Spring 2021 Term
Osher Lifelong Learning Institute
University of Pittsburgh

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DATES AND DEADLINES

January 7  OLLI Mini-courses begin
January 18  University Closed (Martin Luther King birthday observance)
January 25  OLLI Session 1 begins
February 5  Add/Drop period for University courses ends
February 26  OLLI Session 1 ends
March 1-12  OLLI Break (No OLLI courses meet)
March 15  OLLI Session 2 begins
April 16  OLLI Session 2 ends

About OLLI
The Osher Lifelong Learning Institute (OLLI) is a program in the College of General Studies at the University of Pittsburgh. Established in 2005, it is supported by the Bernard Osher Foundation and is one of 123 OLLIs located on college campuses throughout the United States. The National Resource Center for Osher Lifelong Learning Institutes, located at the Northwestern University, provides technical assistance to the OLLI programs across the country.

Mission/Purpose
The Osher Lifelong Learning Institute aspires to create a dedicated intellectual environment for older adult students, nurturing a lifelong passion for learning. The Osher Lifelong Learning Institute fosters lifelong learning through courses and programs that engage the learner, provide social interaction, and enrich lives. OLLI’s faculty, which includes University of Pittsburgh professors and retired faculty, challenge participants to understand the cultural forces of today, to interact socially and intellectually with one another, and to live empowered lives.
WELCOME

to OLLI at Pitt!

If you are age 50 or better and have a curious mind, join us!

The Osher Lifelong Learning Institute (OLLI) at the University of Pittsburgh offers learning opportunities designed specifically for older adult learners. Reasonable membership fees and generous financial assistance make OLLI membership possible for anyone who would like to join us. Upon becoming a member, you have immediate access to courses, special classes, lectures, and events.

Currently, OLLI courses meet on Zoom, offering members the safety and comfort of learning from home. OLLI members enjoy interacting online with instructors and other members who share a love of learning. Our excellent teachers are from the University and also from the diverse and talent-filled Pittsburgh area.

OLLI at Pitt members want you to know that they are a welcoming and friendly group. No previous affiliation with the University of Pittsburgh and no college experience is needed to become a member. We look forward to seeing you soon!

It’s Time for YOU!
Membership and Registration
An active OLLI membership is required to register for courses

Choose your membership

**Annual Membership – $225**  
(Covers Spring, Summer, and Fall 2021 Terms)

**Term Membership – $125**  
(Covers Spring 2021 Term)

**2nd Installment Membership – $100**  
(for those who purchased a term membership in Fall 2020, this option adds two additional terms to your membership—Spring and Summer 2021.)

Space constraints and health safety practices on Pitt's campus due to COVID-19 mean that all Spring 2021 courses will take place online through the Zoom platform. After Friday, January 22, 2021, there will be no refunds issued for membership payments unless OLLI cancels the term.

Membership includes access to unlimited online OLLI courses, lectures, special events and groups. Membership includes up to two pre-approved undergraduate courses for auditing. More may be purchased at $25/each. (See page 27 for more information on auditing.). Courses will take place on the Zoom platform.

**Note:** All existing paid and up-to-date OLLI memberships will be able to register for all online courses as well.

How to Register

Due to current circumstances, members and interested individuals should register online at:  
https://www.campusce.net/ollipitt/

1. **SIGN IN using your username and password— OR— create an account if you do not already have one.** Click on the Sign In link in the upper right-hand side of the page. (After putting in your username and password, you will know you are signed in if “Welcome, <your first name>” appears after logging in at the upper left corner of the page under the OLLI logo.)

2. **Proceed to Home Page and the Renew/Become a Member area. ADD a membership to your cart if you are not currently a paid, active member.**

3. **Next, proceed to review courses of interest** (From Homepage click on OLLI Session #1, Session #2 or OLLI Courses by Topic or Audit courses. Locate a desired course and click on “ADD TO CART.” (Note: you can review courses by day of week and/or topic on the registration website.)

4. **If more courses are desired after you add a course to your shopping cart, click: “CONTINUE SHOPPING” to locate additional courses and add to your shopping cart.**

5. **After all courses have been selected, go to your shopping cart to complete the check-out process and pay for your membership, if necessary. Be sure to click through ALL Screens until completion of the process and the payment page, if necessary.**

NOTE: If you do not see an “Add to Cart” button under a course, there are three possible reasons. 1) Registration has not begun yet. 2) You are a paid, current member and have not signed in. (Check for “Welcome YourFirstName” in the top left-hand corner of the screen) 3) You are not a current member or your membership is expired and you have not added a membership selection to your cart FIRST, before adding a course.

Difficulties?

If there are any difficulties with registrations, please leave a message on our main phone line: 412-624-7308 or email us at osher@pitt.edu. Please know that our office is working remotely and will have to return your phone call.
Scholarships

Scholarships for the Osher Lifelong Learning Institute (OLLI) are based on financial need and are awarded to people age 50 and older who are interested in attending our program. The scholarships partially offset the cost of OLLI membership. All OLLI members pay something toward a membership, but our awards can make OLLI possible for those who might not otherwise be able to join.

Financial assistance is for one term and must be applied for each term. A simple application form is used and must be entirely completed to receive consideration. All scholarship applications for Spring term 2021 must be received by Friday, January 22, 2021.

Awards: Scholarships range from $50 - $100 per term. Notification of your award and the amount of the award will be sent within two weeks of receipt of your application. Please contact the office to receive a scholarship application and for more information by emailing osher@pitt.edu.

Choose your favorite courses based on the topics, days, and times that interest you!

Courses are offered for your exploration, enjoyment, or academic interests.

Academic – these courses are like undergraduate college courses with the instructor lecturing most of the time.

Exploration – more “hands on” oriented courses: OR may be an academic topic primarily taught through interactive group discussion and practice.

Enjoyment – most of class is spent with the students discussing the topic, practicing a skill, or the primary purpose is for group sharing and discussion.

Learning is Priceless!
Please support OLLI at Pitt

Your donation helps to:
• support hundreds of courses each year
• attract top notch instructors
• keep membership fees as low as possible
• help those who need financial assistance to join OLLI through the Bobenage-Szczepanski Membership Fund
• impact outreach activities in communities and neighborhoods where membership is underrepresented

Make a gift by donating online at olli.pitt.edu, or by contacting the OLLI office at 412-624-7308.

Give the Gift of Learning

Are you are searching for the perfect gift for your friend, neighbor, relative, mom or dad in the over 50 crowd? A gift certificate for membership in OLLI at Pitt is a thoughtful and meaningful gift for someone who enjoys challenging themselves and engaging with peers. Gift certificates can be for one term or an annual membership. To purchase an OLLI membership gift certificate, send an email to osher@pitt.edu and include your phone number. We will call you to arrange your purchase. What a memorable gift it will be!
OLLI Session 1 • Monday, January 25–Friday, February 26
SCHEDULE AT-A-GLANCE SPRING 2021

morning

MONDAY
10–11:30 a.m.
American Sign Language
Sharon Serbin
The Fundamentals of Editing & Revising Fiction and Nonfiction
Essays
Ann Hultberg
Fun with Plants in Winter
Doug Oster
How to Be Smart with Your iPhone
Richard Fitzgibbon
Symbolic Violence and the Jew in Early Modern Italian Art
Andrea Maxwell

TUESDAY
9–10 a.m.
Chair Yoga
Sally Sherman
10–11:30 a.m.
Beginning Level French: Communication Strategies
Cathleen Sendek-Sapp
Beyond Rosa Parks: Women in the Struggle for Civil Rights
Joan Gunderson
Experimental Watercolor
Melissa Tai
The Life and Times of Goya and Picasso
Jose Juves
The Longest Drought Will End in Rain: The Literature of Hope
Abby Mendelson

WEDNESDAY
9–10 a.m.
Gentle Yoga
Jill Clary
9:30–11:30 a.m.
Nature as Muse
Ann Rosenthal
10–11:30 a.m.
Artificial Organs: Past, Present, Future
Harvey Borovetz
Local Journalism, Engaged Community: Reclaiming Trust in News
Mila Sanina & PublicSource
Climate Change: Global Meets Local
Hari Mantripragada
10:15–11:15 a.m.
Chakra Yoga All Levels
Jill Clary

THURSDAY
10–11 a.m.
Dance and Be Fit
Roland Ford
10–11:30 a.m.
Beginner Spanish
Nancy Farber
Beginner Watercolor
Melissa Tai
Heroes
Alan Irvine
Race Relations and White Supremacy in America
Ralph Bangs
The Soviet Union: The Revolution and First Decade
Charles Hier

FRIDAY
10–11:30 a.m.
Empower Your Writing with Poetry: Rhyming Poems
Sandra Gould Ford
History of the First Amendment
John Burt
Intermediate Conversational French: Talking about the Past (Tense)
Cathleen Sendek-Sapp
Religions of the Book: Judaism, Christianity and Islam
Sandra Collins
When Worlds Collide
Orin James

afternoon

MONDAY
1–2:30 p.m.
Advanced Beginner Spanish
Farber
From Cause to Effect: The Philosophy of Causation
Annika Froese
Intro to Astronomy Part 1: The Solar System
David Nero
Story of Pittsburgh’s Forests
Mike “Carya” Cornell
TED Talks (Section 1)
Kathy Callahan

TUESDAY
1–2:30 p.m.
Advanced Intermediate Conversational French: Simply Conversation
Cathleen Sendek-Sapp
Marx’s Marxism: An Introduction
Javier Vazquez-D’Elia
The Symphonies of Gustav Mahler: Part 2
Stephen Schultz
TED Talks (Section 2)
Kathy Callahan
Tiny Treasures: Making Artist Books
Susan Schneider
3–4:30 p.m.
Cyber Literacy: Understanding the Cybersecurity Landscape
John Green
Latin American Literature of the 20th Century through its Nobel Prize Winners
Camila Pulgar Machado
Masters of Modern Architecture 3
Jeffrey Swoger

WEDNESDAY
1–2:30 p.m.
Aristotle’s Conception of the Good Life
Gregory Strom
A Brief History of Modern Typography
Megan Kappel
Emily Dickinson
Cliff Johnson
The Struggle for Equality in America: A History of the Fight for a “More Perfect Union”
Louise Mayo
3–4:30 p.m.
Immunology 101: Understanding Your Immune System
Tullia Bruno
Pioneers of Rock and Roll
Robert Joyce
Single-novel Study: Barbara Kingsolver’s “Flight Behavior”
Nicholas Coles

THURSDAY
1–2:30 p.m.
Advanced Conversational Spanish
Nancy Farber
August Wilson, Pittsburgher and Playwright: The Aunt Ester Plays
Chris Rawson
Current Art and Architecture: Challenging Traditions from Here to the Moon
Erin O’Neill
History of Italian Cuisine
Lorraine Denman
3–4:30 p.m.
Women Artists (1400-1700)
Saskia Beranek
### OLLI Session 2 • Monday, March 15–Friday, April 16

**SCHEDULE AT-A-GLANCE SPRING 2021**

#### morning

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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>10–11:30 a.m.</td>
<td>9–10 a.m.</td>
<td>9–10 a.m.</td>
<td>10–10:50 a.m.</td>
<td>10–11:30 a.m.</td>
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<tr>
<td>American Sign Language (continued)</td>
<td>Chair Yoga (continued)</td>
<td>Gentle Yoga (continued)</td>
<td>Dance and Be Fit (continued)</td>
<td>The Amazon</td>
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<tr>
<td>An Early Start in the Garden</td>
<td>Beginning Level French (continued)</td>
<td>Nature as Muse (continued)</td>
<td>Ancient Wisdom, Modern Health</td>
<td>Roberta Mendonça De Carvalho</td>
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<tr>
<td>Doug Oster</td>
<td>Charlemagne and the Carolingian Empire</td>
<td>Gender and Sexuality in the Archives</td>
<td>Melissa Sokulski</td>
<td>Intermediate Conversational French (continued)</td>
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<tr>
<td>As You Like It: Four Aspects of Love</td>
<td>Jared Day</td>
<td>Julie Beaulieu</td>
<td>Beginner Spanish (continued)</td>
<td>Law and Social Change</td>
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<tr>
<td>Alan Stanford</td>
<td>The End of the Trail and the Beginning: Native American Literature</td>
<td>King and Kubrick: Variations of “The Shining”</td>
<td>Beginner Watercolor (continued)</td>
<td>David DeFazio</td>
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<tr>
<td>Medieval and Renaissance Art in the Neighborhood</td>
<td>Abby Mendelson</td>
<td>J.D. Wright</td>
<td>Forensic Science: Intro to Criminalistics</td>
<td>Muhammad and the Quran</td>
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<tr>
<td>David Brumble</td>
<td>Experimental Watercolor (continued)</td>
<td>Leonard Bernstein at 102 Owen Cantor</td>
<td>Edward Strimlan</td>
<td>Ahya Khan</td>
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<td>Women in the Hebrew Bible: Part 2</td>
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<td>The Supreme Court Considers Slavery &amp; Its Aftermath</td>
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<td>Kimberly Latta</td>
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<td>John Burt</td>
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<td>10:15 – 11:15 a.m.</td>
<td>Chakra Yoga All Levels (continued)</td>
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<td>11 a.m.–12:30 p.m.</td>
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<td>Birding 101</td>
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<td>Chris Kubiak</td>
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#### afternoon

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<tr>
<th>MONDAY</th>
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<td>1–2:30 p.m.</td>
<td>12:30–2 p.m.</td>
<td>1–2:30 p.m.</td>
<td>1–2:30 p.m.</td>
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<td>Advanced Beginner Spanish (continued)</td>
<td>Down These Mean Streets: Murder Has No Borders</td>
<td>The American (Minority) Experience</td>
<td>Advanced Conversational Spanish</td>
<td>Advanced Conversational Spanish</td>
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<tr>
<td>iPhone 2</td>
<td>Ken Boas</td>
<td>Saima Sitwat</td>
<td>Maria Franco de Gomez</td>
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<tr>
<td>Richard Fitzgibbon</td>
<td>1–2:30 p.m.</td>
<td>Jews and American Cinema: Part 2</td>
<td>The British Revival of Ancient Ethics</td>
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<tr>
<td>Intro to Astronomy Part 2: Stars, Galaxies, and the Universe</td>
<td>Advanced Intermediate Conversational French (continued)</td>
<td>Lucy Fischer</td>
<td>Ben Schulz</td>
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<tr>
<td>David Nero</td>
<td>Hamilton: The Musical</td>
<td>Making the Most of Micro Essays</td>
<td>Cognition and Aging</td>
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<tr>
<td>Latin America Through Short Stories</td>
<td>Andrew Lotz</td>
<td>Laurie McMillan</td>
<td>Bruce Goldstein</td>
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<tr>
<td>Karen Goldman</td>
<td>Optimizing Health with Plant-Based Eating</td>
<td>Mexican Murals Across the Americas</td>
<td>Early Pittsburgh</td>
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<tr>
<td>Music: What’s in an Interpretation?</td>
<td>Sally Lipsky</td>
<td>Paula Pardo Gaviria</td>
<td>Alan Irvine</td>
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<tr>
<td>Flavio Chamis</td>
<td>3–4:30 p.m.</td>
<td>Philosophy of Action</td>
<td>Financial Planning for a Stress-Free Retirement</td>
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<td>3–4:30 p.m.</td>
<td>Forensic Anthropology</td>
<td>Gregory Strom</td>
<td>Aaron Leaman</td>
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<tr>
<td>Fundamentals of Neuroscience</td>
<td>Allison Gremba</td>
<td>3–4:30 p.m.</td>
<td>Poem Making 5: Writing, Clarity &amp; Mystery, Part 2</td>
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<tr>
<td>Adam Davis</td>
<td>Guastavino Structural Tile Vaulting in Pittsburgh</td>
<td>Mythology of the Ancient and Modern World: Gods</td>
<td>Sheila Kelly</td>
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<td>Matthew Schleub</td>
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</table>
### Art History and Architecture
- **A Brief History of Modern Typography** 14
- **Current Art and Architecture: Challenging Traditions from Here to the Moon** 16
- **Guastavino Structural Tile Vaulting in Pittsburgh** 20
- **The Life and Times of Goya and Picasso** 11
- **Masters of Modern Architecture 3** 13
- **Medieval and Renaissance Art in the Neighborhood** 18
- **Mexican Murals Across the Americas** 21
- **Symbolic Violence and the Jew in Early Modern Italian Art** 10
- **Women Artists (1400-1700)** 16

### History, Classics, & Philosophy
- **Aristotle’s Conception of the Good Life** 14
- **Beyond Rosa Parks: Women in the Struggle for Civil Rights** 11
- **The British Revival of Ancient Ethics** 22
- **Charlemagne and the Carolingian Empire** 19
- **Early Pittsburgh** 23
- **From Cause to Effect: The Philosophy of Causation** 10
- **heroes** 15
- **History of the First Amendment** 17
- **History of Italian Cuisine** 16
- **Mythology of the Ancient and Modern World: Gods** 21
- **Philosophy of Action** 21
- **The Soviet Union: The Revolution and First Decade** 16
- **The Soviet Union: The System, WW II, and the Collapse** 22
- **The Struggle for Equality in America: A History of the Fight for a “More Perfect Union”** 14
- **The Supreme Court Considers Slavery & Its Aftermath** 23
- **When Worlds Collide** 17

### Film, Music & Theater
- **As You Like It: Four Aspects of Love** 18
- **Jews and American Cinema: Part 2** 21
- **Leonard Bernstein at 102** 20
- **Music: What's in An Interpretation?** 19
- **Pioneers of Rock and Roll** 15
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- **Advanced Conversational Spanish (Farber)** 16
- **Advanced Conversational Spanish (Franco de Gomez)** 22
- **Advanced Intermediate Conversational French: Simply Conversation** 12
- **American Sign Language** 10
- **Beginning Level French: Communication Strategies** 11
- **Beginner Spanish** 15
- **Intermediate Conversational French: Talking About the Past (Tense)** 17
- **Language Studies**

### Fitness, Health, & Self-Interests
- **Ancient Wisdom, Modern Health** 22
- **Birding 101** 23
- **Chair Yoga** 11
- **Chakra Yoga All Levels** 14
- **Dance and Be Fit** 15
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- **Fun with Plants in Winter** 10
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- **Story of Pittsburgh’s Forests** 11
- **TED Talks (Section 1)** 11
- **TED Talks (Section 2)** 12

Clicking on each course title will take you to its course description in the catalog.
## Literature & Creative Writing

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<tr>
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<th>Credits</th>
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<tbody>
<tr>
<td>As You Like It: Four Aspects of Love</td>
<td>18</td>
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<tr>
<td>August Wilson, Pittsburgher and Playwright: The Aunt Ester Plays</td>
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<td>Down These Mean Streets: Murder Has No Borders</td>
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<td>Emily Dickinson</td>
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<td>Women in the Hebrew Bible: Part 2</td>
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## Religious Studies

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<td>Muhammad and the Quran</td>
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<tr>
<td>Religions of the Book: Judaism, Christianity and Islam</td>
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## Science, Technology & Medicine

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<tr>
<td>The Amazon</td>
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<td>Artificial Organs: Past, Present, Future</td>
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<td>Introduction to Astronomy Part 2: Stars, Galaxies, and the Universe</td>
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<td>iPhone 2</td>
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<td>Topics in Medical Ethics</td>
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## Math and Economics

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## Political, Social Sciences & Society

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<td>The American (Minority) Experience</td>
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<td>Gender and Sexuality in the Archives</td>
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<td>Hamilton: The Musical</td>
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<td>Law and Social Change</td>
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<td>Local Journalism, Engaged Community: Reclaiming Trust in News</td>
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<td>Marx’s Marxism: An Introduction</td>
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<td>Race Relations and White Supremacy in America</td>
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## Visual & Performing Arts

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<td>Experimental Watercolor</td>
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<td>Nature as Muse</td>
<td>13</td>
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<tr>
<td>Tiny Treasures: Making Artist Books</td>
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<tr>
<td>Tiny Treasures: Making Artist Books (Part 2)</td>
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</table>
American Sign Language*
American Sign Language (ASL) is a beautiful, expressive language, with its own grammatical order, syntax, and culture. ASL is much more than hand shapes and hand movements. Hand shapes, palm orientation, movement, body shifts, facial expressions and body movement all come together for full expression and communication. This is a 10-week hands-on participation class, literally. Participants must be willing to turn on their video cameras for instruction and class practice to be effective. The instructor will get you motivated, laughing, and very comfortable in using ASL.

Exploration • Sharon Serbin

The Fundamentals of Editing & Revising Fiction and Nonfiction Essays
The writer and editor Arthur Plotnick said, “You write to communicate to the hearts and minds of others what's burning inside you, and we edit to let the fire show through the smoke.” A common definition of editing is that it is a stage of the writing process in which a writer improves a draft by correcting errors and making words and sentences clearer, more precise, and as effective as possible. A common definition of revision is to reconsider arguments, review evidence, refine purpose, reorganize presentation, and revive stale prose. Students will learn to apply both skills to their writing.

Academic • Ann Hultberg

Fun with Plants in Winter
Just because it's cold outside doesn't mean the joy of gardening must end. In this course we will discuss indoor bulbs and growing; appropriate outdoor tree and shrub pruning for winter; a houseplant primer including indoor herb gardens and early small seed starting are just some of the things we can do until the weather breaks.

Enjoyment • Doug Oster

How to Be Smart with Your iPhone
Many of us have adopted an iPhone as our go-to method of communication. Are you using your expensive device to make your life easier, or is the frustration level rising? Do you need to learn what some of those apps are for? This course develops your confidence level to the point where you can use your iPhone to assist rather than confound daily activities. For class, each student should have an iPhone running the latest iOS and a data plan or logged into WiFi. Everyone is encouraged to download and read the user manual (free) from Apple.

Exploration • Richard Fitzgibbon

Symbolic Violence and the Jew in Early Modern Italian Art
This class will introduce participants to the ways in which Judaism and anti-Jewish sentiments were present in Early Modern Christian Art. The artworks of Italy (and some Northern European works) explored in this course emphasize both the good and bad in humanity—a dichotomy of choices and beliefs that lingers to this day. Participants will be invited to discover how this art was implicated in a toxic blend of theology and violence that marked Italy during the Medieval and Renaissance periods. We will explore art from different regions that either condoned violence or attempted to quell unrest through symbolic violence.

Academic • Andrea Maxwell

Advanced Beginner Spanish*
Members may take only one level of Spanish.
This 10-week course is for students who have advanced beyond a beginning knowledge of Spanish and wish to further refine speaking, listening, and reading comprehension skills. Classroom practice focuses on the use of complex grammar, syntax, and vocabulary.

Exploration • Nancy Farber

From Cause to Effect: The Philosophy of Causation
Causation is everywhere: Turning the key in a car's ignition causes the engine to start. Smoking causes cancer. But what is this thing called “causation”? In this course we look at philosophers' attempts to answer this question, with a focus on the connection between causation and responsibility. If my houseplant dies while I'm on holiday, I may hold responsible my housemate who failed to water it. But did her failure to water my plant cause the plant to die? Can omissions ever be causes? Could I hold my friend responsible for the plant's death, even if she did not cause it? Through weekly readings and discussions, we will explore the pervasive role causation plays in our lives, and reflect on the unspoken assumptions that inform our thinking about causation.

Academic • Annika Froese
Introduction to Astronomy, Part 1: The Solar System

The universe is unimaginably vast and wonderful. In this course, we focus on the solar system: earth and the other planets that orbit our sun. This course is Part 1 of a two-part sequence. However, the parts can be taken independently and in either order. In Part 1, we start with a discussion of the nighttime sky. Next, we relate the motion of the earth around the sun to the passage of seasons on earth. Next, we introduce the terrestrial planets, followed by the Jovian (gas giant) planets and their moons. Finally, we will discuss the origins of the solar system, ending the course by introducing the ongoing search for life in the universe.

Academic • David Nero

Story of Pittsburgh’s Forests

No matter where you are in Pittsburgh, you are in a forest. In this class, students of all experience levels will explore, connect to, and discover the Pittsburgh’s forests. We will uncover our region’s geological history, explore nature, and learn how to read the forested landscape.

Enjoyment • Mike “Carya” Cornell

TED Talks (Section 1)

Members may register for only one section of the course.

TED (technology, entertainment, and design), a nonprofit organization that promotes “ideas worth spreading”, features talks by some of the world’s most engaging speakers on a wide variety of subjects. The TED website features more than 2,300 talks on video. In this class, we will discuss, debate, and reflect on a few of these talks each week. Some talks are informational, some are just plain fun. Group members are encouraged to select talks that inspire or intrigue them to kick off the discussion.

Exploration • Kathy Callahan

TUESDAY

9–10 a.m.

Chair Yoga

This gentle form of yoga is practiced using a chair as a prop/stabilizer for support during standing poses or adapted for sitting on a chair. It is especially beneficial for people concerned with balance or coordination issues or those who have felt they are unable to participate in other yoga experiences. The class includes poses for strength training, mobility in the joints and more relaxing poses to help steady the mind. Opportunities to intensify, with modifications to make the poses more accessible, will be offered throughout the course so that participants learn to adapt to their personal situations and comfort as well as challenge themselves. The course is appropriate for all levels.

Enjoyment • Sally Sherman

10–11:30 a.m.

Beginning Level French: Communication Strategies*

In this 10-week course designed for students with little or no prior knowledge of French, the focus will be on mastering phrases and set structures that may be useful for communicating across a variety of situations. Students will be encouraged to develop strategies to try to make themselves understood in instances where language proficiency may be lacking.

Exploration • Cathleen Sendek-Sapp

Beyond Rosa Parks: Women in the Struggle for Civil Rights

Women were some of the earliest and most persistent fighters in the struggle for racial equality, but most Americans only recognize the names of male leaders and one or two women. Yet women desegregated trolley companies; argued key cases before the Supreme Court; organized sit-ins; were arrested as freedom riders; worked as community organizers; and died for the cause. In this course we will look at some of the earliest women pioneers for equal rights, and then the many influential roles women (black and white) played in the legal struggles, school desegregation, demonstrations, freedom riding, and political actions that were a part of the Civil Rights Movement.

Academic • Joan Gundersen

Experimental Watercolor*

Members may only take one 10-week art course per term.

In this 10-week course, students with previous watercolor experience will enjoy using household items and products to produce a variety of textural effects. Each class will open with a demonstration using a new technique. Students will engage in brainstorming possible applications for the techniques. Everyone will be encouraged to share their work at the end of class.

Enjoyment • Melissa Tai

The Life and Times of Goya and Picasso

Francisco Goya and Pablo Picasso lived in very interesting times and harnessed the dynamic of their respective eras to become two of the greatest masters of Spanish painting. Discussing a handful of their works, this course investigates the personal and historical forces behind the lives of these immortals, focusing on how their art reflected their times and in turn influenced our present view of those events.

Academic • Jose Juves
The Longest Drought Will End in Rain: The Literature of Hope

Recently, a critic wrote, “books are not supposed to just ‘give hope’ as if they were cheerleaders in print. Books should disturb, complicate, and make things uncomfortable to push readers to create their own understanding of reality and their own sense of hope.” Nevertheless, we shall try. We shall read some excerpts of excellent, intelligent narratives, fable and fiction, memoir and environmentalism, that give exactly what we need in these troubled times: hope for ourselves, our country, and our world. Andrew Krivak, “The Bear”; Isabella Tree, “Wilding: Returning Nature to our Farm”; David George Haskell, “The Forest Unseen: A Year’s Watch in Nature”; Maya Angelou, “Letter to My Daughter”; Zora Neale Hurston, “Their Eyes Were Watching God”.

Academic • Abby Mendelson
1–2:30 p.m.

Advanced Intermediate Conversational French: Simply Conversation*

This 10-week course is designed for those who have taken several French courses and are interested in strengthening their speaking abilities and comprehension. Each week’s lesson centers on a selected topic with the goal of building and recalling useful vocabulary. The class is conducted for the most part in French. No text is required.

Exploration • Cathleen Sendek-Sapp

Marx’s Marxism: An Introduction

Karl Marx is among the political thinkers that most powerfully contributed to shape the political and ideological dynamics of the past century. Among the most perplexing aspects of his influence is the diversity of political movements and ideological currents that labeled themselves “Marxist”, and the magnitude of the differences that frequently separated their respective versions of “Marxism”. Marx, however, famously denied being a Marxist himself. This six-week course is organized around two central ideas: 1) that the potential for the development of “multiple Marxisms” was already present in Marx’s writings; and 2) that, as a result, we need to revisit those writings to understand those paradoxical and often perplexing developments. This course offers an introduction to the main stages and directions of development of his thought.

Academic • Javier Vazquez-D’Elia

The Symphonies of Gustav Mahler: Part 2

This class will be an in-depth historical survey of the Symphonies of Gustav Mahler. We will concentrate on the second half of his creative life: Symphonies #6 - #10. It will trace the composer’s stylistic evolution during this stage and will clarify the main characteristics of these pieces. The focus of our analysis will be on the form, harmonic and melodic characteristics, and programmatic and emotional content of the symphonies.

Academic • Stephen Schultz

TED Talks (Section 2)*

Members may register for only one section of the course.

TED (technology, entertainment, and design), a nonprofit organization that promotes “ideas worth spreading”; features talks by some of the world’s most engaging speakers on a wide variety of subjects. The TED website features more than 2,300 talks on video. In this class, we will discuss, debate, and reflect on a few of these talks each week. Some talks are informational, some are just plain fun.

Exploration • Kathy Callahan

Tiny Treasures: Making Artist Books*

This five-week hands-on course will explore the many facets of creating easy, small, hand-made artist books. Through a variety of media (including pen, markers, colored pencil, and optional at-home computer printing), students will learn to make artist books, suitable for drawing, poetry, travel journals, albums, personal expression, collections, gifts and more. Guidance on adding hand-lettering and computer-generated text will be offered.

Enjoyment • Susan Schneider

3–4:30 p.m.

Cyber Literacy: Understanding the Cybersecurity Landscape

This course will focus on current cybersecurity threats, understanding the entire cybersecurity landscape, and how to protect yourself against cybercrimes. The course will cover some technical concepts but the course itself is not technical in nature. Current events will be covered and discussed. Every week we will have a course discussion or activity.

Academic • JoAnne Green
Latin American Literature of the 20th Century through its Nobel Prizewinners

In this course we will study texts by the Chilean Gabriela Mistral (the first Latin American to receive a Nobel Prize in Literature in 1945), Pablo Neruda (Chile, 1971), Gabriel García Márquez (Colombia, 1982) and Octavio Paz (Mexico, 1990), exploring the images these authors create about Latin America, its problems, culture, history and identity. We will review the Nobel verdicts of the Swedish Academy, interviews and talks given by each writer, and documentaries about them. Lectures and discussion will center on short writings in which we can observe the authors’ relationships and dialogue with the entity that is Hispanic America, and with the idiosyncrasies of their diverse countries of origin. We will dedicate a class to each writer and a class to the Nobel Prize itself. (We will use bilingual texts as much as possible, but all will have an English translation.)

Academic • Camila Pulgar Machado

Masters of Modern Architecture 3

This six-week course, continues the survey of modern architects, which began with the world’s first steel-framed skyscraper in Chicago, concludes with a broad look at contemporary architecture. Beginning with Philip Johnson and “Postmodernism” concluding with the Chinese firm of Neri & Hu, we will examine examples from the kaleidoscope of approaches to design and the introduction of new technologies to create buildings that challenge our preconceptions and excite our senses. Striking photography and video will illustrate the adventure. Lively discussions will be strongly encouraged.

Academic • Jeffrey Swoger

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WEDNESDAY

9–10 a.m.

Gentle Yoga

This 10-week course is geared for those new to yoga or those who are interested in a gentle practice. It includes a combination of meditation, breath work, and flowing movement intended for all abilities. This class offers nurturing, kindness, and compassion for the body, regardless of a student’s physical abilities, age, or experience. You will experiment with balance, strength, flexibility, and stillness while practicing mindfulness and meditation techniques.

Enjoyment • Jill Clary

9:30–11:30 a.m.

Nature as Muse*

Members may only take one 10-week art course per term.

In this 10-week course, you will discover artists who have taken nature as their muse and then translate what you have learned into making your own artwork. Every style, technique, and approach from realism to abstraction has drawn on nature in its countless forms--color, shape, texture, and pattern; earth, air, fire, and water; plants, animals, and ecosystems; molecules and the cosmos. Each week, we will explore one or more artists and art periods, learn techniques, and you will make your own art. This is not about copying but, rather, discovering how art and nature can inspire your work. Take a grand romp through art history up to the present and fuel your creative process!

Enjoyment • Ann Rosenthal

10–11:30 a.m.

Artificial Organs: Past, Present, Future

This course considers artificial organs and their clinical usage. The basic physiology of three organ systems will be reviewed (heart, lung, blood vessel) and the medical/engineering/societal considerations for organ replacement systems discussed. The plusses and minuses of commercially available artificial organs will be considered leading to discussion as to possible improvements of existing artificial organs. Emphasis will be placed on the numerous challenges patients with artificial organs and their families face on a day-to-day basis; and how this will impact the future of these technologies.

Academic • Harvey Borovetz

Climate Change: Global Meets Local

This course explores one of the most pressing problems facing humanity – global climate change caused by anthropogenic greenhouse gas emissions. Topics include—scientific evidence behind climate change; major causes including energy-climate nexus; regional and global effects; technological mitigation (clean energy options, carbon capture, etc.) and adaptation solutions (management of extreme weather events). Pros and cons of different mitigation strategies will be discussed from a technological, economic and policy standpoint. Climate policies followed at local, national and global level are also discussed. The course will predominantly be lecture with some discussion and suggested reading.

Academic • Hari Mantripragada

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*LIMITED SPACE AVAILABLE

OLLI.PITT.EDU | 13
Local Journalism, Engaged Community: Reclaiming Trust in News

Where would we be without a free press? And where will this dire crisis in journalism take us? How do journalists do their jobs and inspire civic engagement? In the age of fake news why is fact-based journalism so important? How does it play out on the local level? You will get a chance to meet local journalists covering environment, local government and other issues of public importance for nonprofit newsroom PublicSource.org. Learn how you can stay informed, engaged and become a champion for local journalism that seeks accountability on the most pressing issues of our time and serves as a platform for the community’s diverse voices.

Academic • Mila Sanina and PublicSource journalists

10:15–11:15 a.m.

Chakra Yoga All Levels

This 10-week course moves through traditional yoga poses (or asanas) that align each individual chakra, moving up the spine from the root chakra to the crown chakra. Chakras are energy centers located across different points on our spinal column. When energy becomes blocked in a chakra, it triggers physical, mental, or emotional imbalances that manifest in symptoms such as anxiety, lethargy, or poor digestion. This class is for the student who likes a fluid, mindful practice that links alignment, movement and breath. Participants should wear comfortable, loose-fitting clothing and have a yoga mat.

Enjoyment • Jill Clary

1–2:30 p.m.

A Brief History of Modern Typography

Times New Roman. Helvetica. Papyrus. Comic Sans. Some may read these words and think: “You mean fonts? Who cares about fonts?” But to others, these words open portals to a vast world of design, history, and purpose. In this course, we’ll step through those portals to examine how typefaces impact our world and influence our perceptions. Each week we’ll discuss pivotal moments in typographic history, examine how type has pioneered new movements in design, and take a deep dive into the life of one specific font. A close cousin to the previous OLLI course “The Psychology of Book Covers,” this course offers brain games, fun exercises, and discussion to better understand our cultural and individual relationships with typefaces and appreciate how such a seemingly small design choice isn’t so small after all.

Academic • Megan Kappel

Emily Dickinson

Dickinson’s verse penetrates our consciousness and sticks like a burr. Each poem is a finely-wrought jewel. Her great themes are death, immortality, and the beauty of the everyday. The reclusive life of the lady in white will always be a mystery. Did she suffer from agoraphobia or epilepsy? Was her love for her sister-in-law, Susan Gilbert, homoerotic? Why did she always wear white and stay away from her father’s funeral? Was she a religious rebel? We will try to plumb these mysteries as a clue to her unique verse.

Academic • Clifford Johnson

The Struggle for Equality in America: A History of the Fight for a “More Perfect Union”

This class will examine the history of reform movements in America. The emphasis will be on those efforts to realize the ideals of “liberty and justice for all” and “all men (people) are created equal” and “endowed by their creator with certain inalienable rights including the rights to “life, liberty and the pursuit of happiness.”

Academic • Louise Mayo

3–4:30 p.m.

Immunology 101: Understanding Your Immune System

Our immune systems are trained at an early age to recognize foreign invaders, target them specifically and eliminate them from our bodies. Further, our immune system remembers these foreign invaders for enhanced responses upon re-infection. Given the global pandemic surrounding COVID19, this course will cover the importance of our immune system in fighting foreign invaders. We will cover the basics of immunology, how immune responses are generated naturally or with a vaccine, and some challenges surrounding effective immune responses in the context of viral and bacterial infections as well as cancer. We will accomplish our learning from lecture, interactive discussion and reading, and demonstrations. For some weeks, reading or assignments may be incorporated for fruitful learning and discussion.

Academic • Tullia Bruno
Pioneers of Rock and Roll

Elvis Presley may have been the King of Rock and Roll, but five major artists were seminal in making the music more mainstream for radio and younger audiences in the late 1950's. Little Richard, Fats Domino, Jerry Lee Lewis, Chuck Berry and Buddy Holly forged the road to assuring the world that “rock and roll is here to stay.” This course will be a chance to learn about these five pioneers, their musical contribution to Rock and Roll and their legacy and inspiration left for generations of musicians to follow.

**Academic • Robert Joyce**

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**THURSDAY**

**10–11 a.m.**

**Dance and Be Fit**

This 10-week course engages all age groups and all ability levels with fun and easy dance and fitness routines. Learning basic dance and fitness moves will help participants take more steps toward a healthier lifestyle and get you moving. No experience or special skills are needed. Great for beginners as well as veteran dancers, the course can be adapted to anyone’s unique needs.

**Enjoyment • Roland Ford**

**10–11:30 a.m.**

**Beginner Spanish***

Members may take only one level of Spanish.

This 10-week course is for beginners and it focuses on Spanish pronunciation, vocabulary, grammar, and useful expressions for travel. Participants can expect classroom practice to include speaking, reading, and listening comprehension.

**Exploration • Nancy Farber**

**Beginner Watercolor**

Members may only take one 10-week art course per term.

Enjoy the beauty, quirks and happy surprises watercolor painting can bring! In this course, a new online lesson and demonstration, followed by discussion, will be presented each week. Topics will include: washes, brush work, color, perspective, composition and much more. Participants will be encouraged to submit photos of their own watercolor works for group discussion, questions, and suggestions. Individual feedback from the instructor will be provided to participants. This course is appropriate for beginners and those with less than one-year watercolor experience.

**Enjoyment • Melissa Tai**

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**Heroes**

Throughout history, larger-than-life heroes have fought monsters and villains, sought treasure, defended the weak, striven for justice. Or have they? We will examine how the role of the hero developed in Western culture from its earliest incarnations through the Greeks, Medieval legends and onto modern day incarnations like Batman and Superman. We will consider why heroes play such an important role in human culture. Alan will start each week telling some hero stories.

**Academic • Alan Irvine**

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**Race Relations and White Supremacy in America**

This course will highlight and expand on key points in the one of the best books ever written on race: “Race in America”, 2nd edition, 2019, by sociologists Matthew Desmond and Mustafa Emirbayer. “Race in America” takes a new approach. It analyzes systems of racial relations in each area of social life: political, economic, residential, educational, aesthetic, associational, and intimacy. The book shows that throughout society white supremacy has become institutionalized, naturalized, and invisible to many people. There will be much time in each class for questions and comments.

**Academic • Ralph Bangs**

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*LIMITED SPACE AVAILABLE*
The Soviet Union: The Revolution and First Decade
In this course we will examine the social and political grievances that sparked the Russian revolutions in 1917. We will explore the impact of the revolutions and the ensuing civil war that killed as many Russians as all the deaths of all the combatants of WWI. The government policy immediately following the civil war, the New Economic Policy, was a complex compromise between the interests of a relatively tiny working class and a peasantry which constituted 5/6 of the population. We will study this turbulent and interesting eight or nine-year period.

Academic • Charles Hier

1–2:30 p.m.

Advanced Conversational Spanish*
Members may take only one level of Spanish.
This is your chance to practice your Spanish skills in a friendly atmosphere. The course strengthens your vocabulary, improves your pronunciation, and gives cultural background (history, customs, foods, music) about several Spanish-speaking countries. All effort is designed to get you to speak and understand Spanish better.

Exploration • Nancy Farber

August Wilson, Pittsburgчер and Playwright: The Aunt Ester Plays
Reading August Wilson is a pleasure, but he also has never been more culturally relevant. One of the greatest American playwrights, Wilson drew on his Pittsburgh years to create his stirring 10-play cycle - mixing comedy, tragedy, melodrama and deep insight. In this course, we will read the four plays involving the iconic Aunt Ester, see some video, enjoy some actors and take a Zoom tour of August Wilson’s Hill. The four plays will be “Two Trains Running,” “Gem of the Ocean,” “King Hedley II” and “Radio Golf.” (This course is distinct from the course previously taught in the Spring 2020 term)

Academic • Christopher Rawson

Current Art and Architecture: Challenging Traditions from Here to the Moon
In this course, we will examine notable contemporary work of local and international artists and architects, exploring five chronological themes that challenge artistic traditions. We will discover that these works could be enchanting or a harsh confrontation to accepted rules and practices. The course will begin with recent notable examples and focus on our regional fine art institutions, then each class progressively expands to infinite explorations, literally into space!

Academic • Erin O’Neill

History of Italian Cuisine
In this course, students will learn about the history of the Italian peninsula through the lens of food, agriculture, and cuisine. Italian cuisine is renowned around the globe, but how did it develop and how did it eventually conquer the world? In addition to learning about what people grew, raised, and consumed, we will also explore representations of food in Italian art and literature, from banquet scene in frescoes in Etruscan tombs to the role of food in Boccaccio’s “The Decameron”, to the “Futurist Cookbook” of the 1930s. In addition, each week we will focus on one recipe from the relevant period that can reasonably cooked at home.

Academic • Lorraine Denman

3–4:30 p.m.

Women Artists (1400-1700)
Recently, significant scholarly attention has been paid to women working as artists during the Renaissance and Early Modern period, resulting in a number of high profile museum exhibitions (some regrettably cancelled in 2020.) Join this course to take a closer look at women working in the arts during the Renaissance. Gain a deeper understanding of some artists who may be more familiar and discover new artists who are only just beginning to be better understood.

Academic • Saskia Beranek
Empower Your Writing with Poetry: Rhyming Poems*

In this course, students will learn, examine, and practice a special few of the over sixty types of poems. Students will practice tools essential to poetry, understanding that these techniques improve all writing. Specific forms to be covered include clerihew, couplet, triplet, quatrains, limerick, rap, rendeaux, and sonnet.

Exploration • Sandra Gould Ford

History of the First Amendment

From a historical point of view, in this course we will carefully survey the explicit protections of the First Amendment to create an understanding of why the framers included them and excluded others. The course will take an historical view of how public events, the Congress and the federal courts have shaped the ongoing meaning of the Amendment.

Academic • John Burt

Intermediate Conversational French: Talking About the Past (Tense)*

In this 10-week course, we will be looking at the formation and use of various past tenses in French and applying them in classroom activities. Class time also includes working with passages from a selected reader. This course is geared to students who have difficulty in comfortably delivering simple sentences in French. Some prior knowledge of French is expected. Advanced speaking skills are not required.

Exploration • Cathleen Sendek-Sapp

Religions of the Book: Judaism, Christianity, and Islam

This course is a general introduction to three major “religions of the Book” (that is, those religious traditions that claim allegiance to and dependence upon the Bible): Judaism, Christianity and Islam. We focus on key concepts germane to each such as religious law, gender, social guidelines and restrictions as well as historical developments, and contemporary issues. Throughout the course, we also examine interactions among these religious traditions, especially the movement out from Judaism into both Christianity and Islam. The course also serves as a foundation for further study of Christianity, Islam and/or Judaism.

Academic • Sandra Collins

When Worlds Collide

This course examines episodes of cultural collision, moments when different world views—ideas about human origins, cultural values and practices, systems of politics, theories of science—encounter one another. We will study instances of cultural collision and exchange to consider some fundamental questions: How are human knowledge, values, and beliefs shaped? How do they evolve and spread? What can we learn about the values and belief systems of different cultures when they come into contact with one another? What can we learn about ourselves by exploring our encounters with other cultures?

Academic • Orin James
MONDAY

10–11:30 a.m.

American Sign Language
(Continued from Session 1)

An Early Start in the Garden
Many gardeners wait until after Mother’s Day to put in their garden. In this course we will show how to choose the right flowers and vegetables to extend the season. Starting now will mean harvests and blooms when most “normal” gardeners are just getting started.

Enjoyment • Doug Oster

As You Like It: Four Aspects of Love
“As You Like It” is undoubtedly one of Shakespeare’s most enduring and well-loved comedies. It has been described, quite simply, as a play about love. Over four sessions, we will examine the four ‘aspects of love’ with which Shakespeare fills the play; romantic, idyllic, spontaneous, and carnal. We will examine the way by which each of the principal characters approaches love, and how they deal with its consequences. We will also examine how Shakespeare uses two clown characters in the play to make a commentary on the nature of mankind.

Academic • Alan Stanford

1–2:30 p.m.

Advanced Beginner Spanish
(Continued from Session 1)

iPhone 2
This course is a follow up to the “How to Be Smart with Your iPhone” course for those who have already taken the first class and want to learn more. We will continue to explore the iOS operating system and various apps from Apple and some others that help to make your life more interesting and fulfilling. We will be hands-on with Mail, Contacts, Calendar, Maps, Safari, Podcasts, Camera and Photos, Music and iTunes, Clock, Reminders, Messages, and Notes. All participants will need an iPhone running the latest iOS, knowledge of their iCloud identity and password, and at least one active e-mail account. This is not a beginner course and you should come knowing and competent in basic functions of your iPhone.

Academic • David Brumble

Exploration • Richard Fitzgibbon

Introduction to Astronomy Part 2: Stars, Galaxies, and the Universe
The focus of this course is on stars, galaxies, and the universe. We start with a description of our star, the sun. Next, we look at the properties of other stars, how stars are born and die, black holes, neutron stars, and white dwarfs. We will examine our own galaxy, the Milky Way, and compare it to other galaxies. Along the way, we introduce the mystery of dark matter. Finally, we investigate how the observed expansion of the universe leads us to Big Bang theory. We speculate how the universe may eventually come to an end, and whether there could be multiple universes.

Academic • David Nero

Latin America Through Short Stories
This class provides opportunities for learners to develop an in-depth understanding of contemporary Latin America through reading and discussing significant works of short narrative in English translation. We will examine the literary currents of the late 19th and 20th century, Modernismo, the Vanguards, the so-called “Boom,” “magical realism,” and postmodern feminism. We will also consider some trends of 21st century writing. We examine major authors such as Echeverría, Dario, Machado de Assis, Quiroga, Borges, Bombal, Guimarães Rosa, Rulfo, Cortázar, García Márquez, Ferré, Valenzuela, and others.

Academic • Karen Goldman
Music: What’s In An Interpretation?
This course will provide a comparative study between several different approaches to the exact same musical score, and how different artists insert their creative insights into the relatively strict framework provided by the composer. Carefully chosen examples of solo, orchestral, and vocal works will be heard, including comparisons between performances on original and modern instruments. Additionally, the instructor will provide the musical and historical context of the selected works, which may also include some jazz, Brazilian and even pop oldies.

Academic • Flavio Chamis

3–4:30 p.m.

Fundamentals of Neuroscience
The human brain remains the most mysterious part of our bodies. This course explores what we know of the functions of the nervous system, the command center of our bodies. Topics include the organization of the nervous system, the anatomy and functions of the brain, how our senses work, information processing, cognition, memory, sleep, dreams, and select nervous system pathologies and disorders, such as depression, Alzheimer’s, and Parkinson’s disease.

Academic • Adam Davis

TUESDAY

9–10 a.m.

Chair Yoga
(Continued from Session 1)

10–11:30 a.m.

Beginning Level French: Communication Strategies
(Continued from Session 1)

Charlemagne and the Carolingian Empire
This course examines the rise and legacy of one of Europe’s most critical leaders of the Middle Ages. When he was crowned emperor in 800 A.D., Charlemagne (or Charles I “the Great”) would rule the largest European empire since the fall of Rome in the 6th century A.D. His rule would serve as historic starting points for the medieval states of France and the Holy Roman Empire and his precedents would become essential references for European emperors, monarchs and presidents for the next 1200 years.

Academic • Jared Day

End of the Trail and the Beginning: Native American Literature

Academic • Abby Mendelson

12:30–2 p.m.

Experimental Watercolor
(Continued from Session 1)

1–2:30 p.m.

Down These Mean Streets: Murder Has No Borders
This course will focus on international Detective Fiction. We will read and discuss novels from around the world, each featuring a hardboiled detective following the twisted, yet somehow connected paths through his or her society. Corruption, political power, violence, and, of course, greed lead the way in each case. Our detective not only struggles to restore a semblance of justice by the end of the novel but also to reveal and expose the corruption at the heart of society.

Academic • Ken Boas

1–2:30 p.m.

Advanced Intermediate Conversational French: Simply Conversation
(Continued from Session 1)

Hamilton: The Musical
“Hamilton: The Musical” has been a breakout success, and this course explores everything about it: from its staging and music to the political ideas that it raises. Don’t miss this opportunity to get a seat in “the room where it happens” for this course.

Academic • Andrew Lotz

*LIMITED SPACE AVAILABLE  OLLI.PITT.EDU | 19
**Optimizing Health with Plant-based Eating**

Plant-based eating can prevent or improve chronic health problems (including diabetes, heart disease, high blood pressure, autoimmune diseases, and cancer). Discover what a plant-based diet is and why it is so important for physical and cognitive health. Classes focus on practical ways for incorporating plant-centered eating into daily life. Topics include: easy steps for preparing meals, shopping suggestions, reading food labels, tips for dining out, simple yet tasty recipes, and helpful resources. This is a hands-on, workshop-type course, with “try-it-out” homework activities.

*Exploration • Sally Lipsky*

**3–4:30 p.m.**

**Forensic Anthropology**

Forensic anthropology is the study of human skeletal remains with goals of identifying demographic characteristics, trauma, time since death, cause of death and individual identification. The material will be presented through lecture and examples. During the final class the students will work to solve a forensic case. By the end of the course the students will be able to recognize features of the skull, pelvis and general pathology, and apply the appropriate methods to identify and categorize characteristics of skeletal remains.

*Academic • Allison Gremba*

**Guastavino Structural Tile Vaulting in Pittsburgh**

Architect Rafael Guastavino and his son emigrated to the United States in 1881, bringing the traditional construction method of structural tile vaulting from their Catalan homeland, thereby transforming the architectural landscape from Boston to San Francisco. This course will examine their works in Pittsburgh, illustrating the vaults and domes made with structural tiles, innovations in thin shell construction, fire-proofing, metal reinforcing, herringbone patterns, skylighting, acoustical and polychromatic tiles.

*Academic • Matthew Schlueb*

**WEDNESDAY**

**9–10 a.m.**

**Gentle Yoga**

(Continued from Session 1)

**9:30–11:30 a.m.**

**Nature as Muse**

(Continued from Session 1)

**10–11:30 a.m.**

**Gender and Sexuality in the Archives**

Archives hold a tremendous amount of information about our collective past, including histories of early gay activism, debates in feminist movement, trans history/community, the development of LGBTQ communities via written and visual culture, and more. This course invites participants to engage with these topics and more, using primary materials from Pitt’s Archives and Special Collections.

*Academic • Julie Beaulieu*

**King and Kubrick Variations of “The Shining”**

Stephen King’s masterpiece of Gothic horror, “The Shining” (1977), captured the fertile imagination of Stanley Kubrick, inspiring the filmmaker to produce one of his greatest works, “The Shining” (1980). In this course, we will explore each of these essential works individually and also consider their relationships with one another, including the history of conflict between the two artists over the nature of Kubrick’s adaptation of King’s creation. Participating members should read “The Shining” before the first session of class.

*Academic • J.D. Wright*

**Leonard Bernstein at 102**

In an interview, Sam Bernstein, an immigrant to New England from Rovno, Ukraine, was criticized for allegedly not giving more early encouragement to his talented son. “How was I to know he would grow up to be LEONARD BERNSTEIN?” Samuel replied. Louis/Leonard Bernstein was arguably the leading figure of American music in the twentieth century. Thirty years after his passing and a century after his birth, we can review his complicated, fabulous life with some perspective. Classical music, Broadway, early television and politics: Bernstein was a genius and “force of nature”. Together we will delve into this exciting story and fascinating life.

*Academic • Owen Cantor*

**Women in the Hebrew Bible: Part 2**

The course will take a feminist-historical perspective and will consider the political-economic forces that shaped representations of women in the Hebrew Scriptures. The course will focus primarily on Rahab, the daughters of Jephthah, Deborah, Jael, Delilah, Tamar, Bathsheba, Abigail, Zeruiah, Athalia, Naomi, and Ruth. While this course picks up where we left off in the first section of this course, students do not need to have taken the first section to join and benefit from this one.

*Academic • Kimberly Latta*

**10:15–11:15 a.m.**

**Chakra Yoga All Levels**

(Continued from Session 1)
1–2:30 p.m.

The American (Minority) Experience

This 6-week course will explore the experiences of minorities in the United States through the lens of literature. The focus of our study will be the voice and themes in the works of some of the leading American writers as well as emerging voices, of our times. Together, using challenging literary pieces from indigenous, Black and immigrant authors and journalists, we will attempt at discovering the experience of growing up as a minority in America. Towards the end, we will try to answer the most pertinent question of our times- Who gets to be an American?

Academic • Saima Sitwat

Jews and American Cinema: Part 2 (1960s-2000s)

Over the course of American film history, Jewish-Americans have played an important role in the cinema, both on- and off-screen. According to historian Neal Gabler, it was largely a group of Eastern European Jewish immigrants who “invented” Hollywood and its studio system. Beyond them, Jewish-Americans have often achieved prominence as actors and directors in the American cinema. In the first category, are such figures as John Garfield, Al Jolson, Eddie Cantor, Sylvia Sydney and Edward G. Robinson; while, in the second category, are such artists as Mike Nichols, Woody Allen, Mel Brooks, Steven Spielberg, and Barbara Streisand. This course will consider the topic from the 1960s through the contemporary era, focusing on such issues as: the specter of the Holocaust in 1960s film, Jewish humor in the movies, the female Jewish film director, and works that consider a struggle with Jewish identity.

Throughout the course, an attempt will be made to relate the role of Jews in the American cinema to broader cultural concerns.

Academic • Lucy Fischer

Making the Most of Micro Essays

Make the most of short essays for memoir or stand-alone pieces. We’ll explore the ranges of short-form nonfiction, how restraint enhances the power of prose, inspired by readings and prompts. We’ll have in-class writing and sharing in a supportive, fun environment. We’ll deal with the inner critic and explore ways to keep us writing. By the end of the course you could have five polished essays (less than 1000 words).

Exploration • Laurie McMillan

Mexican Murals Across the Americas

This course explores the history of mural painting produced by Mexican artists throughout the Americas between 1920 and 1940. By focusing each session on one single artwork located in a specific building, we will emphasize the mobility of ideas and individuals that have informed Latin American muralist history and aesthetic references. We will examine the visual composition of the vastly intricate murals produced by “the three big” (los tres grandes) Mexican muralists: Diego Rivera, José Clemente Orozco, and David Alfaro Siqueiros. The exploration of the artistic networks that they consolidated will allow us to study the relationships between their murals and the artworks of other artists, including Frida Kahlo, Lola Álvarez Bravo, Bernard Shaw, and Jackson Pollock, among others.

Academic • Paulina Pardo Gaviria

3–4:30 p.m.

Philosophy of Action

In the middle of the 20th century, philosophers realized that, “We are still far from pondering the essence of action decisively enough,” as Heidegger put it, and that sorting out certain questions about action—in particular, concerning the complex relationships between the concepts of action, intention, reason, and causation—is indispensable for a proper understanding of the foundations of ethics and the philosophy of mind. In this course we will study essential contributions to this field from the analytic tradition, with a special emphasis on Elizabeth Anscombe’s sublime and seminal work “Intention” (1957).

Academic • Gregory Strom

Mythology of the Ancient and Modern World: Gods

Cultures throughout the world have been telling and retelling the same stories for centuries, even millennia—though geographically distant or temporally removed, many myths still share similar themes, ideas, and subjects. Part 1 of this course will examine gods, creation myths, and what happens when gods and mortals mix. We will explore a diverse range of myths from the ancient world, studying genre, the art of retelling, and the repurposing of legends. Our aims will be: 1) to form habits of active reading and critical discourse; 2) to analyze recurrent mythological motifs; 3) to interpret and respond to primary texts among peers.

Academic • Marcie Persyn
Topics in Medical Ethics
The course will cover a broad range of ethical issues related to medicine. Topics will include the doctor-patient relationship and the respective roles of each in relation to medical decision-making; decision-making for patients who are unable to decide for themselves; physician aid in dying (assisted suicide and euthanasia); the definition of death and the criteria for determining when a patient is dead; allocation of scarce health care resources; and human enhancement. When taught online, the course will be mostly lecture, but student will be given an opportunity to ask questions and offer comments. Lectures will be supplemented by cases (actual or hypothetical) that illustrate ethical issues.

Academic • Mark Wicclair

Beginner Watercolor
(Continued from Session 1)

Forensic Science: Intro to Criminalistics
This course will provide an overview of the role of criminalists from crime scene through laboratory analysis. This includes the collection of fingerprints, shoeprints, other impressions, ballistic and trace evidence (hair, fiber, glass, paint). The course will include the identification, collection, preservation, documentation and analysis of evidence. Special topics related to pathology will be poisonous, DNA, blunt force trauma, stabbing, time-of-death determination, issues relating to firearms, natural and man-made disasters.

Academic • Edward Strimlan

The British Revival of Ancient Ethics
In the 1930s and 40s, three close friends—Elizabeth Anscombe, Philippa Foot and Iris Murdoch—were students together in philosophy at Somerville College in Oxford. All three women were fiercely independent thinkers, and each went on to make a profound and lasting contribution to contemporary philosophy. In this course, we will consider the role of these three remarkable women in reshaping the post-war philosophical landscape, especially in reviving ancient ideas of Plato and Aristotle in the study of ethics.

Academic • Ben Schulz

Cognition and Aging
Do you feel as if your memory isn’t what it once was? Are you finding it more difficult to pay attention to what’s happening on the road while you’re driving? If that’s the case, join the club. You’re aging! But although negative changes in memory, attention and other cognitive functions do occur as we age, the amount of change differs for different people, and it is possible to optimize your cognitive functioning by engaging in “critical lifestyle activities.” This six-session course tells a story through lecture, short videos, and class discussion, which begins by considering questions such as “What is the mind?” “What is the connection between mind and brain?” “How does memory work?” and “How does aging affect memory?” In the second half of the course, we consider how critical lifestyle activities - eating right, getting sleep, exercising mind and body, socializing, meditating, and being mindful - can help keep your mind sharp as you age.

Academic • Bruce Goldstein

THURSDAY

10–11 a.m.

Dance and Be Fit
(Continued from Session 1)

10–11:30 a.m.

Ancient Wisdom, Modern Health
In this course we will examine ancient medical philosophies and practices from China and India and apply them to our health. We’ll discuss concepts of energy flow and qi, the body clock, five elements, 8 principles, and the three body types - or doshas. We will learn how these concepts can be used to optimize health including conditions such as insomnia, blood sugar regulation, weight loss, and even COVID-19.

Academic • Melissa Sokulski

Beginner Spanish
(Continued from Session 1)

Exploration • Maria Franco de Gomez
Early Pittsburgh
We all know Pittsburgh as the Steel City, but what came before that? Through a mix of storytelling and lecture, we will explore the first 150 years of Pittsburgh history, from Pittsburgh’s origins in the French and Indian War through the Whiskey Rebellion, the keelboat era, and on to the great Homestead Strike of 1892 which laid the foundations for the rise of the steel industry.

Academic • Alan Irvine

Financial Planning for a Stress-Free Retirement
Planning for retirement is an incredibly complex process, as living comfortably in retirement may also be. You need to ensure that your income needs will be met for your entire lifetime, that your assets will be structured safely and prudently, and that whatever legacy you’ve worked to build for future generations will be there when they need it. This course will review all aspects of financial planning for retirement, from picking the best stocks and bonds to creating a proper estate plan. We’ll learn about income, annuities, pensions, social security, taxes, insurance and all the varied big-picture (and small detail) elements that go into creating the perfect financial plan for your own personal circumstances.

Academic • Aaron Leaman

Poem Making 5: Writing Clarity & Mystery, Part 2
A human mind can be lucid within its maze of images, feelings and contradictions. Poems can be clear or elusive. Hopefully both. We will look at 90 poems through the lens of balancing clarity and mystery to help discover our own “sweet spot” while writing poems. Students will write in each class and be invited to share writing in a positive, non-judgmental atmosphere. Students will receive out-of-class writing prompts. There are no prerequisites for this course. Novice poets are welcome. Bring passion and a commitment to write!

Exploration • Sheila Kelly

FRIDAY

10–11:30 a.m.
The Amazon
What do you know about the Amazon? Yes, it is the more extensive rainforest in the world; it also concentrates the highest tropical biodiversity, comprising half of the remaining global rainforest, and known as the ‘lungs of the planet’. The Amazon region extends for nine countries in Latin America. Sixty percent located in Brazil, where we will concentrate on this course. Up to this day, it has lost over 20% of forest cover. This region is continuously threatened and faces uncountable challenges. This course introduces you to the history, ecology, geography, social and environmental profile, and contemporary issues regarding conservation and local development.

Academic • Roberta Mendonça De Carvalho

Intermediate Conversational French: Talking About Past Tense
(Continued from Session 1)

Law and Social Change
This course investigates the interrelationships between change in society and change in legal rules. Legal change is studied as an outcome of social change. In this course, directed social change because of legal change, or social engineering, is also examined, and the mutual ongoing interactions between legal and social change are investigated. Classical and contemporary theories related to these areas will be introduced.

Academic • David DeFazio

Muhammad and the Quran
The course will look at the interplay between the life of Prophet Muhammad and the Quran. The Quran does not retell the life of Muhammad, but uses the events from his life as teaching moments for the emerging Muslim community. We will look at the major themes from the Mecca and Medina years, and the legacy left for later generations.

Academic • Aliya Khan

The Supreme Court Considers Slavery and Its Aftermath
Article Three of the Constitution created the Supreme Court which is the definitive judicial branch of the federal government. During the first half of the nineteenth century, the slavery issue demanded attention before the Court. After the Civil War, the status of freed African Americans demanded the Court’s attention. For the most part, the Court’s decisions constitute painful chapters in American legal, social, political, and cultural history.

Academic • John Burt

11 a.m.—12:30 p.m.

Birding 101
Birding 101 will teach the basics of the wonderful past-time of bird watching (otherwise known as birding). The course will focus on developing birding skills through visual impression, birding stories and life histories, conservation, understanding habitat and seasonality and the tools of the trade (optics such as binoculars, field guides and the “life list”). We will focus on birding during spring migration in the mid-Atlantic states such as Pennsylvania. Students will be asked to voluntarily submit weekly sighting lists for class to discuss. Finally, we will introduce Birding Citizen Science programs where you can put your developing skills toward research and conservation.

Enjoyment • Chris Kubiak
Mini-Courses, Events and Lectures
Registration is required for all events. Events open to guests will be marked as such. All guests must be registered. Details at olli.pitt.edu.

JANUARY MINI-COURSE SERIES
This is a new course series in advance of Session 1 includes two 3-week mini-courses

Thursdays, January 7, 14, and 21, 2021
10–11:30 a.m.
Drop by Drop: Exploring the Nature of Water in Western Pennsylvania

Western Pennsylvania is blessed with abundant water resources that we often take for granted, and sometimes find problematic. Our local landscapes hold many challenges and mysteries when it comes to water. Have you ever wondered where the water from your roof ultimately goes, or been mesmerized by the splendor of a dragonfly and wondered where it came from? We’ll explore watersheds from the tip of your faucet to the bottom of local streams, including issues of storm water, water quality, and land use impacts, as well as introduce some of the remarkable tiny denizens of local streams and why they matter. An introduction to new regional initiatives and on-line tools, as well as things you can do at your home to help protect local waterways will translate the abstract to the practical.

Mary W. Wilson is the Penn State Extension Master Watershed Steward Program Coordinator in Allegheny County. A native Pittsburgher, much of her career has concentrated on environmental education and volunteer management in a variety of venues. Ms. Wilson will be joined in the presentation of the course by several Master Watershed Stewards who have completed a 40-hour training program.

Thursdays, January 7, 14, and 21, 2021
1–2:30 p.m.
Women Gone Wild: 20th Century Quilts of Art and Necessity

Examine 20th century history through the lens of American quilts. We will start with Crazy and move to Modern with stops in stylized kits and quilts of necessity, then transitioning into wartime quilts. We will continue through political and social activism and conclude with Studio art when quilts jumped off beds and onto gallery walls. Eye candy will predominante, just bring along a cup of tea.

Jan Tiernan Rodgers has a Masters degree in textile history with an emphasis on quilt history and an undergraduate degree in fine arts. She is a docent at Carnegie Museum of Art and has given numerous talks to regional guilds about both general and 20th century quilt history.

LECTURES AND EVENTS

Wednesday, January 6, 2021, 1–2:30 p.m.
30 Years, a Zoo Photographer
Speaker: Paul Selvaggio
Join Paul Selvaggio, the conservation photographer for the Pittsburgh Zoo & PPG Aquarium, as he shares his beautiful wildlife photography. For more than three decades, Selvaggio has captured special moments of major zoo happenings, animal events, and research projects. From African elephant calf births, to gorillas enjoying coconuts, to tiger cubs being hand-raised, Paul's photographs have helped to tell and celebrate the incredible stories of the Pittsburgh Zoo & PPG Aquarium. Additionally, he will share some of his favorite videography of the Zoo’s animals, enrichment activities, and amazing moments provided by Mother Nature.

Paul Selvaggio served as creative director, a graphic designer, and as the Zoo’s volunteer photographer for decades to build the Zoo’s award-winning Creative Services Department. In 2020, he took on a new role as the Zoo's first conservation photographer. He now dedicates his time supporting the Zoo’s mission with his photography and videography.

Monday, January 11, 2021, 11 a.m.–12:30 p.m.
What Does a Costume Designer Do?
Speaker: Rachel Parent

This lecture will focus on the costume design process and the day to day run of a show. You will hear about working with the director, the actors, the production team, and the stage crew. Finally, Ms. Parent will have examples of costume renderings and built costumes.

Rachel Parent graduated from Carnegie Mellon in 2012 with an MFA in Costume Design. She has since lived and worked in Chicago as a costume designer and wardrobe supervisor. Credits include Second City, Navy Pier, Metropolis Performing Arts, PICT and a wide variety of others.
Friday, January 15, 2021, 1–2:50 p.m.
Pittsburgh Bridges
Speaker: Todd Wilson

Bridges are a ubiquitous and sometimes romantic part of the Pittsburgh landscape. The area’s challenging topography of deep ravines and mighty rivers - set the stage for engineers, architects, and contractors to conquer the terrain with a variety of distinctive spans. Many were designed to be beautiful as well as functional. Join us as Todd Wilson takes a comprehensive look at the design, construction, and, sometimes, demolition of the bridges that shaped Pittsburgh, ranging from the covered bridges of yesterday to those that define the skyline today.

Todd Wilson is an award-winning professional engineer in Pittsburgh who has been photographing and writing about bridges his entire life. He graduated from Carnegie Mellon University with a double major in civil engineering and engineering and public policy. He serves as a trustee of Pittsburgh History & Landmarks Foundation.

Wednesday, January 20, 2021, 10–11:15 a.m.
Meet the Author: “Sophie, The Incomparable Mayor Masloff”
Speaker: Barbara Burstin

Join us as historian and author Barbara Burstin, PhD, discusses her latest book about Sophie Masloff, the first female and first Jewish mayor of Pittsburgh who served from 1988-1994. Through photographs and caricatures by contemporary cartoonists, we’ll enjoy recalling some of the highs and lows of Sophie’s life and the impact she had on the city and the region. Drawing on newspapers accounts and interviews, including with Sophie herself, Dr. Burstin presents the first comprehensive biography of Mayor Masloff’s remarkable life.

Barbara Burstin, PhD, teaches at both the University of Pittsburgh and Carnegie Mellon University, and has written about the Jewish community in Pittsburgh.

Tuesday, March 2, 2021, 10 a.m.–Noon
The Wonders that are Birds
Speaker: José Juves

From their role in ancient myths and folklore to fascinating us with the magic of flight, birds have long inspired human imagination and curiosity. This seminar will illuminate the origins and physiology of the winged Aves class, of which there are about 10,000 species. Do they sleep during migration? Are they really descendants of dinosaurs? Do they have hollow bones for a reason? How is flight possible? This seminar will go behind the mere observational aspects of birdwatching to show the anatomy and physiology that explain bird behavior. If you enjoy learning about wildlife, this seminar is sure to impart wisdom – and wonder – to your birdwatching.

José Juves is a life-long student of natural history who has taught at OLLI on subjects such as evolution, physiology and genetics. He was a docent at the Carnegie Museum of Natural History for ten years and for the last three years he has been a naturalist at a nature reserve park in Florida.

Friday, March 12, 2021, 1–2:30 p.m.
From Intergalactic Space to Minimalist Tiny Space
Speaker: Diane Turnshek

In 2019, Diane Turnshek moved into a 560-sq-foot house built by ex-convicts. It was assembled in a warehouse on the Southside, then slowly driven through the city (past the Cathedral of Learning) on a nine-hour journey with a police escort until it was deposited on its foundation in eight acres of woods off a dead-end road in the City of Pittsburgh. The house incorporates many clever trappings of the tiny house movement. It has Murphy beds, 3.5-inch-wide cabinets inside the walls, a tankless water heater, fold-down kitchen bars, vent-less and compact appliances, and a net loft sleeping area. Sustainability features include a water reclamation roof and cistern, reclaimed barn wood, a glass south facing side, phase-change wall materials, an earth tube, Hügelkultur mounds and a rain garden. The cement kitchen countertop is a black, gray and white swirled Milky Way Galaxy set with hundreds of fiber optic glowing “stars.” Join us for a virtual, live, guided tour through a unique abode while we discuss the history, science, popularity and local politics of the tiny house movement.

Diane Turnshek is an astronomer at Carnegie Mellon University whose passion is quelling the spread of light pollution. She sets up Physics Department laboratory experiments and demonstrations, and organizes public education and outreach. In 2003, she founded “Triangulation”, Pittsburgh’s themed annual anthology of genre short stories, which she also edits. “Triangulation: Habitats” (2021) is about sustainable housing.
Fiscal Year 2019-20 By the Numbers

Revenue and Income: $403,229

- Memberships & fees 66%
- Endowment income 22%
- Donations 11%
- Other income 1%

OLLI’s revenue and income was lower this year as a result of the pandemic. This related to reduced fees collected for events, tours, trips and other income. As OLLI transitioned to online courses for the Summer term, we offered a one-time “digital pilot” membership. This significant discount to normal term membership fees allowed both members and instructors a chance to get familiar with our new Zoom environment. That said, OLLI at Pitt membership increased by over 9% during the 2019/2020 fiscal year. Other sources of revenue were stable and OLLI started the fiscal year with healthy reserve funds during this critical time of the pandemic.

Operating Expenses: $444,958

- Staff & instructors 61%
- Benefits 15%
- Space rental 3%
- Trips, tours, travel 4%
- Printing & mailing 3%
- Computer/technology 7%
- Misc. operating 7%

OLLI’s operates with three full-time salaried staff members and several hourly student workers. This, along with instructor and faculty compensation and benefits, typically is the largest expense to operate the program and is stable from the previous fiscal year. The University of Pittsburgh generously provides significant in-kind assistance to support OLLI. Additionally, in this fiscal year, OLLI secured a new online registration system. There were reduced expenses for printing, trips and travel.
One membership benefit of OLLI at Pitt is the ability to audit preapproved undergraduate courses. To “audit” a course means that the student does not receive a grade nor credits and generally does not participate in exams or homework. Each term OLLI arranges for hundreds of undergraduate Pitt courses to be preapproved for members to audit.

Auditors are guests in the course for which they register and participation can be limited or restricted by the professor or department. Members may audit two courses per term as a benefit of membership. Additional courses audited are charged $25 per course. For the Spring 2021 term, OLLI members may ONLY audit Web-based courses. No exceptions.

Audit Course Registration Procedures

- View Upcoming Classes: View full course descriptions online at: https://psmobile.pitt.edu/app/catalog/classSearch
- Register to Audit Preapproved Courses: The list of preapproved audit courses can be viewed on the OLLI website and on our registration website.

No member may attend and/or audit a course for which they are not registered.

Online Registration Process for Preapproved Audit Courses

1. Log in at: www.campusce.net/ollipitt
2. If you need to pay your membership, click on “Add/Renew Membership” area and add a membership to your cart.
3. From home page, click on “Audit Courses”
4. Click the department to see its list of preapproved courses
5. Select your course of interest, and if desired, click on “Add to Cart”
6. If you wish to add more audit courses continue exploring and adding to your cart.
7. When finished, go to your cart and click on “Check out” button and proceed to payment processing.

Registering to Audit Non-preapproved Courses

Auditing is ONLY allowed when there is space available in “lecture-type” WEB-BASED undergraduate classes. “Lecture type” classes are those in which students can observe the delivered lecture of material by the professor. Auditing is NOT permitted in: computer science, film production, physical education, studio arts, laboratory courses, creative writing, honors college courses, or performance courses. Auditing also is NOT permitted in law or medical school classes or online hybrid courses.

The rule that audit requests for non-preapproved courses must be submitted in hard copy form has been suspended due to OLLI Administration working remotely.

After obtaining email permission from the course’s instructor or head of the department, forward it to Osher@pitt.edu. It must include the following information so that we can register you for the correct course:

- Course title and department
- Course Number (5 digits)
- Catalog number (4 digits)
- Instructor name and email address

This information can be found on Pitt’s registrar course listing search: https://psmobile.pitt.edu/app/catalog/classSearch

REQUESTS THAT DO NOT INCLUDE THE ABOVE FOUR ELEMENTS REQUIRED WILL NOT BE PROCESSED. KEEP IN MIND THAT YOU ARE NOT REGISTERED FOR A COURSE UNLESS YOU RECEIVE AN EMAIL CONFIRMATION WITH THE COURSE LISTED.

Please be aware: Pitt is adjusting a lot of courses, events and plans due to the campus’ fluctuating status, so there may be many changes since original course listings were made, and in the future. The most accurate and updated information will always be found on the class listing for Pitt, so double-check that they are still being held on Pitt’s registrar course listing search: https://psmobile.pitt.edu/app/catalog/classSearch

Conduct Expectations for Course Auditors

1. Never attend a course or a class for which you are not officially registered.
2. Introduce yourself as an OLLI student to the instructor. Seek permission from them if you wish to verbally participate in the course, do written assignments, or exams. Respect their response.
3. Arrive on time to class and stay for the entire class.
4. If the instructor permits your verbal participation, do not monopolize discussion.
5. If issues arise, notify the OLLI office immediately.
6. Pay attention to dates and deadlines pertaining to undergraduate courses and the University academic calendar.
7. Formally drop the course if you find out it is no longer of interest.

NOTE: Auditing is a privilege, not a right. OLLI reserves the right to remove any member from an audit course for any reason.

For more information on auditing a course, go to the member area of the OLLI website at: olli.pitt.edu
**OLLI INSTRUCTOR BIOGRAPHIES** (Listed alphabetically by last name)

**Ralph Bangs**, PhD, MPA, taught race at the University of Pittsburgh, Carnegie Mellon University and in study abroad and was associate director of the Center on Race and Social Problems at Pitt. His most recent book is “Race and Social Problems: Restructuring Inequality.” He has received Racial Justice and Race Leadership Awards.

**Julie Beaulieu**, PhD, is a Lecturer in the University of Pittsburgh’s Gender, Sexuality, and Women’s Studies Program where she earned her PhD in Literature with a certificate in GSWS. She teaches courses in gender and sexuality studies. Dr. Beaulieu is currently working on a grant for the LGBTQ Archival Education Project, helping make archives more accessible to researchers and community members.

**Saskia Beranek**, PhD, is a returning OLLI instructor after several years absence. She is a specialist in the art of Northern Europe in the seventeenth century, and has previously taught courses in the Northern Renaissance, Rembrandt and Global Trade, Vermeer and Genre painting, and other related topics. She is currently a faculty member at Illinois State University.

**Ken Boas**, PhD, was formerly an instructor in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of English.

**Harvey Borovetz**, PhD, is a faculty member at the University of Pittsburgh for 45 years following completion of his PhD degree at Carnegie Mellon. His research specialization is artificial organs. He has taught both undergraduate, graduate, and lay courses on this topics for many years.

**John Burt** is a retired history teacher and lawyer, and he served as a featured speaker in “Safe Harbor,” a public television award-winning documentary on the underground railroad in Western Pennsylvania. Since 1986, he has lectured on the history of American reform movements, especially the abolitionist movement and conducted tours connected with underground railroad activities.

**David Brumble**, PhD is an emeritus professor of English at the University of Pittsburgh and recipient of both of Pitt’s most prestigious teaching prizes. Two of his five books are on Medieval and Renaissance art and literature, and he has also published articles on the Bible.

**Tullia Bruno**, PhD, is an Assistant Professor in the Department of Immunology at the University of Pittsburgh and a faculty member in the Tumor Microenvironment Center and the Cancer Immunology and Immunotherapy Program at the UPMC Hillman Cancer Center. She obtained her PhD in Immunology from Johns Hopkins in 2010 and completed her postdoctoral fellowship at the University of Colorado in 2015—both with a focus in tumor immunology.

**Kathy Callahan** retired from management consulting to Fortune 200 companies, specializing in executive and leadership development and performance improvement. An experienced facilitator and trainer, she is inspired to share the TED Talks discussion group experience with OLLI at Pitt’s members.

**Owen Cantor**, DMD was founder and music director of the Summerfest Chamber Music Festival, which presented 14 summers of great chamber works in Fox Chapel; was a trustee at the Chamber Music and Composers Forum in Bennington, Vermont and has served as a board member and advisor to many Pittsburgh musical organizations.

**Flavio Chamis** is a native of Sao Paulo, Brazil and is an acclaimed music conductor and composer throughout the world, winning many awards and honors. In the 1980s, Chamis was conducting assistant to Leonard Bernstein for several tours. A frequent guest lecturer, he has given presentations on Brazilian and classical music at universities, cultural and educational organizations across the country.

**Jill Clary** has been practicing yoga since 2003, has completed a 200-hour yoga teacher training program, and is registered with Yoga Alliance. Her classes are a blend of different yoga styles but all focus on a slow flow with longer holds.

**Nicholas Coles**, PhD, is Associate Professor Emeritus of English at the University of Pittsburgh where he teaches and writes about working-class culture, environmental literature, and detective fiction. His books include the anthologies “Working Classics: Poems of Industrial Life” co-edited with Peter Oresick. Coles is a member the Pittsburgh-based acoustic band Smokestack Lightning.

**Sandra Collins**, PhD, focuses on women in the Old Testament at the University of Pittsburgh. She has also taught for Carnegie Mellon University, Duquesne University and currently teaches at the Byzantine Catholic Seminary as well as online for the Graduate Theological Union in Berkeley, CA.
Mike “Carya” Cornell* has always loved the outdoors, and had a desire to share that passion with others. Mike works as a Naturalist Educator – Interpretive Specialist at the Pittsburgh Parks Conservancy, providing an entry point for others to explore their world. One of Mike’s key beliefs is we are never too young or old to gain an appreciation for, and strengthen our connection to, the earth.

Adam Davis*, MA, is an associate professor of biology at CCAC and teaches the History of Science at Duquesne University. He received his BS in archaeology, biological anthropology, and forensic anthropology from Mercyhurst University, and his MA in paleoanthropology from the University of Pittsburgh, and has been teaching since 2005.

Jared Day*, PhD taught American history at Carnegie Mellon University in Pittsburgh for sixteen years. His areas of specialization are U.S. political, urban, and cultural history as well as world history from the late eighteenth century to the present. He is the author of several books along with numerous other popular and peer-reviewed articles.

Lorraine Denman, PhD, is a Senior Lecturer and is the Italian Language Program Coordinator at the University of Pittsburgh, where she has taught language and culture courses in Italian and English since 2002. Lorraine holds a doctorate from Pitt's School of Humanities. She has taught courses in paleoanthropology from the University of Pittsburgh, and has been teaching since 2005.

David J. DeFazio* is a private attorney whose practice focuses on litigation and has spanned the legal spectrum from death penalty cases to routine family law trials. DeFazio has been an adjunct instructor at the University of Pittsburgh since 1987. Nancy Farber*, MA, taught Spanish in the Pittsburgh Public Schools for more than 25 years.

Nancy Farber*, MA, taught Spanish in the Pittsburgh Public Schools for more than 25 years.

Lucy Fischer*, PhD, is distinguished professor, emerita of English and Film Studies at the University of Pittsburgh, having received the Provost’s Excellence in Mentorship Award and Chancellor’s Distinguished Research Award. She is author of many books on film, held a curatorial position at the Museum of Modern Art, and held fellowships from the National Endowment for the Arts and Humanities.

Richard Fitzgibbon* is a former teacher with 35 years of experience in the Riverview School District, and was a technical coordinator for the district for 10 years before he retired. Since retirement, he is a frequent volunteer at Computer Reach where he assists in refurbishing and recycling computers.

Roland Ford* is a certified personal fitness trainer, group exercise instructor, certified dance instructor, choreographer, and marathon runner. He has developed a dance and fitness curricula for schools, churches, senior groups, community centers, corporations and special needs populations. Award winning Ford teaches dance and fitness courses and presentations throughout the Pittsburgh region.

Maria Franco de Gomez*, MA, is a retired instructor of Spanish at Penn State New Kensington where she served as Spanish coordinator. Her career as a faculty member includes a substantial record of academic service, solid scholarly activity, and very strong evidence of outstanding teaching.

Annika Froese is projected to receive her PhD from the University of Pittsburgh’s Philosophy Department in 2022, where she has been teaching since 2016. Before coming to Pitt, she studied philosophy, politics, and economics at the University of Oxford (BA, 2011) and philosophy at University College London (MA, 2012).

Sandra Gould Ford* is an author and educator who presents arts experiences to encourage, refresh, enrich creative thinking, and inspire. She holds an MFA in creative writing from the University of Pittsburgh and belongs to the Author’s Guild and Science Fiction Writers of America. Sandra established a writing program at a mega-jail and published an international literary journal.

Bruce Goldstein*, PhD, taught in the psychology department at the University of Pittsburgh from 1969 – 2010. He received the Chancellor’s Distinguished Teaching Award from the University of Pittsburgh for his classroom teaching and his two widely used college textbooks – Sensation & Perception and Cognitive Psychology.

Karen Goldman, PhD, has her doctorate in Spanish and Latin American Literature from Columbia University. She has taught courses in Spanish and Latin American literatures and cultures at numerous colleges and universities, including the University of Pittsburgh. Her recent scholarly work focuses on Spanish and Latin American cinema and representations of Latinos in U.S. popular culture.

JoAnne Green is a University of Pittsburgh adjunct faculty member. She has worked at both La Salle University and the National Defense University as the Director of Academic Technology. JoAnne currently works as the Strategic Operations Director for Phase Consulting (Federal Government Contractor).
Allison Gremba*, PhD, received her doctorate in Anthropology from the University of Pittsburgh in the Spring of 2020. Her doctoral research examined the relationship between middle ear disease and structural violence. Additionally, she has an interest in forensic anthropology and received her M.S. in Forensic Science and Law from Duquesne University in 2008.

Joan Gundersen* is professor emeritus of history at California State University San Marcos. Author of seven history books, and numerous scholarly articles, she taught women’s history for more than 30 years at a variety of institutions. She has been a Visiting Scholar in Women’s Studies at the University of Pittsburgh. Gundersen recently retired as the Archivist for the Episcopal Diocese of Pittsburgh.

Charles Hier*, PhD, studied Soviet history at the University of Houston, Boston College and the University of Pittsburgh, receiving his PhD from the latter in 2004. He has taught history courses at a number of universities in and around Pittsburgh for more than 20 years.

Ann Hultberg taught high school English for 34 years and has been an adjunct composition instructor at the University of Pittsburgh at Bradford since 2006. Her undergraduate degree from IUP is in English Education with a minor in Educational Psychology and her graduate degree in Education is from St. Bonaventure University.

Alan Irvine* PhD, is a professional storyteller who has a lifelong fascination with the Arthurian tales. His CD “The Red Dragon: Tales of King Arthur” won a Storytelling World Honors award. He has his doctorate in sociology and taught many courses at several area universities.

Orin James, M.S., is an Assistant Professor of Biology in the division of Health and Biological Sciences at the University of Pittsburgh-Bradford, where he has taught for the past seven years. In addition to biology, he teaches hybrid courses that include discussions of social philosophy, determinism, colonialism, race, sex and gender to individuals of all ages.

Clifford R. Johnson*, PhD received his doctorate in English and American Literature from the University of Virginia. His major publication deals with the 18th-century English novel, and he taught at the University of Pittsburgh; the University of Kassel, Germany; and Concord University in West Virginia. He retired after over 25 years as a certified financial planner.

José Juves* is back at OLLI, albeit remotely, after a three-year hiatus. His interests remain history and science. José has continued his teaching experiences as a lecturer at the Renaissance Academy in Naples, Florida. He is also a docent at the Six Miles Cypress Slough preserve in Ft. Myers.

Robert Joyce has over 30 years of teaching at Augustana University and the University of South Dakota, UC and is a popular OLLI presenter with a history of over ten years of presenting at other Osher Lifelong Learning Institutes.

Megan Kappel*, MFA, is director of the University of Pittsburgh’s Public and Professional Writing Program, a branch of the Department of English. She earned her master’s in screenwriting from Hollins University and bachelor’s in creative writing from Allegheny College. She has worked as a script consultant in Pittsburgh, Los Angeles, and Qatar.

Sheila Kelly*, MA, is a retired psychotherapist who writes poems and plays. She leads workshops in libraries, community centers, and art galleries and believes generative writing in groups can be a source of healing, connection with others and growth in craft.

Aliya Khan*, MS, received her master’s in Public Policy and Management from Carnegie Mellon University, as well as a BA in English from Barnard College. She is part of the outreach committee for the Islamic Center of Pittsburgh, and is actively involved in different interfaith initiatives.

Chris Kubiak* is the Education Director at the Audubon Society of Western Pa, and has been an active birder for 25 years. At Audubon, Chris teaches programs focused on birds and nature, including Basic Birding and the Master Birder program. Before coming to Audubon, Chris was an adjunct history professor, and has an MA in American history at Slippery Rock University.

Kimberly Latta*, PhD is a scholar of early modern literature in English who has published on religion, economics, history, and science in late 17th- and early 18th-Century English literature. She has taught at UC Berkeley, Rutgers University, Vassar College, Saint Louis University, and, most recently, as Assistant Professor of English, at the University of Pittsburgh.

Aaron Leaman* is a Chartered Financial Analyst (CFA®) and the Chief Investment Officer of Signature Financial Planning, where he manages over $450 million in assets for institutions, municipalities and high-net worth investors. He has made numerous media appearances to discuss markets and investing, and won national public speaking awards as a member of his intercollegiate debate team.
Sally Lipsky, PhD, has a doctorate in Language Communications & Adult Education, University of Pittsburgh, and was a professor at Indiana University of Pennsylvania, with emeritus status. She earned a Certificate in Plant-Based Nutrition from T. Colin Campbell Center for Nutrition Studies (delivered by eCornell), completed Food for Life Program Training, and Culinary Rx plant-based wellness course.

Andrew Lotz*, PhD is lecturer and academic advisor in the University of Pittsburgh Kenneth P. Dietrich School of Arts and Sciences, Department of Political Science.

Hari Mantripragada, PhD is a Senior Research Associate in Chemical Engineering at the University of Pittsburgh. His research interests include topics on energy, environment and climate, specializing in techno-economic analyses of energy systems. He received his PhD in Engineering and Public Policy from Carnegie Mellon University.

Andrea Maxwell* is currently a sixth-year PhD candidate in the History of Art and Architecture department at the University of Pittsburgh. Andrea completed a Master of Arts in Art History at Kent State University. She has previously taught courses for OLLI at Pitt, Carnegie Museum of Art, and undergraduate courses at both the University of Pittsburgh and Kent State University.

Louise Mayo*, PhD, is professor emerita at the County College of Morris, New Jersey, with over 30 years of college teaching experience in American history and American government. She is the author of “James K. Polk: The Dark Horse President,” among other books.

Laurie McMillan has been writing and teaching all genres for years and is finishing an MFA in fiction. She was the co-founder of the Pittsburgh Writers Studio and Pittsburgh Memoir Project. She leads therapeutic writing circles.

Abby Mendelson*, PhD, has been a writer, editor, and educator for nearly 50 years. He has published both fiction and nonfiction works on a variety of topics and has taught both writing and literature at universities and colleges throughout the Pittsburgh area.

Robert Mendonça De Carvalho, PhD, has her doctorate in Geography from the University of Florida and is on faculty in the Urban Studies Program at the University of Pittsburgh. Her research focuses on the urbanization process in the Amazon.

David Nero*, PhD, is a lecturer in the department of Physics and Astronomy at the University of Pittsburgh. He is always on the lookout for ways to use technology to improve education in large-enrollment classes.

Erin O’Neill is currently the Client Manager of the Art on the Walls at the Greater Pittsburgh Arts Council and Director of Outreach for the MoonArk at Carnegie Mellon University, a moon bound, mini museum. He has been immersed in the arts community for 26 years as an independent curator, artist, juror, educator, conservation technician, fine art preparator, registrar, arts administrator and entrepreneur.

Doug Oster* is the home and garden editor for the “Tribune-Review” and “Everybody Gardens” and co-host of The Organic Gardener’s Radio Program, a weekly show on KDKA. He received the 2009 Outstanding Documentary Emmy for “Gardens of Pennsylvania,” written and produced for WQED. His gardening books include “Tomatoes Garlic Basil” published in 2010.

Paula Pardo Gaviria*, Ph.D., specializes in modern and contemporary art history from Latin America and, more specific, in contemporary art from Brazil. She graduated from the University of Pittsburgh in summer 2020.

Marcie Persyn, PhD, completing her doctorate at the University of Pennsylvania and is Assistant Instructor in the Department of Classics at the University of Pittsburgh. There, she endeavors to teach classics to all, but ancient mythology is one of her favorite courses to teach because the impact of mythology shapes our lives every day as these stories continue to withstand the test of time.

Camila Pulgar Machado, PhD has her doctoral degree in Cultural Studies from the Central University of Venezuela in Caracas, where she was a Professor of Latin American Literature for twenty years. She researched and taught about the ways Hispanic American literature has been integrated into the western literary tradition.

Christopher Rawson*, is an emeritus member of the University of Pittsburgh’s English Department. Additionally, he is the longtime senior theater critic at the “Pittsburgh Post-Gazette” and KDKA-TV. Rawson has written extensively about August Wilson, taught undergraduate courses about him, and serves on the Board of August Wilson House.

Ann Rosenthal* has more than 30 years of experience as an artist, educator, and writer. Her work has been shown locally at the Andy Warhol Museum, the Mattress Factory, and SPACE, and has been featured in exhibitions across the U.S. and internationally.

Mila Sanina is Executive Director of PublicSource, a nonprofit newsroom covering the Pittsburgh region. Previously she was the deputy managing editor at the “Pittsburgh Post-Gazette”, and has worked at “The PBS Newshour” and CNN International.
Matthew Schlueb* is a licensed architect practicing architecture for over two decades, with a private practice specializing in residential architecture. He holds a Master of Architecture from Pratt Institute and a Bachelor of Science in Architecture from Ohio State University, has authored ten books on architecture. He has taught numerous architecture courses for the Osher program.

Susan Schneider* is a Certified Zentangle Teacher (CZT) and an experienced artist, teaching and exhibiting in Pittsburgh and western Pennsylvania for many years.

Stephen Schultz*, called “among the most flawless artists on the Baroque flute” by the “San Jose Mercury News” and “flute extraordinaire” by the “New Jersey Star-Ledger”, plays solo and principal flute with the Philharmonia Baroque Orchestra and Musica Angelica. As a solo, chamber, and orchestral player, Schultz appears on over sixty recordings.

Ben Schulz, PhD, has taught philosophy at the college level since 2007, first at the University of New South Wales, and in recent years at the University of Pittsburgh, where in 2015, Schulz received the Elizabeth Baranger Excellence in Teaching Award and in 2019 received his doctorate degree.

Cathleen Sendek-Sapp*, MFA, has her master’s degree in French language and literature. She has taught French at the University of Pittsburgh as a teaching fellow and part-time instructor as well as for noncredit lifelong learning.

Sharon Serbin* earned a bachelor’s degree in Psychology from the University of Pittsburgh in 1991. She works with Deaf individuals as a Communication Assessor, and a Communication Specialist.

Sally Sherman, PhD, is a faculty member and yoga researcher at the University of Pittsburgh in the Department of Health and Human Development. She is a certified yoga instructor and has led yoga trainings across the globe.

Saima Sitwat* is a writer, educator and speaker. Her work has been published in the “Pittsburgh Post-Gazette”, PublicSource and Dawn (Pakistan). She has served as the first woman President of the Muslim Association of Greater Pittsburgh (MAP) and facilitated conversations on race, religion and identity politics. She is also the author of the memoir, “American Muslim: An Immigrant’s Journey.”

Melissa Sokulski is a licensed acupuncturist having graduated from New England School of Acupuncture in 1996 with a Masters in Acupuncture. Additionally, Melissa assisted in teaching anatomy, tui na massage, ear acupuncture, and Japanese acupuncture at the acupunture school until coming to Pittsburgh in 2000, where she practices acupuncture, massage, and Chinese herbal medicine.

Alan Stanford*, is Artistic and Executive Director of PICT Classic Theatre, has a 50-year career as a director and actor. A leading expert in the works of Shakespeare, Wilde, Dickens, and Beckett, he has adapted several works for the stage.

Edward Strimlan, MD is Adjunct Professor for forensic science at several area universities. He is the former chief forensic investigator for Allegheny County’s Office of the Medical Examiner, bringing to the classroom real stories and years of experience conducting more than 2,000 death scene investigations. Each summer, he leads a CSI Summer Camp for high school students.

Gregory Strom*, PhD, studied philosophy at the University of Chicago (BA, 2002) and the University of Pittsburgh (PhD, 2011), and has been teaching philosophy at the University of Pittsburgh since 2004, with a brief stint (2011-2013) at the University of Sydney. Most of his philosophical energies are spent thinking about how to live a good life and do the right thing.

Jeffrey Swoger* is a retired graphic designer with a lifelong interest in the arts, specifically: design, music, architecture and film. Much of his life was spent in Chicago where he was involved with the Chicago Architecture Foundation, designing their logo and printed materials.

Melissa Tai* enjoys sharing her love of art through teaching at many venues in Pittsburgh. She strives to create a warm and supportive environment for students to learn and experiment.

Javier Vazquez-D’Elia*, PhD has a PhD in political science from the University of Pittsburgh. He is currently a researcher at the University Center for International Studies. Throughout the last 10 years, he has taught at Pitt, California University of Pennsylvania, Penn State, and the Indiana University of Pennsylvania.

Mark Wicclair, PhD received his doctorate in philosophy from Columbia University. He was a professor of philosophy at West Virginia University for 40 years, and is currently an adjunct professor of medicine and part-time instructor in the Masters in Bioethics program at the University of Pittsburgh. His primary field of specialization is medical ethics.

J.D. Wright*, PhD, received his doctorate from the University of Pittsburgh in 2015 and has taught a wide range of courses for the Osher program, including a course on Stephen King short stories. A longtime fan of both King and Kubrick, Dr. Wright has published a well-received article on the relationship between the two artists’ work in their respective versions of “The Shining.”