Please note that this course is often taken several times and is a versatile course that includes different class material under the same goals and objects every term.

Contemporary Short Stories, Part II
David Walton • Exploration

Members in this course will read approximately a dozen American short stories written in the past 50 years, all contained in “The Penguin Book of the Modern American Short Story,” edited by John Freeman, and available in several formats, including Kindle and audiobook. This course is the second part of a similar class offered summer 2022, but it offers a different set of stories, and you need not have taken the first session to follow (and let’s hope, enjoy) these readings and discussions. Selections will include stories by Sandra Cisneros, Tim O’Brien, Junot Diaz, Joy Williams, and Louise Erdrich, among others.

Financial Planning for Life and Beyond
Aaron Leaman • Academic

This course will explore the core principles of investing, financial planning, and wealth management from a higher-level perspective. We will focus on some of the science of investing (diversification, portfolio design, and construction), as well as the art of successful money management (behavioral finance, the psychology of markets, and investors). We’ll consider “big picture” issues such as estate planning and generational wealth, philanthropy, taxes, and even simple budgeting. Participants should come away with a thorough and comprehensive understanding of their own personal finances, as well as concepts and ideas for improving their portfolios, and ensuring that they leave exactly the kind of legacy they seek to create.

1:35–3:25 p.m.

Legends of King Arthur
Alan Irvine • Academic

IN-PERSON COURSE

Perhaps no name echoes through the ages like that of King Arthur. The collection of tales of Arthur and his knights has grown into a vast cycle over the centuries and has inspired storytellers, poets, novelists, moviemakers, musicians, playwrights, and audiences. This course will explore the origins of the tales and how the cycle has grown and changed over time. We will sort out the key events and main characters, and we will examine the symbols and mythic structures that have given the cycle such power. Each week, the instructor will tell one of the classic stories of Arthur and his knights.

Songs with a Message II
Nicholas Coles • Academic

IN-PERSON COURSE

How is it that a good song affects us as it does? This course is a musical journey into other places, periods, communities, and social movements (beyond those included in the spring 2022 course of the same name), in which songs with a message have been created and shared, and from which they have spread across times and borders. Possibilities include anthems and spirituals, songs of migration and exile, songs of the sea, songs of indigenous peoples, songs from mining communities, and songs about gender and power. We will read song lyrics closely, listen to their musical adaptations, watch videos, and witness live performances. We will also take note of a song’s origins and historical context and how it has traveled through other voices and cultures, taking on new meanings.
6–7:30 p.m.

Dinosaurs!
*Stephen Lindberg • Academic*

Dinosaurs appeared on the Earth during the Triassic period approximately 240 million years ago. They became the dominant vertebrates that would inhabit the Earth for the next 180 million years. Explore the origin, discovery, and new revelations about these fantastic animals that roamed every continent and left us with a wealth of fossilized remains that revealed their presence on Earth.

**FRIDAY**

9–9:50 a.m.

Dance and Be Fit
*Roland Ford • Enjoyment*

*This course meets for 10 weeks.*

This course engages all age groups and all ability levels with fun and easy dance and fitness routines. Learning basic dance and fitness moves will help participants take more steps toward a healthier lifestyle and get moving. No experience or special skills are needed. Great for beginners as well as veteran dancers, the course can be adapted to anyone’s unique needs.

10–11:30 a.m.

Great Conductors of the 20th Century, Part I
*Jeffrey Swoger • Academic*

*This course meets for 4 weeks.*

This course will present a personal, non-technical introduction to the careers of six 20th century musical giants: Toscanini, Stokowski, Reiner, Solti, Karajan, and Bernstein.

1–2:30 p.m.

Medicare Essentials for Seniors and Caregivers
*Sondra Brower • Academic*

The purpose of this course is to help demystify Medicare. Members will learn practical information on Medicare plans Part A, Part B, Part C, and Part D and the differences between them. In addition, participants will learn how to identify the plans that are best for them by using various analytical tools. The last class will include a "live" demonstration on how to do online research.

With a Song in My Heart: Great Composers of Stage and Screen
*Sam and Candy Caponegro • Academic*

Explore the songs and times of the great songwriters of stage and screen. Using clips from Broadway, film, and television, we will share their life stories, hits and misses, and some gossip (all in good fun) and appreciate their genius. If music be the food of love, let’s gorge ourselves.
OLLI Course Descriptions
Session 2: Monday, October 17 – Saturday, November 19, 2022

MONDAY
10–11:30 a.m.
Endocrinology
Orin James • Academic

This course introduces the anatomical structures of the endocrine system and the various hormones they produce, along with their physiological mechanisms used to exert numerous forms of control over the human body.

Family Values: Biblical Manhood
Sandra Collins • Academic

Contemporary society has come to the realization that ideas of what defines gender are culturally conditioned by their time and place. In addition, when one is categorized within a certain defined gender, there exist duties, obligations, and assumptions that follow from that. The Bible is one place where this constellation of ideas about gender and family relationships can be drawn out. The question here is: How does the Bible present the masculine gender within specifically gendered family roles? This course provides an overview of the roles of the biblical father, brother, husband, and son. Through this particular lens, we will seek to identify how the Bible characterizes the successful as well as failed family relationships. Ultimately, we will find that the Bible does indeed provide challenging family values.

Gift of Thespis
Alan Stanford • Academic

We will trace the development of the art and craft of acting from the earliest of traditional storytellers to the Greek “performing” poets through the evolution of professional actors in the Greek and Roman eras. We will then trace the development of the strolling player of the Middle Ages, the use of biblical and other religious traditions, to the advent of the Golden Age of theatre in the 16th Century.

We will then trace the actors’ art through the differing styles of Italian comedy, the French comedy Francaise, and the Restoration period on the English stage. Finally, we will examine the development of the modern actor, from Victorian melodrama, through the work and teaching of Stanislavski to the rise of 20th century realism.

Shakespeare’s King Lear: “Live-Long Monument”
Norma Greco • Academic

First performed before King James in 1606, Shakespeare's “King Lear” reflects political and social realities much like our own — contested leadership, dissent, and insurrection, and a persistent plague that reportedly killed as many as 3,000 people a week in London. Shakespeare goes beyond his contemporary England to examine questions about our human condition and fundamental relationships that remain central to our lives and just as perplexing. In the end, the play asks us to avoid mistakes in judgment that bring Lear to his tragic end. While we will consider Lear’s historical contexts, primarily we will study the play as a live-long monument that challenges us to think deeply about our world and experiences.

10–11:50 a.m.
History of Disease in Human Societies
Julia Hudson-Richards • Academic

Taught from the perspectives of environmental and medical history, this course looks at five sets of disease events — plague, smallpox, mosquito-borne diseases, influenza, and “modern” outbreaks such as Ebola, HIV, and SARS-CoV-2 (coronavirus) — and their impacts on the societies that had to deal with them. The course will highlight the relationships between people and nature, the history of medical understanding, and the long-term and short-term changes societies experience in the wake of disease.

**Signifies courses with limited enrollment.
11 a.m.–12:30 p.m.

Five Obscure U.S. Presidents, and Why They Matter
Jon Grogan • Academic

IN-PERSON COURSE

Washington, Jefferson, Jackson, Lincoln, Wilson, Roosevelt (both Theodore and Franklin), and a handful of other U.S. presidents are household names. Their images appear on money; cities, towns and schools are named for them; and one president, Andrew Jackson, is associated with an entire era or age. Their impact on American society is unquestionable. However, there are a handful of lesser-known chief executives whose decisions changed the course of American history: Martin Van Buren, James K. Polk, Rutherford B. Hayes, William McKinley, and Calvin Coolidge. This course will study their presidencies and explain “why they matter.”

Folk Singers and the Bureau
Aaron Leonard • Academic

Some of the most prominent folk singers of the 20th century, Woody Guthrie, “Sis” Cunningham, Pete Seeger, Lee Hays, Burl Ives, etc., were also political activists with various associations with the American Communist Party. As a consequence, the FBI, along with other governmental and right-wing organizations were monitoring them, keeping meticulous files running many thousands of pages, and making (and carrying out) plans to purge them from the cultural realm. Using music, video selections, news clippings, and records from extensive Freedom of Information Act filings — including never before released material — the course will bring to life these artists and the systematic way they were subject to government surveillance and suppression.

Noon–1 p.m.

Chair Yoga
(continued from session 1)

1–2:30 p.m.

Drawing and Painting Trees with Ink and Watercolors
(continued from session 1)

Ethics and Sports
Sarah Rosensen • Exploration

Calling all sports fans! In this interactive online discussion course, we will explore ethical issues in the world of sports. What is the difference between unethical gamesmanship and ethical sportsmanship? Is it ethical to be a football fan, given what we now know about the effects of repeated head trauma? Should baseball players who used steroids get into the Hall of Fame? Should there be rules against taunting in basketball, end zone celebrations in football, and bat flipping in baseball? Should athletes speak out on social issues, or not? Come join the discussion!

Politics and Government of Germany: From Bismarck to Bundesrepublik
Paul Adams • Academic

In the last 150 years, Germany has gone from numerous independent kingdoms and duchies to an empire; from an empire to a divided and conquered state; and to a reunified democracy and economic powerhouse of Europe. The building of a democratic constitution and political system in Germany was a unique product of its postwar circumstances, yet the multiparty, federal, and legal institutions initiated in 1949 have become well established and stable elements of Germany’s vibrant democracy. Yet, since the 1980s, the German political system, especially seen in its political parties and elections, has been anything but static. Germany, arguably the most important country in Europe, has seen an odd juxtaposition of stability and change within its leaders and political system, especially since unification in 1990.

1:15–2:50 p.m.

Rise of the Skyscraper in Pittsburgh: An Architectural History
Robert Jucha • Academic

IN-PERSON COURSE

This course will start with an examination of the factors that led to the appearance of tall buildings in American cities. Among those factors were the use of new materials such as iron and steel, new technologies such as the passenger elevator, and, finally, the economic pressures that made tall buildings practical. The remaining sessions will cover skyscraper development in chronological order: the late-19th and early-20th centuries, the period between the two world wars, mid-20th century, and recent trends.

**Signifies courses with limited enrollment.**
1:15–4 p.m.

**Movies of Dustin Hoffman**

*David Shifren • Enjoyment*

IN-PERSON COURSE

Some actors seem to play the same role again and again while others thrive on variety, which brings us to Dustin Hoffman. From wet-behind-the-ears, recent college student in “The Graduate” to fast-talking New York City street-hustler in “Midnight Cowboy” to American frontier-raised cowboy in “Little Big Man” to off-Broadway thespian turned superstar-actress in “Tootsie,” Hoffman has played a remarkable range. Come see this Oscar winner strut his stuff as we watch and discuss some of his classics. Film selections include “The Graduate,” “Midnight Cowboy,” “Rain Man,” “Tootsie,” and “Last Chance Harvey.”

TUESDAY

10–11:30 a.m.

**Beginning Level French: Communication Strategies**

(continued from session 1)

*The Big Bang*

*Elizabeth Burnette • Academic*

The Big Bang is how our universe was born. It is both an exciting and a true story. Astronomers now assume, after increasing evidence, that this is how our current universe began. What do we know about the series of chronological events of the Big Bang, from darkness to light, from high-energy plasma to atoms, from sloppy soup to stars and galaxies? In clear English, members will discuss the five key periods of the Big Bang, from time t = zero to now. A science background is not necessary for this course. The only requirements are a healthy curiosity and imagination.

1–2:30 p.m.

**Advanced Intermediate French Exploration: Miscellaneous Topics**

(continued from session 1)

**Frida and Diego: The Lives and Times of Kahlo and Rivera**

*José Juves • Academic*

**This course meets for 4 weeks.**

Unibrow, flaming communists, Rockefeller mural, horrific accident, Leon Trotsky, and 1910 Mexican Revolution—Kahlo and Rivera lived during and made exciting history. As artists, they shaped our understanding of Mexican native cultures, while, as activists, they interfaced with many leading historical figures. This course will examine their lives, their loves (which were many!), their political ideologies, and their love for Mexico. Our emphasis will be on historical aspects more than on their art, although we will use their art to propel and illuminate the course presentations.

**Tangled Books**

*Sue Schneider • Enjoyment*

This course combines the joys of Zentangle drawing with clever book forms! Each week we will explore intriguing, yet simple books and decorate them with pattern, collage, and other elements related to Zentangle-inspired art. No previous experience is necessary to enjoy and succeed with this class, just a willingness to play and experiment. These projects make delightful small gifts, thoughtful cards, and personal journals.

**Forward to the Past: 70s Popular Music in a Radically Changing Era**

*David Crippen • Academic*

This course will explore how and why the music of the 1970s evolved from the psychedelic era to a unique art form and a social force and how it expanded to radically new vistas. An era evolved to the new American attitude, away from communitarianism and toward individualism, and toward a society comprised of self-interested and largely self-sufficient individuals—the “Me Generation.” The subject matter will be explored through lectures, PowerPoint® presentations, selected YouTube videos and discussion.

**Short Stories: Working Class Literature**

*Nicholas Coles • Academic*

This course is on short stories from 20th century North America. These stories will be drawn from an anthology of “American Working-Class Literature” (Oxford University Press, 2007), featuring a multi-ethnic selection of writers such as Tillie Olsen, Jack London, Anzia Yezierska, Toni Cade Bambara, Meridel Le Sueur, Linda Hogan, Breece D’J Pancake, Carlos Bulosan, Dorothy Allison, Hisaye Yamamoto, and Dagoberto Gilb. We will look closely at a couple of stories per week, linked by themes such as: the working life, [im]migration, family and child-rearing, what it means to be “educated,” and social movements. We will pay attention to the writers’ art and to the biographical and historical contexts of their work. All texts will be available as PDFs in OneDrive.

**Signifies courses with limited enrollment.**
Taking and Editing Photos with Your iPhone
Richard Fitzgibbon • Enjoyment

This course is not an introduction to using your iPhone. For a few years, many of us have been taking a lot of digital photos with our iPhones®. Now might be a great time to take a closer look at becoming a better photographer and editor of all those accumulated pictures. We will explore the various apps that come with your iPhone as well as investigate some additional resources not provided by Apple®. Please note: This course is appropriate for those who routinely take photos with their iPhones, have used their iPhones for several years, and feel comfortable and knowledgeable navigating their devices.

3:30–5 p.m.
Beginner Spanish
(continued from session 1)

6–7:30 p.m.
Explorations in Earth Science
Stephen Lindberg • Academic

Each week of this course will cover a different, popular topic in the Earth Sciences. How did Earth’s atmosphere form, and what are its properties? What is a mineral, and how do they combine to form the various types of rocks? What is the interior of the Earth composed of, and how do we know this? How have the continents and oceans changed position on Earth over geologic time?

WEDNESDAY

9–10 a.m.
Gentle Yoga
(continued from session 1)

9:30–11:30 a.m.
Abstract Art: Periods, Personalities, and Practices
(continued from session 1)

10–11:30 a.m.
Sleep Health
Eileen Chasens • Academic

Humans sleep approximately one-third of their lives. While adequate duration of good quality sleep is necessary for health and well-being, many people do not know much about what is the purpose of sleep or the negative consequences of impaired sleep. In this course, we will discuss the purpose of sleep, changes in sleep over the lifespan and how circadian rhythms control the timing of sleep. In addition, we will discuss sleep disorders, including insomnia, obstructive sleep apnea, and restless leg syndrome. Finally, we will discuss what is meant by “sleep health” and steps to improve your sleep. No medical advice will be given, and members will not be asked to share any personal or medical information.

6–7:30 p.m.
Study Group: How Racism Hurts All of Us and What We Can Do
Ralph Bangs • Exploration

For much of America’s history, de jure racial discrimination gave white people free land, good jobs, well-funded schools, loans, suburban housing, and college education. Not only were these advantages denied to most Black Americans, but whites assumed that their individual effort was solely responsible for their success. Since racial discrimination became illegal in the 1960s, whites have believed that life is a zero-sum game where any government actions that benefit Black Americans reduces the material well-being of whites. Politicians have exploited this to cut and block policies that benefit everyone (affordable health care, parental leave, etc.). In this course we will discuss the book, “The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together,” which documents the problem and provides direction for overcoming it.

10–11:30 a.m.
Sleep Health
Eileen Chasens • Academic

Humans sleep approximately one-third of their lives. While adequate duration of good quality sleep is necessary for health and well-being, many people do not know much about what is the purpose of sleep or the negative consequences of impaired sleep. In this course, we will discuss the purpose of sleep, changes in sleep over the lifespan and how circadian rhythms control the timing of sleep. In addition, we will discuss sleep disorders, including insomnia, obstructive sleep apnea, and restless leg syndrome. Finally, we will discuss what is meant by “sleep health” and steps to improve your sleep. No medical advice will be given, and members will not be asked to share any personal or medical information.

Tudor England
Jared Day • Academic

This course examines British history during the time of the Tudor dynasty. It examines prominent figures such as Henry VIII, Lady Jane Grey, Queen Elizabeth I, and William Shakespeare. We will examine key topics such as the Battle of Bosworth, the dissolution of the monasteries, the Spanish Armada, and the trial of Mary Queen of Scots.
10–11:50 a.m.

Professional Ethics in Medicine: How Physicians Decide and How It Affects You
Dolores Gonthier • Academic

Medical professionals face ethical dilemmas daily. Their responses to some of these challenges may be defined for them by federal or state laws. Other actions are guided by ethical standards that exist within the health care community. This course will describe and discuss ethical dilemmas faced by medical professionals and the ethics that guide them. Topics that may be discussed include patient confidentiality (HIPAA), informed consent, end-of-life care, resource stewardship, and patient safety. This course is designed to be highly interactive, so come prepared to join in the discussion.

1–2:30 p.m.

Elder Law: Being Prepared as One Grows Older
Carol Sikov Gross • Academic

11:00 a.m.–12:30 p.m.

Moses Maimonides — Scholar, Scientist, Theologian, Doctor — A Hero for Our Age
Rabbi James Gibson • Academic

Moses Maimonides (1135–1204) was one of the most brilliant Jewish scholars who ever lived. He was a master of rabbinic tradition, a respected physician, an astronomer and a philosopher whose work is honored in Judaism, Christianity, and Islam. His philosophic work, “The Guide of the Perplexed,” remains one of the most sophisticated works of biblical interpretation and metaphysical philosophy. This course will introduce students to the man, his method, his work, and his enduring questions that challenge us today.

10:15–11:15 a.m.

Chakra Yoga All Levels
(continued from session 1)

11:00 a.m.–12:30 p.m.

JFK Seminal Presidential Speeches
Stephen Russell • Academic

1:15–2:50 p.m.

TED Talks**
Kathy Callahan • Exploration

This course meets for 4 weeks.

Jeffrey Swoger • Academic

This course will present and analyze key speeches that defined Kennedy's leadership qualities. His was the seventh briefest presidency, and in that short span, Kennedy continued to follow the same format as its predecessor, using biographies and commentary, recordings and video to inform and, perhaps, even entertain. Discussion and debate will be encouraged.
perfect his style of oratory. Kennedy wove his substantive speeches into memorable lines at brilliant levels exemplified in his inaugural address and at Amherst shortly before his assassination.

Understanding Russian History
Louise Mayo • Academic

This course is a survey of Russian history, with emphasis on what we can learn from its past to understand its present. We will travel though medieval Kievan Russia, Muscovite and Tsarist Russia, Bolshevik Russia, the Soviet Union and its collapse, attempts to bring Russia into the modern Western democratic world, ending with Putin’s Russia today. Does Russia’s past explain its present?

THURSDAY
10–11:30 a.m.
Ancient Wisdom, Modern Health
Melissa Sokulski • Academic

In this course we will examine ancient medical philosophies and practices from China and India and apply them to our health. We’ll discuss concepts of yin and yang, energy flow and qi, the body clock, five elements, eight principles, and the three body types — or doshas. We will learn how these concepts can be used to optimize health, including conditions such as insomnia, blood sugar regulation, weight loss, and even COVID-19.

Churches, Saints, and Art
David Brumble • Academic

Participants will consider how the art in churches and the very design of churches work together to convey meaning. Because the saints have figured so importantly in the art we find in churches, we’ll give saints special consideration in this course. We’ll concentrate mainly — but not exclusively — on Medieval and Renaissance churches. These include well-known churches, such as the Sistine Chapel and Chartres Cathedral and hidden gems, such as St. Maria’s Church, a small Medieval church in a Swedish village.

Creating in the Style of the Masters**
(continued from session 1)

Doorways to Surprise: A Poetry Writing Workshop**
Laurie McMillan • Enjoyment

This class will offer opportunities to bring surprise and originality to poems. In this poetry writing class, members will practice building doorways and leaps in their work to make their writing evermore alive. We will read poems as examples of surprise and turns that illuminate the work, and we will share our in-class writing in a supportive workshop. No previous poetry writing experience is needed; just come with an open mind. Writing prompts will help draw upon life experience and imagination as subject matter.

Intermediate Spanish
(continued from session 1)

Response to War: Great Reportage
Abby Mendelson • Academic

The blood, the drama, the fear — war inevitably draws great writers who seek bravery in battle, redemption in victory, and, most of all, humanity in the most horrific events. From World War II to Vietnam to 9/11, we will look at five outstanding writers who have either been there or who have magnificently recreated characters and events. We will read excerpts from Bill Mauldin, “Up Front”; Ernie Pyle, “Here is Your War”; Malcolm Gladwell, “The Bomber Mafia”; Michael Herr, “Dispatches”; and Jim Dwyer and Kevin Flynn, “102 Minutes.”

11 a.m.–12:30 p.m.

Faith and Reason
Joseph Givvin • Academic

This course examines issues applying techniques of philosophical investigation to questions in Judeo-Christian and Asian religious traditions. Topics include reasoning for and against God’s existence, various conceptions of the Supreme Being(s), the problem of evil, the problem of truth and religious language, the question of an afterlife, an inquiry into the nature of faith and religious experience, and the questions of religion and ethics.

**Signifies courses with limited enrollment.
From Operetta to Jukebox Musicals: The Evolution of American Musical Theater

Jno Hunt • Academic

IN-PERSON COURSE

In this course we will focus on and listen to excerpts of musical theater that illustrate how it has evolved from its origins to the present. We will begin our survey by reviewing the European roots of musical theater and then progress to the golden age of musicals by Kern, Gershwin, Berlin, and Cole Porter. We will focus especially on the extraordinary contributions of Rodgers and Hammerstein and conclude with more recent contributions by Sondheim, Lloyd Webber, and others.

1–2:30 p.m.

Advanced Conversational Spanish**
(continued from session 1)

Contemporary Middle Eastern Cinema

Lucy Fischer • Academic

In this course we will examine films by Israeli, Palestinian, Iranian, Egyptian and other Middle Eastern filmmakers with a focus on both film style and the social/political/historical context in which the works were made. Participants will view complete films before each class, which are available through numerous online streaming services.

Emotion and Music, Part II

Owen Cantor • Academic

This course meets for 4 weeks.

Music can elicit strong emotions from the listener. This course examines the characteristic reactions we all have imprinted on our memory from childhood to maturity: memories initiated by the miracle of auditory experience triggering happiness, sadness, nostalgia, and hilarity. Composers such as Mozart and Beethoven, as well as universal folk and pop songs, will be explored for their "up" and "down" effect on our personal life journeys. Part I is not required to take Part II.

History of Photography: The Landscape

Christine Lorenz • Academic

This class examines the genre of landscape photography as it has evolved from the earliest years of the medium to the 21st century. We'll look at how the earliest media of photography were used by Europeans and Americans to solidify their perspective on the world through the 19th century. The middle part of our class finds guideposts in Deborah Bright's landmark essay, "The Machine in the Garden Revisited: American Environmentalism and Photographic Ethics." We'll see how popular forms of image distribution and fine art photography played interlocking roles in influencing what views came to mind when people thought of "the environment." We'll close with a selection of contemporary photographers whose work addresses advanced technology and the climate crisis.

1:35–3:25 p.m.

Music that Still Goes Round and Around

Mike Plaskett • Enjoyment

IN-PERSON COURSE

Join Mike Plaskett of radio's “Rhythm Sweet & Hot” to survey some of the finest, most accomplished and most successful musical artists of the 1920s, 1930s, and 1940s. Course presentations feature vintage recordings, lots of photos, and backstage stories, plus Q&A and discussion. Several sessions will survey the immortal careers of singers such as Billie Holiday and Ella Fitzgerald and others. Another session features female singing "sister" groups. Make this your time to discover the complexities and the ravishing beauty of Glenn Miller's music, and the subsequent history and musical heroism of his Army Air Force Orchestra.

Why Are There So Many Organizational Failures, and Why Aren’t There More?

Carl Benson • Academic

IN-PERSON COURSE

In our society, which depends on complicated interconnected systems to provide us food, warmth, energy, and transportation, failures have and will occur. This course intends to examine the underlying causes for these "organizational failures" and explore the possible problems that may occur as the world transitions to renewable energy, which will create new complex systems with their own likelihood of failure.

This course will also explore the Law of Requisite Variety, examine the rates of failure for current existing systems, and describe how different types of organizations may be more prone to failure. Examples of system failures will be provided and discussed.

**Signifies courses with limited enrollment.
3–4:30 p.m.

Urban Planning: Lessons Learned from the East Liberty Pittsburgh Experience

Sabina Deitrick • Exploration

This course examines urban planning in the East Liberty neighborhood in Pittsburgh through the long lens of “renewing urban renewal” and the recent transformation of the neighborhood into a major employment center for a high technology workforce. Pittsburgh’s East Liberty neighborhood has been the focus of repeated economic revitalization efforts for decades. We will begin with federal urban renewal in the 1960s. We will continue as East Liberty became a majority Black neighborhood in the 1980s.

With aging housing, increased crime and economic distress, residents began neighborhood organizing and planning efforts for revitalization. Later, the city subsidized economic development projects in the 2000s that led to the attraction of new high-tech firms. What lessons come from a half century of planning experiments in East Liberty?

FRIDAY

9–9:50 a.m.

Dance and Be Fit

(continued from session 1)

10–11:30 a.m.

Intermediate French Exploration: Speaking in the Present Tense

(continued from session 1)

Mother, Daughter, Citizen: A Woman’s Life Cycle in Poetry**

Lois Rubin • Academic

Poet Maxine Kumin observes, “I think it’s extremely important that women write about their roles, bodies, children and relationships because this is unplowed land.” As a result of the women’s movement, women writers are now doing this. Among them are Maxine Kumin, Linda Pastan, and Alicia Ostriker, subjects of Rubin’s forthcoming book, “Writing the Life Cycle.” These women wrote accessible poems depicting each role. Poetry, with its condensed and figurative language, can get to the heart of situations in a way that other writing cannot. Each session will focus on one role—daughter, wife, mother, elder, and citizen—as represented in the poems of the three poets.

Six poems will be distributed by email in advance of class. After a lecture providing historical/biographical context, we will discuss how these poems illuminate aspects of women’s lives.

Renaissance and Enlightenment Science

Adam Davis • Academic

This course will examine the development of Western science and medicine in the period following the collapse of the Roman Empire, leading up to the Renaissance in Europe. We will examine the transmission of classical scientific and medical knowledge from Europe to the Middle East and back, the growth of the modern university system in the Middle Ages and its connection to the expansion of scientific knowledge, the reasons for the so-called Scientific Revolution in Renaissance Europe, and the changes in society as the Western world gradually shifted to a paradigm dominated by empirical knowledge rather than spiritual authority.

The Year Was 1912

John Burt • Academic

During the year 1912, Americans were killed on the Titanic and by other natural and man-made disasters, workers prevailed in strikes such as The Bread and Roses strike, minorities dealt with new and old problems, women made advances in civil rights, and the U.S. had one of the strangest elections in its history.
1–2:30 p.m.

Broadway Divas
Sam and Candy Caponegro • Enjoyment

What is a Broadway Diva? There are many attributes that define “Diva,” and we will discuss them all with clips of the multi-talented, larger-than-life divas of Broadway. Join us as we watch and dissect some of the performances of Al Jolson, Ethel Merman, Carol Channing, Zero Mostel, Patti Lupone, and many more. You’ll be, “ready for your close-up” at the end of the course.

Why Are They Banning These Books?
Pamela Berger • Exploration

Banning books isn’t new. Even books you considered classics such as George Orwell’s “1984” and Harper Lee’s “To Kill a Mockingbird” have been banned, but currently, books are being banned at a very high rate — 1,597 in 2021. Who is challenging books and why? What is the law behind book banning? Are banned books challenged as obscene? We will review relevant law, including laws proposed in several states that would remove books from public and school libraries. We will read excerpts from such classics as “1984” and Mark Twain’s “The Adventures of Huckleberry Finn” as well as “Maus,” the graphic novel published in 1991. We will read “The Bluest Eye” by Toni Morrison and then consider recently published books banned in the last five years. What has changed? Many of these books address themes of the LGBTQ community, such as “George.” Do we agree?

SATURDAY

10–11 a.m.

Zumba Gold®
Lisa Sobek • Enjoyment

The Zumba Gold® fitness program is designed to meet the anatomical, physiological, and psychological needs of adults age 50 and better. Like the traditional Latin inspired Zumba workout, the Zumba Gold® workout incorporates many of the dance and fitness routines set to Latin and international rhythms but is performed at a lower intensity. Participants have a good time while increasing their physical fitness.
Lectures and Special Events

Registration is required for all events and lectures. Any events open to guests will be marked as such. All guests must be registered. Some events require a fee paid at the time of registration.

Please note: Format TBA means that we are not sure if the talk will be conducted in person or over Zoom. It will depend on the situation and which format will maximize the talk.

The Politics of Pause: Understanding Police, Transit, and Garbage Strikes, and Government Shutdowns as States of Nature

Speaker: Andrew Lotz, PhD

Friday, October 7, 2022
10–11:00 a.m. • Online (Zoom)

Civil worker strikes are relatively rare things in the United States, though we’ve experienced nine different government shutdowns since 1980 (when we started describing incidences of lapsed funding — per the 1884 Antideficiency Act — as “shutdowns”). However, moments when essential workers providing public goods cease to do so are fascinating to consider in the broader context of political thought. When police, transit workers, or garbage collectors strike, or when funds don’t get provided to do other services, the very core of the Enlightenment ideas that backgrounded the United States experiment are tested and strained. This lecture will discuss some prominent examples in the U.S. and elsewhere, and think about how the nature of cessation and pause of services can (and ought to) affect our understandings of the entire system of government.

Andrew Lotz, PhD, serves as an Assistant Dean in the Kenneth P. Dietrich School of Arts and Sciences, as well as a lecturer and advisor in the Department of Political Science at the University of Pittsburgh.

So this is Christmas?

Speaker: Alan Irvine

Thursday, December 1, 2022
10–11:30 a.m. • Online (Zoom)

Start off the holiday season by exploring the origins of our modern celebrations. We will examine both the religious history and traditions along with the secular history and traditions — and see that the two sides of Christmas have always existed in uneasy tension. We will explore many questions regarding the season such as: Why is Christmas in December? What is Yule? When are the 12 days of Christmas? Who was the Lord of Mis-rule? Where do Christmas trees, Christmas cards, and Christmas presents all come from? Come with questions about your favorite holiday traditions as we discover just what is Christmas, anyway.

Alan Irvine, PhD, is a professional storyteller with a life-long fascination with the Arthurian tales. His CD, “The Red Dragon: Tales of King Arthur,” won a Storytelling World Honors award. He has a doctorate degree in sociology and teaches many courses at area universities.

The Impact of Fort Ligonier on History

Speaker: Matt Gault

Wednesday, October 12, 2022
10–11:50 a.m. • Online (Zoom)

When we are in grade school, we often hear about George Washington and how the French and Indian War began in the backwoods of Pennsylvania and little else. What we don’t hear is how what happened in Pennsylvania exploded around the rest of the globe, leading to a world war. Fort Ligonier played a crucial role in the taking of Fort Duquesne, and events here sent shockwaves throughout the colonies and around the world.

Matt Gault, the Director of Education at Fort Ligonier, has been developing programming for the last eight years. With the help of a great staff, the team at Fort Ligonier has been able to tell the story of those who were at Fort Ligonier and their impact on our history.

Bird Basics and Beyond

Speaker: José Juves

Mondays, December 5 and December 12
(Mini-session meets two days)
10–11:30 a.m. • Online (Zoom)

This is a two-part lecture series. From their role in ancient myths and folklore to fascinating us with the marvel of flying, birds have long inspired human imagination and curiosity. This seminar illuminates the origin, evolution, and physiology of the class Aves, which consists of about 10,000 species. Do they sleep while flying during migrations? Are they really descendants of dinosaurs? Why the hollow bones? What gives feathers their color? Are they intelligent? What is the magic of flying? If you enjoy spotting wildlife on your walks in the woods, this seminar is sure to impart wisdom — and wonder — to your birdwatching.

José Juves is back at OLLI, albeit remotely. His interests remain history and science. José has continued his teaching experiences as a lecturer at the Renaissance Academy in Naples, Florida. He is also a docent at the Six Miles Cypress Slough Preserve in Ft. Myers.
The Glory of Heinz Memorial Chapel's Stained Glass

Speaker: Frank Kurtik

Wednesday, December 7, 2022
10-11:15 a.m. • Virtual Tour on Zoom

Many people have been inside Heinz Memorial Chapel as students, concert attendees, or wedding guests and have appreciated the beautiful stained glass windows in the walls of the building. However, most people have not taken the time to study the details depicted. Once one begins to closely examine the windows, all designed and made in the Boston studio of Charles Connick, innumerable details reveal layers upon layers of meaning. In addition to all the decorative touches, there are hundreds of figures from history incorporated into the windows: sacred, secular, and even mythological. This virtual presentation will begin with an overview of the Chapel's history but go on to show images of the most notable windows, even down to some of the most minute details.

Frank Kurtik is a long-time researcher, writer and lecturer on Western Pennsylvania history. Frank currently works for the University of Pittsburgh on the staff of Heinz Memorial Chapel. There, he is in his sixth year as a docent and an event coordinator.

LOCAL TOURS

Tour of Allegheny Observatory

Saturday, October 15, 2022
7–9:15 p.m. • Members Only
Free

The Allegheny Observatory is probably on your list of “I have to go there sometime” places in the Pittsburgh area, and now is your chance to cross it off your list. First we will view the documentary, “Undaunted: The Forgotten Giants of the Allegheny Observatory,” and then we will tour the facility, see the telescopes, and hear its history.

The Allegheny Observatory, owned by the University of Pittsburgh, is one of the major astronomical research institutions of the world. Although pioneering in pure research is the chief function of the observatory, its telescopes and instrumental equipment are available for use by Pitt students. Observatory astronomers teach both credit courses at Pitt and public lectures.

Note: The Allegheny Observatory is located at 159 River Avenue, Pittsburgh, PA 15214. Transportation is on your own. THE OBSERVATORY IS NOT ACCESSIBLE. THE TOUR INCLUDES NARROW CATWALK-LIKE STAIRS. Also, there is no heat in the upper floors.
General OLLI Information/Policies

How to Drop a Course or Event
Please notify the OLLI office if you are unable to attend a course/class so that we can maintain accurate information on our programming and course evaluation efforts. Email us at osher@pitt.edu prior to the beginning of a class or at any time for courses that have multiple weeks. Let us know if you would like to enroll in an alternate course. Event refunds depend on each event and they are marked if the fees are refundable or not, and if they are, by what date.

Postponed, Canceled or Full Courses
Occasionally, courses are postponed or canceled, typically due to reasons beyond our control, such as emergencies or illness of instructors, etc. If a class is postponed, you will be notified by email and informed of the rescheduled date when it is available. If a course is canceled, you will receive email notice as soon as possible.

Course enrollment size varies for several reasons including size of physical classroom space or the nature of the course material (regardless of format). For these reasons, not all courses can be open to anyone who wishes to attend, including online courses. If a course or event is full, you, most often, will be given the opportunity to be added to the waiting list in case there are cancellations. People are added to the course or event from the waiting list in the order received.

Double-booking Courses in a Time Period
During registration, be sure to select only one course during a given time frame. If you double-book your courses by accident, we will contact you by email and ask you to select the one you want to keep, and we will remove you from the other. If you do not reply in the time frame given in the email, we will remove you from both courses. While OLLI member benefits are quite generous, double-booking courses in the same time period is not a member benefit.

Refunds
Each catalog will indicate the date by which a membership may be refunded. There are no exceptions. Events or tours that require a fee will indicate if the fee is refundable, and if so, by what date you must request a refund.

Email Notifications
Make sure we have your correct email address. The OLLI office sends emails to notify members of zoom invites and course changes, course cancellations, and upcoming events, as well as for our email newsletter. Instructors may also want to contact students regarding class information. Your information is always confidential.

Course Evaluations
During the last week of your courses, you will receive an email with a link to your course evaluations. Please try to respond and share information about your experience in the course. This information is very helpful to us and helps guide future programming. If you have an issue with your course evaluation, please contact us at osher@pitt.edu. Do not contact the University Office of Measurement and Evaluation of Teaching (OMET).

Code of Conduct
In all courses, lectures, and events and in all formats, OLLI members are expected to follow the OLLI Code of Conduct. While our rules of conduct may seem common sense to most members, with a growing program it is important that everyone understands the expectations. OLLI members are expected to respect the learning environment, instructors, staff, and other members and embrace the concept of a civil community as well as follow all OLLI and University rules. Please visit Member Resources on the OLLI website to read the OLLI Code of Conduct.
How to Audit Undergraduate Courses

FALL 2022 TERM — Osher members may audit up to two preapproved undergraduate courses (any additional are charged at $25 each).

One membership benefit of OLLI at Pitt is the ability to audit preapproved undergraduate courses. To “audit” a course means that the student does not receive a grade nor credits and generally does not participate in exams or homework. Each term, OLLI arranges for hundreds of undergraduate Pitt courses to be preapproved for members to audit. Auditors are guests in the course for which they register, and participation can be limited or restricted by the professor or the department. Members may audit two courses per term as a benefit of membership. Additional courses audited are charged $25 per course.

Audit Course Registration Procedures

To view upcoming classes and full course descriptions online, go to registrar.pitt.edu and follow link to Class Search.

Register to Audit Preapproved Courses

A complete list of preapproved audit courses will be located on our website. No member may attend and/or audit a course for which they are not registered.

Online Registration Process for Preapproved Audit Courses

1. SIGN in with your username/password at: www.campusce.net/olli.pitt (if you do not do this, you will not be able to add courses to your shopping cart).
2. If you need to pay your membership, from home page, click on “Select/Renew Membership” and add a membership to your cart.
3. From home page, click on “Audit Courses.”
4. Click the department to see its list of preapproved courses.
5. Select your course of interest, and if desired, click on “Add to Cart.”
6. If you wish to add more audit courses, continue exploring and adding to your shopping cart.
7. When finished, go to your shopping cart, click on “Check out” button, and proceed through all screens to payment processing.

Registering to Audit Non-Preapproved Courses

Auditing is ONLY allowed when there is space available in “lecture type” undergraduate classes. “Lecture type” classes are those in which students can observe the delivered lecture of material by the professor. Auditing is NOT permitted in the following areas: computer science, film production, physical education, studio arts, laboratory courses, creative writing courses, honors college courses, or performance courses. Auditing also is NOT permitted in law or medical school classes, graduate courses, web-based courses, or hybrid online courses.

A member should contact the instructor of the course they wish to audit and request permission to audit the course as an Osher member. If the request is approved, forward that email to osher@pitt.edu. The email must include the following information so that we can register you for the correct course:

- Course title
- Course number (5 digits)
- Catalog number (4 digits)
- Instructor name and email address

It is your responsibility to locate this information. This information can be found on Pitt’s registrar course listing. Go to registrar.pitt.edu and follow link to Class Search.

REQUESTS THAT DO NOT INCLUDE THE ABOVE FOUR ELEMENTS REQUIRED WILL NOT BE PROCESSED.

Please be aware: Pitt is continually adjusting courses, events, and plans due to changing conditions on campus, so there may be many changes since the original course listing was made, and in the future. The most accurate and updated information will always be found on the class listing for Pitt, so double-check that they are still being held on Pitt's registrar course listing search.

Go to registrar.pitt.edu and follow link to Class Search.

Conduct Expectations for Course Auditors

1. Never attend a course or a class for which you are not officially registered.
2. Introduce yourself as an OLLI student to the instructor. Seek permission from them if you wish to verbally participate in the course, do written assignments, or exams. You must respect their response and act accordingly.
3. Arrive on time to class and stay for the entire class.
4. If the instructor permits your verbal participation, do not monopolize discussion.
5. If issues arise, notify the OLLI office immediately.
6. Pay attention to dates and deadlines pertaining to undergraduate courses and the University academic calendar.
7. Formally drop the course by contacting us at osher@pitt.edu if you find out it is no longer of interest.

NOTE: Auditing is a privilege, not a right. OLLI reserves the right to remove any member from an audit course for any reason. For more information on auditing a course, go to the member area of the OLLI website at: olli.pitt.edu
Instructor Biographies (Listed alphabetically by last name)

**Paul Adams**, PhD, is associate professor of political science at the University of Pittsburgh at Greensburg and specializes in European politics and international affairs. He earned a PhD in political science from the University of Massachusetts-Amherst and has taught German government and politics courses for several years. His focus is dominantly on elections and political parties in Germany from a comparative perspective.

**David Albert** has been a student of the Civil War for 50 years. He co-taught the Civil War elective at the U.S. Air Force Air Command and Staff College and was a Civil War docent for 12 years at the Alabama Department of Archives and History.

**Ralph Bangs**, PhD, MPA, is the retired associate director of the Center on Race and Social Problems at the University of Pittsburgh. His most recent book is "Race and Social Problems: Restructuring Inequality." He has received racial justice and leadership awards and has taught courses on race for several decades.

**Carl Benson** retired in 2015 as an engineer with 40 years of experience in the naval nuclear field. He had developed knowledge and skill in training in the area of organizational behavior, and the area of training engineers to anticipate potential failure in their work. The issues of organizational structure, operation, and, most importantly, failure are continuing interests to him. He also has a strong interest in the medical field, where he now practices as a standardized patient.

**Pamela Berger** earned a doctorate in American literature and taught college English for many years before going to law school at Georgetown. The topic of banned books unites her two interests. She has enjoyed classes, book clubs, and even wine tasting on Zoom, but is happy with her dogs in person.

**Elaine Bergstrom** has a BA from the University of Illinois in design, a certification in art education from Carlow University, and a botanical illustration certification from the Morton Arboretum in Illinois. She specializes in oriental, watercolor, acrylic, pen/ink, drawing, colored pencils and pastels.

**Jack Bishop** holds a PhD in ethnomusicology from UCLA. His specialty is the music of Brazil. He has spent many years living and researching music in Brazil and has published several articles on the topic. Due to the depth of his understanding, Dr. Bishop is considered among the top "Brazilianists" in the United States. He also is an accomplished guitarist and performs popular Brazilian music, bossa nova, and jazz.

**Sondra Brower** worked in the Medicare space for 15 years, until her retirement in August 2021. Most recently, she was a senior manager in the Medicare compliance area where she managed Medicare agent/broker oversight, which included ensuring agents/brokers were properly trained, licensed, and appointed to sell Medicare products to seniors.

**David Brumble**, PhD, is a professor emeritus of English at the University of Pittsburgh and recipient of both of Pitt's most prestigious teaching prizes. Two of his five books are on Medieval and Renaissance art and literature, and he has published articles on the Bible.

**Elizabeth Burnette** attended Cornell University for a BS in engineering physics, and then worked at NASA's Jet Propulsion Laboratory with space shuttle experiments. She taught at a community college, raised three children, and taught science at a Montessori school. In December 2019, she received a master's degree in astrophysics from the University of Pittsburgh.

**Barbara Burstin**, PhD, is on the history faculty of both the University of Pittsburgh and Carnegie Mellon University and is the author of several books including "Steel City Jews," Volumes I and II, and a biography of Sophie Masloff. With degrees from Vassar College, Columbia University, and the University of Pittsburgh, she has been teaching for over 25 years, including a course on the history of Pittsburgh.

**John Burt** is a retired history teacher and lawyer. He served as a featured speaker in “Safe Harbor,” a public television award-winning documentary on the Underground Railroad in Western Pennsylvania. Since 1986, he has lectured on the history of American reform movements, especially the abolitionist movement and conducted tours connected with Underground Railroad activities.

*Designated instructors who have previously taught for OLLI
Kathy Callahan* retired from management consulting for Fortune 200 companies, specializing in executive and leadership development and performance improvement. An experienced facilitator and trainer, she is inspired to share the TED Talks discussion group experience with OLLI members.

Owen Cantor*, DMD, was founder and music director of the Summerfest Chamber Music Festival, which presented 14 summers of great chamber works in Fox Chapel. For 10 summers he was a participant and trustee at the Chamber Music and Composers' Forum at Bennington, Vermont. He has served as a board member and advisor to many Pittsburgh musical organizations.

Sam and Candy Caponegro* have worked in all aspects of theater for over 30 years. Their goal is to keep the classic movie musicals and the golden age of Broadway alive through their lectures.

Eileen Chasens, PhD, has been a nurse for over 40 years. She obtained her PhD in nursing at the University of Alabama at Birmingham and did postdoctoral training at University of Pennsylvania. She had a productive career in sleep research and is now professor emerita at the University of Pittsburgh in the School of Nursing.

Jill Clary* has been practicing yoga since 2003, has completed a 200-hour yoga teacher training program, and is registered with Yoga Alliance. Her classes are a blend of different yoga styles but all focus on a slow flow with longer holds.

Nicholas Coles*, PhD, is an associate professor emeritus of English at the University of Pittsburgh where for 40 years he taught working-class culture, environmental literature, composition, and detective fiction. Editor of four books on American working-class writing, Coles is an activist, a gardener, and a member the Pittsburgh-based acoustic band Smokestack Lightning.

Sandra Collins*, PhD, focuses on women in the Old Testament at the University of Pittsburgh. She has also taught for Carnegie Mellon University, Duquesne University, and currently the Byzantine Catholic Seminary, as well as online for the Graduate Theological Union in Berkeley, California.

David Crippen,* MD, FCCM, is professor emeritus of the University of Pittsburgh Medical Center, Departments of Critical Care Medicine, Emergency Medicine, and Neurologic Surgery. He has extensive lecturing experience on a wide variety of mostly medical subjects for multinational meetings, and he has played guitar in an active rock band for the past 11 years.

Adam Davis* MA, is an associate professor of biology at the Community College of Allegheny County and teaches the History of Science at Duquesne University. He received his BS in archaeology, biological anthropology, and forensic anthropology from Mercyhurst University and his MA in paleoanthropology from the University of Pittsburgh. He has been teaching since 2005.

Jared Day*, PhD, taught American history at Carnegie Mellon University in Pittsburgh for 16 years. His areas of specialization are U.S. political, urban, and cultural history, as well as world history from the late eighteenth century to the present. He is the author of several books along with numerous other popular and peer-reviewed articles.

Sabina Deitrick, PhD, is associate professor at the Graduate School of Public and International Affairs and co-director of the Urban and Regional Analysis Program at the University Center for Social and Urban Research at the University of Pittsburgh. Her research focuses on issues of transition and transformation in postindustrial cities and their neighborhoods.

Rebecca Denova*, PhD, is senior lecturer emeritus in the early history of Christianity at the University of Pittsburgh and regularly teaches courses on the history of early Christianity, ancient religions in the Mediterranean world, and various topics related to ancient popular religion and society.

Judy Dodd* is a registered dietitian and retired assistant professor in dietetics and nutrition at the University of Pittsburgh. Along with teaching for OLLI, she has a nutrition education and communication background in speaking, writing, and television, not only as the former Giant Eagle Nutrition spokesperson, but also in community outreach.
Marilyn Egan*, PhD, is the Director of Education at the Pittsburgh Opera. She enjoys opening new doors to opera for students of all ages. Staff members and opera artists who will share their specific areas of expertise about opera will join her.

Anne Faigen* has an MA in literature and is a professional writer who has published three historical novels for young people and two mysteries for general readers. She taught at the Community College of Allegheny County and at the high school level. She also is a book reviewer, editor, and contributor to print and online publications.

Lucy Fischer*, PhD, is a distinguished professor emerita of English and Film Studies at the University of Pittsburgh, where she received the Provost's Excellence in Mentorship Award and the Chancellor's Distinguished Research Award. She is the author of many books on film and received fellowships from the National Endowment for the Arts and for the Humanities.

Richard Fitzgibbon* is a former teacher with 35 years of experience in the Riverview School District and was technical coordinator for the district for 10 years before he retired. Since retirement, he is a frequent volunteer at Computer Reach where he assists in refurbishing and recycling computers.

Roland Ford* is a certified personal fitness trainer, group exercise instructor, certified dance instructor, choreographer, and marathon runner. He has developed a dance and fitness curricula for schools, churches, senior groups, community centers, corporations, and special needs populations. Award-winning Ford teaches dance and fitness courses and presentations throughout the Pittsburgh region.

María Ángeles Franco de Gómez*, MA, retired from Penn State–New Kensington where she served as a Spanish instructor and Spanish coordinator. Her career as a faculty member includes a substantial record of academic service, solid scholarly activity, and very strong evidence of outstanding teaching.

Edward Friedman, PhD, taught Spanish literature and comparative literature for over 40 years, including 20+ years at Vanderbilt University, before his retirement in 2020. He has written on early modern and contemporary topics, and he has published two books on the works of Cervantes. He earned his PhD from John Hopkins University.

Rabbi James Gibson is rabbi emeritus of Temple Sinai in Squirrel Hill. He holds the Rabbi Jason Z. Edelstein Endowed Lectureship at Saint Vincent College where he teaches Catholic-Jewish Dialogue. He is a commissioner on the City of Pittsburgh Human Relations Commission.

Peter Gilmore*, PhD, received his doctorate in history from Carnegie Mellon University in 2009. He is an adjunct history lecturer at Pittsburgh universities and has taught several courses for OLLI at the University of Pittsburgh. He is the author of “Irish Presbyterians and the Shaping of Western Pennsylvania, 1770–1830,” published in 2018 by the University of Pittsburgh Press.

Joseph Givvin*, PhD, holds his doctorate in philosophy from St. John's University, New York, and has been teaching for over 37 years. He greatly enjoys the opportunity to teach for Osher and engage with curious minds in thoughtful conversation about the great questions of ethics and human life.

Dolores Gonthier*, MD, an internal medicine physician, contributes medical content to a company that develops physician board certification preparation materials and has previously consulted with local and regional groups to address healthcare system challenges. Dr. Gonthier practiced medicine in solo and group practice settings and later served as a medical director at a health insurance company. She completed medical school and residency in internal medicine at the University of Pittsburgh.

Norma Greco, PhD, has taught literature and writing at the University of Pittsburgh and at The Ellis School, where she also served as academic dean and dean of faculty. In addition, she has published academic articles on topics in literature and writing. She earned her PhD in English literature from the University of Pittsburgh.

*Designated instructors who have previously taught for OLLI
Jon Grogan*, PhD, earned an MA in history from the University of San Diego and PhD in history from Loyola University. He served 21 years in the U.S. Marine Corps, retiring at the rank of major. He has taught at Robert Morris University in addition to working for several museums and historical associations.

Carol Sikov Gross*, Esq., is a partner in the Pittsburgh law firm Sikov and Love, P.A. She is a certified elder law attorney and was the founding chair of the Elder Law Committee of the Allegheny County Bar Association. She is a member of the National Academy of Elder Law Attorneys (NAELA), the Pennsylvania Association of Elder Law Attorneys (PAELA), and the American College of Trust and Estate Counsel (ACTEC). Carol writes for the “Pittsburgh Legal Journal” and speaks for the Pennsylvania Bar Institute.

Joan Gundersen* is a professor emerita of history at California State University San Marcos. Author of seven history books, and numerous scholarly articles, she taught women's history for more than 30 years at a variety of institutions. She has been a visiting scholar at the University of Pittsburgh. She recently retired as the archivist for the Episcopal Diocese of Pittsburgh.

Chuck Hier*, PhD, studied Soviet history at the University of Houston, Boston College, and the University of Pittsburgh, receiving his PhD from the latter in 2004. He has taught history courses at a number of universities in and around Pittsburgh for more than 20 years.

Marilyn Holt*, MLS, was Library Services Manager of the Pennsylvania Department of the Carnegie Library of Pittsburgh and has served on the board of directors of the Western Pennsylvania Genealogical Society. She has assisted genealogical patrons and presented numerous programs and courses on genealogy for over 35 years.

Julia Hudson-Richards*, PhD, earned her doctorate in modern European history from the University of Arizona in 2008, where she researched the emergence of the Spanish citrus industry. Her expertise is in the histories of food, the environment, and gender.

Jno Hunt*, PhD, studied musicology at the University of Michigan. He also has a Bachelor of Music degree in performance on the clarinet from the University of North Texas. He was a professor at St. Olaf College and at Carnegie Mellon University, and most recently, he retired as an adjunct professor of music history at Chatham University.

Alan Irvine*, PhD, is a professional storyteller with a life-long fascination with the Arthurian tales. His CD, “The Red Dragon: Tales of King Arthur,” won a Storytelling World Honors award. He has a doctorate degree in sociology and teaches many courses at area universities.

Orin James*, MS, is an assistant professor of biology in the Division of Health and Biological Sciences at the University of Pittsburgh at Bradford, where he has taught for the past seven years. In addition to biology, he teaches hybrid courses that include discussions of social philosophy, determinism, colonialism, race, sex, and gender to individuals of all ages.

Clifford Johnson*, PhD, received his doctorate in English and American literature from the University of Virginia. His major publication deals with the 18th-century English novel, and he taught at the University of Pittsburgh; the University of Kassel, Germany; and Concord University in West Virginia. He retired after over 25 years as a certified financial planner.

Robert Joyce* has over 30 years of experience teaching higher education at Augustana University and the University of South Dakota. He has a BA and MA from Augustana University in music and education.

Robert Jucha*, PhD, has a doctorate in American studies from George Washington University where he completed a dissertation on the history of Shadyside. He has led and developed various walking tours for Pittsburgh History and Landmarks Foundation where he has been a docent for more than 12 years.

José Juves* is back at OLLI, albeit remotely. His interests remain history and science. José has continued his teaching experiences as a lecturer at the Renaissance Academy in Naples, Florida. He is also a docent at the Six Miles Cypress Slough Preserve in Fort Myers.

Bridget Keown*, PhD, is a lecturer in the Gender, Sexuality, and Women’s Studies Program at the University of Pittsburgh, where she leads the program’s Gender and Science initiative. She received her PhD in history from Northeastern University. Her research focuses on women’s experiences of trauma during the First World War.

*Designated instructors who have previously taught for OLLI
Susan Gillis Kruman* has taught yoga at the University of Pittsburgh for over 20 years and was the first to introduce yoga as a credit class at Pitt. She has her 200- and 300-hour Yoga Alliance certifications and a Kudalini pre-natal yoga certification with over 1,000 hours of in-class instruction. She recently retired from Pitt after 43 years as a dance and yoga instructor in the School of Education.

Aaron Leaman* is a Chartered Financial Analyst (CFA®) and Chief Investment Officer of Signature Financial Planning, where he manages over $400 million in assets for institutions, municipalities, and high-net worth investors from around the world. He has made numerous media appearances to discuss markets and investing.

Aaron Leonard is a writer and historian with a particular focus on the history of radicalism and state suppression. He is the author of “Heavy Radicals: The FBI’s Secret War on America’s Maoists” and “A Threat of the First Magnitude: FBI Counterintelligence & Infiltration.” His most current book, “The Folk Singers & the Bureau,” was published in September 2020. He has a BA in social sciences and history magna cum laude from New York University. He lives in Los Angeles.

Stephen Lindberg* has been teaching since 1978 and has been an adjunct professor in Geology in the Department of Energy and Earth Resources at the University of Pittsburgh–Johnstown since 1997. He teaches the courses Principles of Astronomy, Prehistoric Life, Earthquakes and Volcanoes, Meteorology, and Geologic Field Methods.

Mildred López* has an MA in Spanish language and culture and is a native Spanish speaker from Peru. She has taught Spanish at the novice to advanced levels since 2005 in different Pittsburgh universities. She has experience developing online (synchronous and asynchronous) and in-person Spanish language curricula. She is a passionate teacher, committed to creating opportunities for students to enjoy learning and living the Spanish language.

Christine Lorenz* has taught history of art and photography courses at Pittsburgh universities since 2002. She earned her MFA from the University of California, Santa Barbara, and a dual BA in English and photography from Ohio State University. She is a practicing artist using macro photography to investigate our place in the changing world.

Daniel McIntosh, PhD, is professor emeritus of international relations, Slippery Rock University. He received his PhD in international studies from the University of Denver and taught at various universities. He served as an intelligence analyst in service to the U.S. government and as a political analyst on television and radio. He has published research on Soviet and Russian politics, American foreign policy, and aspects of political and economic affairs.

Scott McMillan*, PhD, received his doctorate in political science from the University of Toronto. He completed a master’s degree in international relations (in Chinese) at the prestigious Renmin University of China in Beijing. He teaches on Chinese politics and policies and is a frequent commentator on Chinese politics and economy for CTV News Channel, a cable news channel in Canada.

Louise Mayo*, PhD, is a professor emerita at the County College of Morris, New Jersey, with over 30 years of college teaching experience in American history and American government. She is the author of “James K. Polk: The Dark Horse President,” among other books.

Laurie McMillan* has been writing and teaching all genres for years and is finishing an MFA in fiction. She was the co-founder of the Pittsburgh Writers Studio and Pittsburgh Memoir Project. She leads therapeutic writing circles.

Abby Mendelson*, PhD, has been a writer, editor, and educator for nearly 50 years. He published both fiction and nonfiction works on a variety of topics, and he taught writing and literature at universities and colleges throughout the Pittsburgh area.
Deb Mortillaro* graduated with honors from the Culinary Institute of America. She was a private chef for 15 years and has advanced level qualifications for professionals working in the wine industry from the Wine and Spirit Education Trust (WSET Level 3). She is an Advanced Sake Sommelier and WSET Level 3 wine certified instructor, and co-owner of Dreadnought Wines and Palate Partners.

Erin O’Neill* is currently the client manager of the Art on the Walls at the Greater Pittsburgh Arts Council and director of outreach for the MoonArk at Carnegie Mellon University, a moon bound, mini museum. He has been immersed in the local and national arts community for 26 years as an independent curator, artist, juror, educator, conservation technician, fine art preparator, registrar, arts administrator, and entrepreneur.

Marcie Persyn*, PhD, completed her doctorate at the University of Pennsylvania and is assistant instructor in the Department of Classics at the University of Pittsburgh. There, she endeavors to teach classics to all, but ancient mythology is one of her favorite courses to teach. The impact of mythology shapes our lives every day as these stories continue to withstand the test of time.

Mike Plaskett* returns to OLLI after a long absence. He enjoyed a long career in television and radio, especially 20 years as a fundraiser for the erstwhile Duquesne University radio station, WDUQ. His “Rhythm Sweet & Hot” program commenced on WDUQ in 1980 and continues to the present at the same dial position, 90.5 FM, WESA. The show offers a wide variety of popular and jazz recordings from the 1920s, 1930s, and 1940s, presented with context and banter by Mike and co-host Dale Abraham.

Bruce Rabin*, MD, began his study of immunology in 1958. In his professional career, he served as a tenured professor at the University of Pittsburgh's School of Medicine and as medical director of the Division of Clinical Immunopathology and the Healthy Lifestyle Program for the University of Pittsburgh Medical Center until his retirement in 2017. He has an MD and a PhD in immunology. For many years, he was responsible for teaching immunology to University of Pittsburgh medical school students and undergraduates.

Sarah Rosensen* has a law degree from the University of Pennsylvania and a master's degree in Jewish studies from the Spertus Institute. She practiced law for a decade; taught ethics, philosophy, and religious courses at a private high school; and currently teaches adult education courses for OLLIs, retirement communities, and various online venues.

Ann Rosenthal* has more than 30 years of experience as an artist, educator, and writer. Her work has been shown locally at the Andy Warhol Museum, the Mattress Factory, and SPACE, and has been featured in exhibitions across the United States and internationally.

Lois Rubin*, DA, received her degree from Carnegie Mellon University. As professor of English at Penn State New Kensington for 31 years, she taught multi-cultural literature and woman writers. She has published articles as well as an edited collection on Jewish-American women writers.

Stephen Russell* is an educator: from teacher to principal to superintendent of schools. He is a historian of politics, Hollywood, and sports culture and a consultant to ESPN Sports Century, Turner Classic Movies, Peter Jones Productions, and Hofstra University's presidential conferences.

Matthew Schlueb* is a licensed architect, practicing architecture for over two decades. His designs received awards locally and nationally by juried competitions, receiving praise internationally in both print publication and television media.

Sue Schneider* is an experienced calligrapher and artist, exhibiting and teaching in Western Pennsylvania for many years. Her life-long love of letters has led her to create handmade artist books, innovative greeting cards, and expressive artworks.

Cathleen Sendek-Sapp*, MFA, has her master's degree in French language and literature. She has taught French at the University of Pittsburgh as a teaching fellow and part-time instructor, as well as for noncredit lifelong learning.

David Shifren*, MFA, has his master’s degree in fiction writing and taught most recently in the graduate writing program at Seton Hill University. He is a former film screener for CBS/Fox Video, and a reviewer for “The Film Journal,” recipient of a Pennsylvania State Council on the Arts grant in screenwriting.
Lisa Sobek* has been teaching Zumba for more than 10 years and is certified in not only Zumba Gold® but also in Aqua Zumba and Zumba Basics. Not only does she teach Zumba, but she has another professional career as a geriatric care manager and has been in the field of geriatrics for more than 30 years.

Melissa Sokulski* is a licensed acupuncturist as well as an herbalist, forager, and wild food educator. She studied acupuncture and herbal medicine at the New England School of Acupuncture, graduating in 1996 with a master’s degree. She is the founder of Food Under Foot, teaching about using wild plants and mushrooms as food and medicine.

Alan Stanford* is artistic and executive director of PICT Classic Theatre and has a 50-year career as a director and actor. A leading expert in the works of Shakespeare, Wilde, Dickens, and Beckett, he has adapted several works for the stage.

Jeffrey Swoger* is a retired graphic designer with a lifelong interest in the arts — specifically design, music, architecture, and film. Much of his life was spent in Chicago where he was involved with the Chicago Architecture Foundation, designing their logo and printed materials.

David Walton*, MFA, is retired from the University of Pittsburgh Dietrich School of Arts and Sciences, Department of English, where he taught a variety of literature and writing courses over the last 20 years. He is a regular book reviewer for several national newspapers, a recipient of a National Endowment for the Arts fellowship in literature, and the author of two collections of short stories and a novel.

Shawn Willett, PhD, received his undergraduate degrees from the University of Texas at Dallas and his PhD in neurobiology at Duke University, where he pursued his interest in how the nervous system constructs perceptual experience. He is extremely interested in teaching and has helped instruct courses at the University of Texas at Dallas, Duke University, and the University of Pittsburgh.

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